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PASTORAL CONCERNS:

Baptisms: Please prepare for infant/child baptism by contacting the office at ext. 15. For adult baptisms, see OCIA.

Weddings: Please call the office, ext. 16. Coordinate with Mark before setting date.

Funerals: Contact the office at ext. 14.

Welcome to Holy Redeemer Parish

February 25, 2024
The Second Sunday of Lent

Pastor Father Thomas Nathe



GLORIFY GOD AND SANCTIFY SOULS!

Website: www.holyredeemervan.org

Telephone: (360) 885-7780

Fax Number: (360) 944-7560

Address: 17010 NE 9th Street
Vancouver, WA 98684

Office Hours: Monday-Friday 9:00am - 4:00pm

Church Open: 7:30am - 4:00pm daily

Mass Schedule: Saturday Vigil 4:30pm
Sunday 8:30am and 11:00am
Monday-Saturday 8:30am

Rosary: Saturday 4:10pm
Sunday 8:10am and 10:40am
Monday - Saturday 8:10am

Confessions: Friday 4:00 - 5:15pm
Saturday 2:30 - 4:15pm
Sunday 7:45 - 8:15am and 10:00 - 10:45am

Eucharistic Adoration: Friday 9:00am - Saturday 8:00am

Please remember Holy Redeemer Parish in your will.

**WEEK OF 2/25/2024
LITURGICAL SCHEDULE**

*Please join us 20 minutes prior to Mass to
pray the Rosary.*

Sunday: 2/25

2nd Sunday of Lent

Mass: 8:30am & 11:00am (Church)

Confession: 7:45-8:15am, 10:00-10:45am

Monday: 2/26

8:30am~Daily Mass *Jerry Dallape+*

Tuesday: 2/27

8:30am~Daily Mass *Douglas Alexander+*

Wednesday: 2/28

8:30am~Daily Mass

Douglas Alexander+

Thursday: 2/29

8:30am~Daily Mass *Douglas Alexander+*

Friday: 3/01

8:30am~Daily Mass *Douglas Alexander+*

All Day Eucharistic Adoration

3:00pm~Chaplet of Divine Mercy (Church)

Confessions ~ 4:00pm-5:15pm (Church)

5:30pm~ **Stations of the Cross** (Church)

Saturday: 3/02

8:30am~Daily Mass *Angelina Weinmuller*

4:30pm ~ **Saturday Vigil Mass** (Church)

Confessions ~ 2:30pm-4:15pm

Sunday: 3/03

3rd Sunday of Lent

Sunday Mass: 8:30 am & 11:00am (Church)

Confessions ~ 7:45-8:15am, 10:00am-10:45am



*I will
walk
before
the
Lord,
in the
land of
the
living.*

Psalm 116:9

**WEEK OF 2/25/2024
MINISTRIES & MEETINGS**

Sunday: 2/25

2nd Sunday of Lent

9:45am~ K-5 Religious Ed Classes (Parish Center/Annex)

6:00pm~ Youth Social Night ~ Board Games Night (Parish Center)

Monday: 2/26

9:00am ~ Monday Marian Movement (Choir Practice Room)

4:30pm~ AHG **Leaders Meeting** (Parish Center)

5:00pm~ Spanish Endow (Annex)

6:30pm~ Trail Life USA Committee Meeting (Parish Center)

Tuesday: 2/27

10:00am~ Women's Bible Study with Littles (St. Clare Room)

6:00pm~ OCIA (Parish Center)

Wednesday: 2/28

6:00pm~ Fidelis and Fraternus

5:00pm~ Children's Choir Rehearsal (Choir Rm)

Thursday: 2/29

9:00am~ Endow (St. Clare Room)

9:15am~ Marian Movement (Choir Room)

7:00pm~ Adult Choir Rehearsal (Choir Room)

Friday: 3/01

9:30am~ Pre-K RE Class (St. Frances)

10:30am~ Homeschool Co-Op (Parish Center)

6:00pm~ Lenten Soup Supper (Parish Center)

Saturday: 3/02

9:00am~ Men of Faith (Parish Center)

9:15am~ Sat. Marian Movement (Choir Room)

Sunday: 3/03

3rd Sunday of Lent

9:45am~ K-5 Religious Ed Classes (Parish Center/Annex)



Please Remember in your prayers:

Tina Marie Alice+, Ed Barbier+, Michelle Bell+, Tim Brewer, Sherry Callaghan, Anthony Cota+, John Cothran, Dan Coughlin, Bonnie Craig, Roger Cubacub, Evelyn Ferma, Ramute Cumming, Kevin Greene+, Trevor Grenz, Danny Harden, Gabriel Kantola, Ellen Mack+, Jerome Mies+, John Palles+, Fran Plourd, Diane Poissant, Ivan Quinata+, Michele & John Romano, Matthew Reynolds+ and Family, Patricia Samec, Jordan Smith+, Barbara Wallace+, Dorothy Wear, Rolyne Weinmuller+



Pastor's Column

February 25th, 2024

If I Were a Saint

Jesus Christ: Yesterday, Today, and Forever ~

Lent is a great time of the year to go to Confession. In fact, one of the precepts of the Church is that we have to go to Confession at least once a year. Historically, this is known as the “Easter Obligation” and is it normally done during the season of Lent or Easter, both six weeks long. Failure to go to Confession at least once a year, if aware of a mortal sin, is itself a mortal sin. To that end, we host a penance service here every Lent. This year’s penance service will be on Tuesday, March 26 (Holy Week) at 6pm. There will be seven priests here to hear confessions.

Having said that, the Church has always recommended that people go to Confession monthly, even for the saints. Almost all the saints would all go to Confession monthly, a large percentage of them would go to Confession twice a month, or even weekly as I try to do. Modern saints did this too, St. John Paul II and St. Teresa of Calcutta come to mind. I frequently tell people that monthly Confession for the rest of your life is one of the greatest things you can ever do, transforming your life and the lives of others because of you. I hope you’ll give it a try.

Now some people don’t know what to confess, even if their last Confession was years ago. Our “How to go to Confession” guide on the walls of the church, has an excellent examination of conscience guide in it. Pick it up, take it home, check all the lines that apply to you, then bring it with you when you go to Confession next and read off all those checked sins. With true contrition and purpose of amendment, the priest will absolve you and all your sins will be removed.

Yet despite looking at that guide, people still tell me that they’ve checked it out and still don’t know what to confess. They must be pretty holy. That’s when I say this: Christ calls us to be saints, (“so be perfect as your heavenly Father is perfect.” Mt 5:48) If the saints would go to Confession monthly or even more, what are they confessing? What are these people who are holier than you or I confessing so frequently? If you were a saint, what would you be bringing to Confession that you are not now realizing you’re at fault for? To answer that, it is important to remember our sins of omission. Those things that God wants us to think, say, and do that we don’t. In what ways have I not been a saint since my last confession?

Below, I’ve attached a great little examination of conscience of someone who will be declared a saint one day, Sister Lucia of Fatima fame. Her cousins, Francesco and Jacinta, are already canonized saints whose feast day we marked this past week. Here Sr. Lucia lays out the things that she would confess in her bi-monthly confessions in her 80’s & 90’s, and they are revealing.

I hope you’ll make an effort to go to Confession monthly, and strive to be saint, it’s not too late.

In Christ, I Love You,



Fr. Thomas Nathe

Sister Lucia's Incredible List of What She Needed to Confess

<https://spiritdaily.org/blog/commentary/fatima-and-confession>

November 20, 2023, by sd

Many think Sister Lucia dos Santos of Fátima fame was a saint. In that, we concur. But she wasn't a born one, and it wasn't automatic due to the apparitions of an angel in 1916, the Blessed Mother to her in 1917, and appearances of Mary and Jesus in years after.

But again: that didn't mean she lived a pitch-pure life in the convent. We all have to work every moment for Heaven, often in "minor" imperfections we rarely consider.

And so it was, as the Blue Army reminds us, and as the well-known chronicler of Fatima, Father Robert Fox, first revealed (in a book entitled *The Intimate Life of Sister Lucia*), that the all-but-certain future saint named Lucia once listed the imperfections she needed to take to the confessional.

The list:

- Resentments which do not allow me to forget the defects of others.
- Faults against charity which these resentments lead me to.
- Egoism which leads me so many times to choose the best for myself.
- Self-love which leads me to have my view prevail.
- Excessive propensity to be grieved with trifles.
- To remain quiet many times in order not to have my opinion rejected with people who I know beforehand have to win the argument, even without good reason.
- Lack of respect and disdain for those who contradict me.
- Sadness and weariness produced by wounded self-love.
- Consenting to complaints of self-love.
- Concentrating on the faults of others without seeing my own.
- Curt replies to the Sisters.
- Not valuing the work of others.
- In my eyes I think my work better than others.
- To want others to esteem my work.
- Resistance to Grace.
- Distractions which diminish insights of faith and touches of grace.
- Curiosities.
- Useless words in moments of silence.
- Uncharitable thoughts and words.
- Omissions of charity.
- Carelessness in the practice of small sacrifices.
- Lack of patience in unforeseen events.
- Lack of an ability with others.
- Lack of respect for the opinion of others.
- Not valuing the others' opinions.
- The difficulty in allowing others' opinions to prevail.
- Allowing myself on many occasions to be very happy or very sad.
- Not being punctual enough.
- Not taking correction willingly.
- Unwillingly to assume my own feelings.
- Being rude to those who displease me.
- Failing of devotion in my spiritual duties and visits to the Blessed Sacrament.
- Failing to be diligent in obedience.
- Failing to be pleasant with others.
- Failing to use ejaculatory prayers during the day to maintain my union with God.
- Failing to visit the Blessed Sacrament in my free time.

Go to Confession this Lent



Holy Redeemer Confessions

Friday 4:00-5:15pm

Saturday 2:30pm-4:15pm

Sunday 7:45-8:15am, 10:00am-10:45am

CLARK COUNTY 2024 Lenten Penance Services

TUESDAY

MARCH 5 7:00PM

ST. JOSEPH CATHOLIC CHURCH, VANCOUVER

WEDNESDAY

MARCH 13 6:45PM

OUR LADY OF LOURDES CATHOLIC CHURCH, VANCOUVER

TUESDAY

MARCH 19 6:30PM

ST. MARY OF GUADALUPE MISSION, RIDGEFIELD

TUESDAY

MARCH 26 6:00PM

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GROWING IN HOLINESS

NEW TO HOLY REDEEMER?

Office Hours: Monday-Friday 9:00am-4:00pm

Contact the Faith Formation Office to meet and discuss how we can work together to build God's Kingdom in East Vancouver! Sacramental needs? Education? Let us know how we can help. Contact Mark: 360.885.7780 ext. 16, or markm@holyredeemervanc.org

OCIA (Becoming Catholic) and Learning About the Catholic Faith: Contact Mark MacKenzie

PRAYER GROUPS

Marian Movement Groups: The Marian Movement has three groups that meet on different days of the week. The first group (Monday), the second group (Thursday) meets in the Sacristy meeting room, and the third group meets on Saturday in the choir practice room. All groups meet at 9:00am.

Anne, a lay apostle: Anne, the author of *The Volumes*, received a message to have a prayer group meeting once a month. The Lay Apostle prayer group holds their meetings on the second Tuesday of the month at 9:00am in the parish center. Contact Marilynne Belden at 503-701-2493.

ADULTS

Bible Study: The morning Bible study sessions are at 10:30am studying Acts and evening session at 6:30pm studying Mark, both are on Thursdays in the parish center.

Men of Faith: All men in the parish are invited to attend our monthly gatherings. We meet on the first Saturday of the month at 9:15am in the parish center. For more information

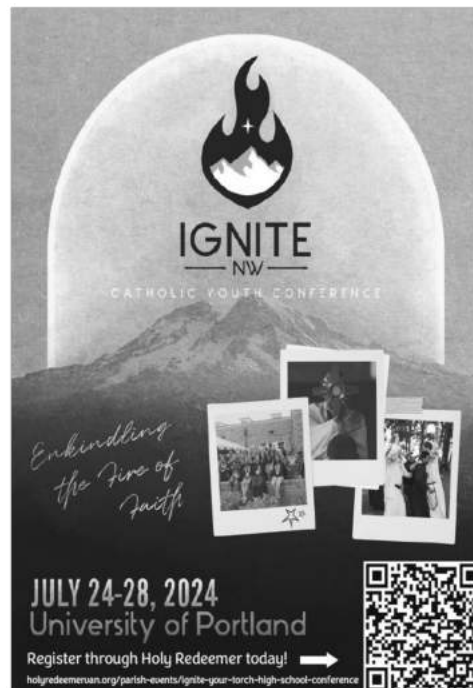
contact Mark by email at markm@holyredeemervanc.org

Women Growing in Faith: All women in the parish are invited to attend our monthly talks. Our gatherings are on the second Saturdays of the month. For more information contact Judy at judym@holyredeemervanc.org

Junk Jewelry Wanted: Do you have broken necklaces, missing earrings in a pair, or/and old jewelry you just don't wear anymore? The Faith Formation office wants it!




The FF office will be hosting Sisterhood Night creating art pieces with recycled jewelry. Please drop off items in the FF office to Melissa. If you are lady that would like to create your own artwork with your own costume jewelry or family heirlooms join us on Tuesday, March 12 at 6pm in the Annex to create your individual piece of art. See the example above.




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<https://www.stjoevanschool.org/>

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<https://lourdesvan.org/>

Holy Redeemer Parish provides per-pupil assistance for active parishioners who enroll their children in grades K-8 at local Catholic Schools. This allows families to receive discounted tuition rates.

High School

St. Elizabeth Ann Seton

<https://www.setonhigh.org/>

HOME SCHOOLS

Aquinas Learning is a Catholic homeschooling curriculum and community for students PreK-12th grade. Our Vancouver center is a Catholic classical education mentoring program. AquinasLearning.com

Regina Caeli Academy is a private, independent, University-Style Hybrid® operating in the Catholic tradition. Preschool - 12th grade students attend classes two days a week, and homeschool the remaining days following the plans provided by RCA. To learn more, contact us at admissions@rcahybrid.org or 470.239.0259



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Register through Holy Redeemer today! →

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PARISH HAPPENINGS

Lenten Penance Services

We have many opportunities to go to Confession this Lent. **Every week** at



**Holy Redeemer
Confessions are heard
on**

**Friday (4-5:15pm)
Saturday (2:30-
4:15pm) Sunday (7:45-
8:15am and 10-**

10:45am). Additionally, here are the extra Lenten Penance Services scheduled in Clark County before Easter:

March 5, 7pm St. Joseph Catholic Church

March 13, 6:45pm Our Lady of Lourdes Catholic Parish;

March 19, 6:30pm St. Mary of Guadalupe Mission (Ridgefield)

March 26, 6:00pm Holy Redeemer Catholic Parish

Stations of the Cross Friday's at 5:30pm

Each Friday during Lent from **now until**

March 22nd Fr. Nathe will be leading us in praying the **Stations of the Cross at 5:30pm in the Church.**

This is a powerful way for families to participate in the

Passion of Christ. Please join Fr. Nathe and fellow parishioners for the Stations of the Cross this year.



Lenten Soup Suppers Friday's at 6pm

Lenten Soup Suppers are underway this year on Fridays at 6pm, immediately following the Stations of the Cross.

Meals are prepared and served each week by

different Holy Redeemer ministries, and there is no charge. However, goodwill donations from Soup Suppers support our Holy Redeemer sister parish in Thailand.



IN & BEYOND OUR PARISH

Men of Faith Saturday March 2nd

Every man is invited to join us on the first Saturday of the month for our Men of



Faith gathering. We share breakfast, learn about a topic, and then discuss our duty as men of faith. On **March**

3rd Mark MacKenzie will be presenting "Aquinas' Principles for Growing in Virtue". Join us for the Rosary and Mass, or come at 9:15am for breakfast and a discussion about this critical vocation and the enemy's attack on it. No RSVP needed, just show up!

Purgatorial Society Meeting February 28th

Praying and doing penance for the poor souls in Purgatory is one of the seven spiritual works of mercy. While we do more of this than any other parish around, we are looking at the possibility of forming a dedicated group of parishioners who will commit to helping these souls.

This would be known as a purgatorial society. Purgatorial societies have been around since the early Middle Ages. They are comprised of a group of parishioners who make a commitment to daily prayers and sacrifices. Could you see yourself making a commitment to pray and do penance for your deceased relatives, parishioners, and the forgotten in Purgatory? If you are open to exploring this, there will be a meeting on

Wednesday, February 28 at 9:15am in the St. Cecilia room (parish center). All are welcome to come. If you are interested but cannot attend, or wish more information, contact Jon Vanderbout at 360-896-8996 or rotomwot@aol.com.

Sisterhood Night~ March 12 Used Jewelry Wanted!



Do you have old jewelry, broken necklaces, missing earrings in a pair, and/or jewelry you just don't wear

BEYOND OUR PARISH

anymore? The Faith Formation office wants it! We will be hosting Sisterhood Night creating art pieces with recycled jewelry. Please drop off items in the FF office to Melissa. If you are a lady that would like to create your own artwork with your own costume jewelry or family heirlooms join us on **Tuesday, March 12 at 6pm** in the Annex to create your individual piece of art.

Our Lady of Lourdes Monthly Luncheon March 14th

All are invited to attend Our Lady of Lourdes Monthly Parish Lunch on **Thursday, March 14th from 12-1:00 pm** in the Gym. The menu will be Corn Beef and Colcannon for a price of \$5.00 per plate.

40 Days for Life

40 Days for Life began on Wednesday, Feb. 14. Pray, fast and offer life-affirming alternatives to abortion at



Vancouver's local PP abortion center (NE 116th Ave one block north of Mill Plain.) See the website for info and to sign up <https://www.40daysforlife.com/vancouver/> Our parish contact is Gerry Parmantier. Call/text 360-831-7542 or email gerry1968@q.com

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