

PARISH PERSONNEL:

Administrator

Ed Brands, 360.885.7780, ext. 12
edb@holyredeemervanc.org

Business Manager

Kevin Greenlee, 360.885.7780, ext. 21
keving@holyredeemervanc.org

Music and Liturgy

Angela Lee, 360.885.7780, ext. 14
angelal@holyredeemervanc.org

Receptionist

Marybeth Yee, 360.885.7780, ext. 10
marybethy@holyredeemervanc.org

Faith Formation Office:

-Director

Mark MacKenzie, 360.885.7780, ext. 16
markm@holyredeemervanc.org

-Senior Leader

Jamie Kohler
jamiek@holyredeemervanc.org

-Leaders

Annie Cooper, 360.885.7780, ext. 15
anniec@holyredeemervanc.org
Katelyn Greenlee, 360.885.7780, ext. 13
katelyng@holyredeemervanc.org

-Coordinator

Melissa Abell, 360.885.7780, ext. 11
melissaa@holyredeemervanc.org

PASTORAL CONCERNS:

Baptisms: Please prepare for infant/child baptism by contacting the office at ext. 15. For adult baptisms, see RCIA.

Weddings: Please call the office at ext. 16. Do not set the date until you have talked to Mark MacKenzie.

Funerals: Contact the office at ext. 11.

RCIA (Becoming Catholic) and Learning About The Catholic Faith:

Everyone is invited to learn more about the faith or seek to become a Catholic. Contact the parish office at ext. 16.

Annulments: Confidential help is available. Please call the parish office at ext. 16.

Pastoral Care: Please contact the office at ext. 14 for ministry to the sick, homebound, disabled, incarcerated, or indigent.

CATHOLIC CEMETERY:

Mother Joseph 360.693.3052
1401 East 29th Street
Vancouver, WA 98660

WELCOME TO HOLY REDEEMER PARISH

JUNE 12, 2022

THE MOST HOLY TRINITY

Pastor: Father Thomas Nathe



GLORIFY GOD AND SANCTIFY SOULS!

Website: www.holyredeemervan.org

Telephone:	360.885.7780
Fax Number:	360.944.7560
Address:	17010 NE 9th Street, Vancouver, WA 98684
Office Hours:	Monday-Friday 9:00am - 4:00pm
Church Open:	Daily 7:30am - 4:00pm
Mass Schedule:	Saturday Vigil 4:30pm Sunday 8:30am and 11:00am Monday-Saturday 8:30am
Rosary:	Saturday 4:10pm Sunday 8:10am and 10:40am Monday - Saturday 8:10am
Confessions:	Friday 4:00 - 5:15pm Saturday 2:30 - 4:15pm Sunday 7:45 - 8:15am and 10:00 - 10:45am

Eucharistic Adoration: Friday 9:00am - Saturday 8:00am

Please remember Holy Redeemer Parish in your will.

WEEK AT A GLANCE:

The Most Holy Trinity: 06/12

Mass: 8:30am & 11:00am (church)
3:30pm—AHG Awards Ceremony (parish center)

Monday: 06/13

8:30am— Daily Mass *Fr. Nathe (Ordination)*
9:00am—Marian Movement (new sacristy)
Noon—Angelus (parish FB page)
5:00pm—Eve. Prayer (parish FB page)
4:30pm—AHG (parish center)
6:30pm—TLUSA (parish center)
6:30pm—Endow (choir practice room)

Tuesday: 06/14

8:30am—Daily Mass *Bill Renner*
9:00am—WINGS (annex)
9:00am—Lay Apostles (parish center)
Noon—Angelus (parish FB page)
5:00pm—Eve. Prayer (parish FB page)

Wednesday: 06/15

8:30am—Daily Mass *Mary Benoit +*
Noon—Angelus (parish FB page)
3:00pm—St. Joseph Cenacle (St. Clare)
5:00pm—Eve. Prayer (parish FB page)
6:30pm—RCIA (choir practice room)

Thursday: 06/16

8:30am—Daily Mass *Helen Reichert +*
9:00am—Marian Movement (new sacristy)
Noon—Angelus (parish FB page)
5:00pm—Eve. Prayer (parish FB page)

Friday: 06/17

8:30am—Daily Mass *Mike & Marybeth Yee*
9:00am—23 hr. Adoration (church)
3:00-3:15pm—Divine Mercy (church)
4:00-5:15pm—Confessions (church)

Saturday: 06/18

7:00am— Exodus Men (choir practice room)
8:00am—Benediction (church)
8:30am—Daily Mass *Paula Nathe +*
2:30-4:15pm—Confessions (church)
4:30pm—Vigil Mass (church)

Corpus Christi: 06/19

Mass: 8:30am & 11:00am (church)



Please remember in your prayers:

Mary Amstutz, Connor Arenz, Mary Benoit +, Bonnie & David Craig, Mike Farland, Bob Faust, Alex Gustavson, Fernando Hincapie +, Hayden Karnop, Shirley Kealey+, Dottie Lorbeer, Fran Plourd, Gage Rutherford, Phillip Samwel, Donald Short +, Jody Valencia, Betty Wassick, George Wetzel, and Adeline Wright.

Important Links

Sunday Mass: <https://vimeo.com/user109632820>
Daily Mass & Evening Prayer: [parish Facebook page](#)

Last Week (5/30-6/05)	Income
Sunday:	\$ 28,240.00
Realizing Hope:	\$ 1,370.00
St. Vincent de Paul:	\$ 865.00

Nothing ever happens in the world that does not first happen in human hearts.

Archbishop Fulton Sheen



Pastor's Column

June 12th, 2022

Young People and Suicide

Jesus Christ: Yesterday, Today, and Forever ~

In my homily last Sunday, June 5th, I spoke about knowing and being in God's Truth. In case you missed it, you can listen to it by selecting the "Resource" tab on our website and clicking on "Homilies." At the end of the homily, I referenced the consequences of living as if God and His Truths don't matter. One of those consequences is a very depressing life, and even suicidal thoughts, which are dangerous for all people but especially for young people. Please tell your children and grandchildren why they exist – to know, love, and serve Jesus Christ in this life; so as to be happy with Him forever in the next life. Teach them everything you can about God, His love for us, Jesus Christ, the Church, the Four Last Things, etc. These "things" are real and inescapable; thus they are life giving, loving, affirming, fulfilling, and peace giving.

Most children today have the internet in the palm of their hands, and almost none of these phones are being monitored. There are profoundly negative consequences of living in an internet fueled world of LGBTQ, pornography, social media, and video games. For children, the virtual world of the internet is reality. They naturally aspire to fit-in and model what has been modeled to them by society at large. They don't know fact from fiction, so they become what they see, hear, and read on the internet – and they share what the internet has twisted around in their heads with their peers on the playground, cafeteria, school bus, and in their neighborhoods. Not only is that world fake in an evil and contagious way, but its really hazardous too.

I've attached here an article from Andrea Peterson writing for the Wall Street Journal about child suicide, which has jumped a dramatic 300% amongst 10-14 year olds (10 year olds!). We need to know about this even if we don't have minor children anymore. We need to share God, His Truths, and meaning of life with people of all ages. They desperately want to know even if it doesn't line up with what they are taught in school or on their phones.

If you or someone you know is struggling with suicidal ideation, please seek professional help. Holy Redeemer has compiled a list of Catholic Counselors which you can download by going to <https://tinyurl.com/bdzfpt49>.

May Almighty God Bless You,



Fr. Thomas Nathe

More young children are dying by suicide.

Wall Street Journal. Andrea Peterson. June 6, 2022

Before 10-year-old Kelly Wright killed herself, there was no warning, says the father, Stuart Wright. The bubbly child who loved to draw, hike and go canoeing was showing her parents dance moves the night before she died, Mr. Wright says. Kelly didn't seem sad or withdrawn; she excelled in school and made friends easily. And Mr. Wright couldn't imagine that a 10-year-old could even consider suicide. "I'm never going to make any sense of it, said Mr. Wright, 63, who was living near Tampa Florida at the time of her death in January 2020.

The number of children dying by suicide has risen dramatically in recent years. According to data from the National Center for Health Statistics, the rate of suicide more than tripled for 10 – 14 year olds between 2007 and 2020. Among females the rate went from .5% per 100,000 to 2% per 100,000; among males the same age, the rate jumped from 1.2 per 100,000 to 3.6 per 100,000 over the same period.

Although the numbers are teeny compared with older adolescents and adults, suicide is now the second leading cause of death among children in this age group. Mr. Wright, who now volunteers for the Alliance of Hope, a non-profit that provides support to those who have lost loved ones to suicide, warns other families to be aware of the danger. "This can absolutely happen to your kid," he said.

Suicidal thoughts and attempts are much more common in younger children than previously thought, new research is finding. Among 9 and 10-year-olds and their parents who were asked if the children had suicidal thoughts or made suicide attempts during their lifetime, 14.3% reported suicidal thoughts and 1.26% reported suicide attempts, according to an analysis of data from a large study of adolescent health and brain development that is following nearly 12,000 youngsters across the U.S. The paper was published in 2021 in the journal *Translational Psychiatry*.

Psychologist and psychiatrist say they don't know for certain why the incidents of suicidal thoughts and behavior is rising among American children. The numbers upend a long held belief that children who haven't hit puberty yet don't think about killing themselves, or if they do, that those thoughts are fleeting.

New research is uncovering risk factors like family conflict and early exposure to alcohol. Depression is most commonly associated with suicidal thoughts in older teens and adults, but in younger children scientists are finding that ADHD and behavior problems are also closely linked to suicidal thoughts. Some scientists point to greater access to information about suicide online, including details on lethal means. Others site the increase in gun ownership in America.

Among 5 to 12 year olds, black children are about two times more likely to die by suicide than white children, says Arielle H. Sheftall, principal investigator at the center for suicide prevention and research at Nationwide Children's Hospital in Ohio.

Children who identify as gay or bisexual and those who have lower family income to the higher risk of suicide attempts, research shows. Some mental health clinicians also believe that exposure to violence in the home, community and in the media contributes to suicidal thoughts and behaviors among young children. And youth suicides can lead other vulnerable young people to take their own lives, and what researchers call suicide contagion.

Especially worrying to parents and therapists is that suicidal thoughts and behaviors tend to persist as youngsters use them as a way of coping with distress, says Joan Luby, a professor of child psychiatry at Washington University School of Medicine in St. Louis. "The older a child gets, the more seriously dangerous this behavior can become," she says.

Much of the new insight on pre-adolescent suicide is coming from the continuing 10-year study being founded by the National Institutes of Health. Researchers around the country have been analyzing a wave of data available on the children collected beginning when they were around 9 to 10 years old.

High family conflict is linked to 9- to 10-year-olds, according to an analysis published in 2020 in the journal *JAMA Network Open*. "We think it taps into feeling like you're not connected to people, feeling unloved or feeling like a burden," said Deanna Barch, a professor of psychological and brain sciences at Washington University in St Louis and a co-author of the paper.

Dr. Barch and her colleagues also found that low levels of parental monitoring – such as not knowing where children are after school or what they are doing online – was linked to suicidal thoughts and attempts. Dr. Barch said low monitoring might increase the chances children could access information about suicide or become victims of cyberbullying. It also might indicate that children aren't able to get help with difficult emotions and experiences.

Parents are usually in the dark about their children's suicidal thoughts and behaviors, the researchers found. Of the children who said they had suicidal thoughts, 77% of their parents reported that their children didn't have any suicidal thoughts or attempts.

Doctors recommend that parents discuss feelings, including sadness and frustration, with even young children. Share ways to handle difficult emotions, and tell your children your love is unconditional. Ask your children directly if they are having suicidal thoughts. And secure firearms, household cleaners and medications. Mr. Wright says that since his daughter's death, he's read up on the risk factors of suicide and that Kelly had none. "She grew up in a very loving home," he said. He said he regrets not talking with Kelly, who died from the self-inflicted gunshot wound, about suicide. " If I could rewind the clock, I would sit down and ask her: "Have you ever thought of hurting yourself? Do you know what suicide is?"

Andrea Peterson

GROWING IN HOLINESS

NEW TO HOLY REDEEMER?

**Office Hours: Monday-Friday
9:00am-4:00pm**

Contact the Faith Formation Office to meet and discuss how we can work together to build God's Kingdom in East Vancouver! Sacramental needs? Education? Let us know how we can help. Contact Mark: 360.885.7780 ext. 16,
markm@holyredeemervanc.org

RCIA (Becoming Catholic) and Learning About the Catholic Faith: Contact Mark MacKenzie

PRAYER GROUPS

Legion of Mary: Legion of Mary is an international association of the Roman Catholic Church which serves it on a voluntary basis. Its main purpose is for the sanctification of its members. The group meets every Friday at 10:00am in the annex. Contact Sally Custodio at 360.624.7555, or bhebot50@live.com

Anne, a lay apostle: Anne, the author of *The Volumes*, received a message to have a prayer group meeting once a month. The Lay Apostle prayer group holds their meetings on the second Tuesday of the month at 9:00am in the parish center. Contact Jean Marie Amos at 360.260.7352, or jmamos1@juno.com

St. Joseph Cenacle Apostolate:



Members offer a weekly Holy Hour of prayers for our priests and will meet as a group at 3:00pm on the third

Wednesday of the month in the parish center. Contact Sandra Kocuja at ITEADIOSEPH2020@gmail.com

ADULTS



Bible Study: Bible study sessions have ended for the season. Morning and evening

sessions will return in the fall.

Men of Faith: All men in the parish are invited to attend our monthly gatherings. We meet on the first Saturday of the month at 9:15am in the parish center. Contact Mark: markm@holyredeemervanc.org

Endow Women's Spiritual Studies:



Through their small groups, women are learning how to be the best version of themselves—made in the image and likeness of God—and reaching out to those around them. For more information contact Jamie at jamiek@holyredeemervanc.org



Porque la primera palabra pronunciada por Jesus después de la resurrección fue "MUJER" Juan 20, 15 For more information contact Maria Villarruel 360.513.4824 angel77uver@gmail.com Join us Mondays from 6:30 to 8:00pm at the Annex.

Adult & Single: Are you Single, Catholic, and 27+ years young? Join us on the **3rd Saturday of each month** following the 4:30pm Liturgy to share in a potluck, conversation and activities. Contact Mark Sawtelle: mas.itsagoodlife@gmail.com

Mini Retreat Nights

Do you want to cultivate a deeper relationship with God but don't know how to even start? Join us for our Mini Retreat Night series, in the Parish Center from 7:00-8:30pm. Each session will provide practical tips, tricks, and inspiration for developing the spiritual life.

Night 3: Sharing the Story
October 26, 2022

YOUNG ADULTS

Calling all Young Adults! Join us for a holy hour and dinner in the Parish Center on the first Friday of every month! Our next meeting is July 1st. Planning on coming? Email Katelyn with your RSVP!

katelyng@holyredeemervanc.org

YOUTH

MSI: This week-long, 9:00am-2:00pm summer intensive was created to help youth experience faith formation in a fun and engaging way. We incorporate games, activities, talks, and small group discussion to teach the faith.

This summer's theme is Release: Finding True Freedom in Christ. Sign up on our website on the RELEASE Summer Page.



ST. JOSEPH
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Preschool: Concerned about the developmental and social needs of your pandemic toddler? Help them make up for lost time at Cardinal Preschool at St. Joseph Catholic School. Your child will enjoy a nurturing social environment, develop kindergarten readiness skills, blossom emotionally, and learn to be away from you for a few hours. If your child will be 3 or 4 years old by August 31st, we have a program for them. Contact laurav@stjoevanschool.org for more information or check out our website at cardinalpreschool.org.

Save The Date

HS Quo Vadis Days:

June 27-29

Ignite Your Torch: July 14-17

MSI: July 18-22

Steubenville: July 29-31

VBS: August 1-5

GROWING IN HOLINESS



QUO VADIS DAYS June 27-29, 2022 CAMP HAMILTON

This amazing 3-day camp for high school men grades 9-12 with priests and seminarians from the Archdiocese of Seattle will provide participants the opportunity to learn more about the priesthood, to deepen their faith, and to better discern God's call in their lives.

Space is limited to 60 participants.
Please note: participant age has changed to high-school-age only.
Also, the nominal \$50 fee can be waived in cases of need.

Email the Office of Vocations with questions at vocations@seattlearch.org

REGISTER NOW AT
archseattle.org/event/quo-vadis-days



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for this in-person series

Wednesday Nights
June 29 through August 3

Interested? Questions?
Contact Katelyn at
katelyng@holyredeemervanc.org

REMINDER: When attending any function at the Annex (our house across the street), everyone must park in the Holy Redeemer parking lot - not in the driveway of the Annex or on the street! This is a promise we made to our neighbors and we want to honor it.

American Heritage Girls & Trail Life USA (K-12th)



AHG meets Monday afternoons at
4:30pm in the parish center.

Contact Julie for AHG:
nicholmarine@icloud.com

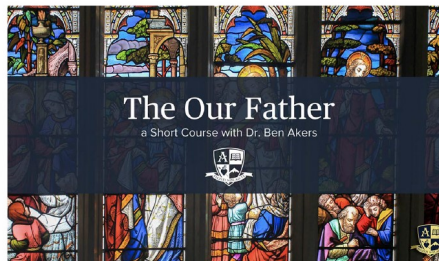
TLUSA meets Monday evenings at
6:30pm in the parish center.

Contact Ed for TLUSA:
nicholmarine@icloud.com

FORMED®

PICK OF THE WEEK

JUNE 12, 2022



JESUS: THE MODEL AND MASTER OF PRAYER

In this episode of his course on the Our Father, Dr. Ben Akers teaches us what we can learn from the perfect model and master of prayer: Jesus himself.

Free account: formed.org/signup and enter 98687 to select our parish

PARISH HAPPENINGS

Congratulations FATHER

NATHE!!!: This Sunday, June 12th, is the 18th Anniversary of Father's Ordination as a Priest. Please take a moment to let him know how much you appreciate him. Give him a hug after Mass, pray for him, or send him a card.



Annual Catholic Appeal

ANNUAL CATHOLIC APPEAL:

WOWIE-we have done it again, we reached our goal for the ACA and this year we did it a month before the campaign was supposed to end! A huge thank you to everyone that has made a pledge to support our Archdiocese and all the good we do in Western Washington! Consequently, we are wrapping up this year's Annual Catholic Appeal. We have heard from over 442 families, about 52% of our parish, and we are very close to our goal. Thank you to the many of you who have chosen to make your best gift by pledging over several months, helping us reach our goal in short time. Make your pledge using the QR code, or the pew envelope which you can mail in or drop in the collection basket.



If you haven't made your pledge yet, please do it this weekend! Thank you in advance for your help to our parish and the Archdiocese!

Empty Nester Hiking: The Creaky Knees Club will be hiking the trails at the recently reopened Steigerwald Lake National Refuge on Monday June 13 The group will meet at Holy Redeemer's north parking lot and car pool leaving promptly at 8:15am. Bring a sack lunch, we will be eating on the trail. We will be hiking rain or shine, umbrellas are okay.

Father's Day Novena Cards:

Father's Day Mass Novena cards are available at all the church exits. Please return the envelope noting the name or names of the men to be remembered at Masses to the parish office by June 17th.

New Hours for Church Access:

Starting June 13th, the Church will be open from 7:30am-4:00pm daily. The Adoration chapel is open all the time, except for 23 hours from 9:00am Friday to 8:00am Saturday, when Adoration will be in the church. If you need the code for the Adoration Chapel or the Church, please contact the office.

New Adoration Time: Due to the change in Daily Mass time, we will now have 23 hour Adoration in the Church from 9:00am Friday morning to 8:00am Saturday morning each week. If you were on the early shift previously, our coordinator Nancy Kern will be in contact with you regarding this change and can help you to find a new time for weekly Adoration.



ADORATION
of the
BLESSED
SACRAMENT

Mark Your Calendars: The Parish Picnic is coming back August 28th from 12:00-3pm! Please plan on coming-it will be a joyous blast for all!

OTHER HAPPENINGS

Job Opportunity: St. Joseph Catholic School in Vancouver has an opening for a full-time **Vice Principal** position for the 2022-23 school year. Interested candidates should apply through Frontline www.applitrack.com and submit a resume and letter of interest to Principal Mary Yamoah maryy@stjoevanschool.org

Job Opportunity: St. Thomas Aquinas Church (along with Our Lady Star of the Sea Mission) is seeking an experienced person to serve as full-time Pastoral Assistant for Administration (PAA). This diverse position directs financial, administrative, and operational functions for the parish community, mission church, and parish cemetery. Excellent benefits and salary commensurate with experience. For a full job description and application, please visit the parish website at www.stthomascamas.org.

WorldWide Marriage

Encounter: Happy Father's Day! Wives, give your husbands the greatest gift of all, the gift of your love. Participate in the next Worldwide Marriage Encounter Experience on November 18-20 at Mt. Angel Abby, in Oregon. To apply for your WWME Experience or search other dates go to rediscoverthepark.org. For information about WWME call 503-704-0836 or by email at reservations@rediscoverthepark.org

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ADMINISTRATOR

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—STEVE HENDERSON,
GRAND KNIGHT



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▲ Attorney at Law, PLLC

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