

**PARISH PERSONNEL:**

**Administrator**

Ed Brands, 360.885.7780, ext. 12  
edb@holyredeemervanc.org

**Business Manager**

Kevin Greenlee, 360.885.7780, ext. 21  
keving@holyredeemervanc.org

**Music and Liturgy**

Angela Lee, 360.885.7780, ext. 14  
angelal@holyredeemervanc.org

**Receptionist**

Marybeth Yee, 360.885.7780, ext. 10  
marybethy@holyredeemervanc.org

**Faith Formation Office:**

**-Director**

Mark MacKenzie, 360.885.7780, ext. 16  
markm@holyredeemervanc.org

**-Leaders**

Jamie Kohler  
jamiiek@holyredeemervanc.org

Annie Cooper, 360.885.7780, ext. 15  
anniec@holyredeemervanc.org

Katelyn Greenlee, 360.885.7780, ext. 13  
katelyng@holyredeemervanc.org

**-Administrative Assistant**

Melissa Abell, 360.885.7780, ext. 11  
melissaa@holyredeemervanc.org

**PASTORAL CONCERNS:**

**Baptisms:** Please prepare for infant/child baptism by contacting the office at ext. 15. For adult baptisms, see RCIA.

**Weddings:** Please call the office at ext. 16. Do not set the date until you have talked to Mark MacKenzie.

**Funerals:** Contact the office at ext. 11.

**RCIA (Becoming Catholic) and Learning About The Catholic Faith:**

Everyone is invited to learn more about the faith or seek to become a Catholic. Contact parish office at ext. 16.

**Annulments:** Confidential help is available. Please call the parish office at ext. 16.

**Pastoral Care:** Please contact the office at ext. 14 for ministry to the sick, homebound, disabled, incarcerated, or indigent.

**CATHOLIC CEMETERY:**

Mother Joseph 360-693-3052  
1401 East 29th Street  
Vancouver, WA 98660

***WELCOME TO HOLY REDEEMER PARISH***

***MARCH 6, 2022***

***FIRST SUNDAY IN LENT***

**Pastor: Father Thomas Nathe**



***GLORIFY GOD AND SANCTIFY SOULS!***

**Website:** [www.holyredeemervanc.org](http://www.holyredeemervanc.org)

<b>Telephone:</b>	(360) 885-7780
<b>Fax Number:</b>	(360) 944-7560
<b>Address:</b>	17010 NE 9th Street, Vancouver, WA 98684
<b>Office Hours:</b>	Monday-Friday 7:30am - 3:00pm
<b>Church Open:</b>	Daily 7:00am - 5:30pm
<b>Mass Schedule:</b>	Saturday Vigil 4:30pm Sunday 8:30am and 11:00am Monday-Friday 7:00am Saturday 8:00am
<b>Rosary:</b>	Saturday 7:40am and 4:10pm Sunday 8:10am and 10:40am Monday-Friday 7:30am
<b>Confessions:</b>	Friday 4:00-5:15pm Saturday 2:30-4:15pm Sunday 7:45-8:15am and 10-10:45am
<b>Eucharistic Adoration:</b>	Friday 7:30am — Saturday 7:30am

***Please remember Holy Redeemer Parish in your will.***

**WEEK AT A GLANCE:**

**Sunday: 03/09 1st Sunday in Lent**

Mass: 8:30am & 11am  
Confessions: 7:45am & 10am  
9:45am—RE 1st-6th (parish center & annex)

**Monday: 03/07**

7:00am— Daily Mass *Stella Reynolds* +  
10:00am—Marian Movement (parish center)  
Noon—Angelus (parish FB page)  
4:30pm—AHG (parish center)  
5:00pm—Eve. Prayer (parish FB page)  
6:30pm—PM Endow (English & Spanish) (annex)

**Tuesday: 03/08**

7:00am—Daily Mass *Hanh & Paul Hansen*  
9:00am—WINGS (annex)  
10:00am—Lay Apostles (parish center)  
Noon— Tue. Exodus group. (Zoom)  
Noon—Angelus (parish FB page)  
5:00pm—Eve. Prayer (parish FB page)  
6:00pm—Retreat meeting (Zoom)  
7:00pm—HS Endow (Zoom)

**Wednesday: 03/09**

7:00am—Daily Mass *Jeff Katzen* +  
Noon—Angelus (parish FB page)  
Noon— Wed. Magnify group. (Zoom)  
5:00pm—1st Sac. meeting (parish center)  
5:00pm—Children Choir practice (choir practice. room)  
5:00pm—Drover planning (St. Francis)  
5:00pm—Eve. Prayer (parish FB page)  
6:30pm—Arise planning (annex)  
6:30pm—RCIA (choir practice. room)  
6:30pm—RE 7-12grd. (parish center & annex)  
6:45pm—Parent mtg. #6 (church)

**Thursday: 03/10**

7:00am—Daily Mass *Andrew Garibaldi* +  
8:00am—Marian Movement (parish center)  
9:15am—Endow AM (St. Cecilia)  
10:30am—Bible Study AM (parish center)  
Noon—Thur. Magnify grp. (Zoom)  
Noon—Angelus (parish FB page)  
5:00pm—Eve. Prayer (parish FB page)  
6:30pm—Bible Study PM (parish center)  
7:00pm—Rite of Election (church)

**Friday: 03/11**

**Day of Abstinence**

7:00am—Daily Mass *Collen Bridges* +  
7:30am—24 hr. Adoration (church)  
10:00am—Homeschool co-op (parish center)  
3:00-3:15pm—Divine Mercy (church)  
4:00-5:15pm—Confessions (church)  
5:30-6:00pm—Stations of the Cross

**Saturday: 03/12**

7:30am—Benediction  
8:00am—Daily Mass *Hayden Karnop*  
8:30am— Sat. Exodus grp. (parish center)  
2:30-4:15pm—Confessions (church)  
4:30pm—Vigil Mass

**Sunday: 03/13 2nd Sunday in Lent**

Mass: 8:30am & 11am  
Confessions: 7:45am & 10am  
9:45am—RE 1st-6th (parish center & annex)  
6:00pm—Life is Christ (annex)  
6:00pm—Verso L'Alto (parish center)

**WEEKLY BULLETIN SPONSOR**

**Discover the Catholic Difference**



**Todd Lincoln, AAMS, FIC**

360-216-6676

todd.lincoln@kofc.org

Life Insurance • Disability Income Insurance  
Long-Term Care Insurance  
Retirement Annuities



**Please remember in your prayers:**

Connor Arenz, Mary Benoit, Carole Brown+, Bonnie & David Craig, John Curran +, Alex Custodio +, Mike Farland, Bob Faust, Alex Gustavson, Hayden Karnop, Dottie Lorbeer, Elaine Murray, Fran Plourd, Gage Rutherford, Phillip Samwel, Jody Valencia, Betty Wassick, and George Wetzel

**Important Links**

Sunday Mass: <https://vimeo.com/user109632820>

Daily Mass & Evening Prayer: [parish Facebook page](#)

Last Week (2/21-2/27)	Income
Sunday:	\$ 36,749.64
Realizing Hope:	\$ 749.00
St. Vincent de Paul:	\$ 1,320.00



## Pastor's Column

March 6<sup>th</sup>, 2022

### Do Something for Lent – It's Not Too Late

Jesus Christ: yesterday, today and forever!

Lent is a special penitential season when Catholic Christians try to become better Catholic Christians. Specifically, we try to make some sort of sacrifice for God's glory, our salvation, and to atone for our sins and the sins of the whole world. Some people do big things and some people just one small thing, but we should all do something for the One who did everything for us.

Although Lent began last Wednesday, it's still not too late to make a resolution, there are six weeks left. Great things, even little things, don't happen without a commitment and a plan: marriage, parenting, career, good health, etc., all take great commitments and a plan. So does our faith. Martyrs have died for the Lord, and saints have given their whole lives for Him. This Lent please join me in making a commitment, with God's grace, to make a plan to better yourself in Christ.

I have a list below of things to consider for Lent, yet joining a small faith sharing group would be at the top of that list. For five weeks, over a dozen small groups will gather to share their insights from Edward Sri's book *The Art of Living*. It's about knowing and living the virtues. For those of you who have not signed up for a Lenten book sharing group, please do so today (if you can). You can sign up by visiting our website and clicking on the Lenten Small Faith Sharing Group tab. If you don't have the internet, please stop by or call the office during office hours.

**In addition to fasting on Ash Wednesday & Good Friday, and abstaining from meat on those days as well, here are some other things you might consider doing this Lent:**

- Faithfully attend Stations of the Cross at 5:30pm on Fridays.
- Go to Confession at least once during Lent.
- Join a small faith sharing group during Lent. See above.
- Tithe 10% of your income during Lent: 5% to the parish and 5% to other Catholic charities.
- In addition to Sunday Mass: attend a weekday Mass once a week.
- Pray the rosary with the parishioners before Mass, with your family, or on your own.
- Pray for five minutes in the morning and five minutes at night.
- Pray a nine day novena (or longer). There are lots to choose from, just internet search "novenas".
- Daily spiritual reading.
- Watch *The Search* from our free on-line service called *Formed* (for registered parishioners). You can find *Formed* by going to our website and clicking on the Resources tab at the top of the homepage and scroll down to the *Formed* tab. Once on *Formed*, look for *The Search*.
- Share your faith with a family member, neighbor, or co-worker once a week.
- Make a weekly Holy Hour in the church (preferably during 24 hour exposition of the Blessed Sacrament from Friday morning to Saturday morning).
- Visit someone who is lonely. Best done in person but easy to do on the phone.
- Exercise regularly.
- Cold showers.
- Think up your own spiritual improvement.
- Put on a smile every day, even though you don't feel like it.

**Here are some ideas for you to consider giving up during Lent.**

- Vices of the tongue: complaining, gossip, slander, swearing, using the Lord's name in vain, etc.
- Cut in half or more, screen time: TV screens, internet screens, movie screens, video game screen, smart phone screen [average American teenager looks at their phone 80 times a day – are you any better?].
- Cut in half or more: radio time or electronic music (this includes talk radio and news).
- Cut in half or more: nicotine, caffeine, alcohol, sweets.
- Think up your own.

Remember these two things as you work through your Lenten resolutions: 1) with God's grace all good things are possible, and 2) setbacks aren't failures, they are opportunities to grow.

May Jesus Bless You,

A handwritten signature in blue ink that reads "Fr. Thomas Nathe". The signature is fluid and cursive, with a long horizontal stroke extending to the right.

Fr. Thomas Nathe

# GROWING IN HOLINESS

## FAITH FORMATION PROGRAM AND CONTACT INFORMATION

- ◆ Contact Melissa Abell at [melissaa@holyredeemervanc.org](mailto:melissaa@holyredeemervanc.org)
- ◆ To make an appointment: See Parish Personnel on the front page of the bulletin.

## NEW TO HOLY REDEEMER?

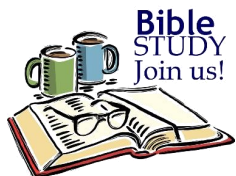
Contact the Faith Formation Office to meet and discuss how we can work together to build God's Kingdom in East Vancouver! Sacramental needs? Education? Let us know how we can help. Contact Melissa: 885.7780 ext. 11, [melissaa@holyredeemervanc.org](mailto:melissaa@holyredeemervanc.org)

## **RCIA (Becoming Catholic) and Learning About the Catholic Faith:**

Contact Melissa

## ADULTS

**Bible Study:** Bible study sessions have resumed on Thursday mornings and evenings. The AM at 10:30am and will study EPIC. The PM session at 6:30pm and will study Galatians. Study guides can be purchased for \$30 at the FF Office.

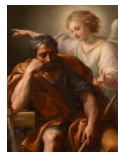


**Legion of Mary** is an international association of the Roman Catholic Church who serve it on a voluntary basis, its main purpose is for the sanctification of its members. The group meets every Friday at 10:00 in the annex. Contact Sally Custodio at [bhebot50@live.com](mailto:bhebot50@live.com) or 360-624-7555

**Anne, a lay apostle—Monthly Prayer Group:** Anne, the author of *The Volumes*, received the message to have a prayer group meeting once a month. The Lay Apostle prayer group holds their meetings on the second Tuesday of the month, at 10:00am in

the parish center. Contact Jean Marie Amos at 360.260.7352, or [jmamos1@juno.com](mailto:jmamos1@juno.com)

## **St. Joseph Cenacle Apostolate:**



Members offer a weekly Holy Hour of prayers for our priests and will meet at 3pm on the third Wednesday of the month, in the parish

center, as a group. Contact Sandra Koceja at

[ITEADIOSEPH2020@gmail.com](mailto:ITEADIOSEPH2020@gmail.com)

**Men of Faith:** All men in the parish are invited to attend our monthly gatherings. We meet on the first Saturday of the month at 8:45am in the parish center. Contact Mark:

[markm@holyredeemervanc.org](mailto:markm@holyredeemervanc.org)

## **Endow Women's Spiritual**

**Studies:** Through their small groups, women are learning how to be the best version of themselves—made in the image and likeness of God—and reaching out to those



around them. For more information contact Jamie at

[jamiek@holyredeemervanc.org](mailto:jamiek@holyredeemervanc.org)

**Adult & Single:** Vancouver Area Catholic Singles: Are you Single, Catholic and 27+ years young? Join us on the **3rd Saturday of each month** following the 4:30 Liturgy to share in a Potluck, Conversation and Activities.

Contact Mark:

[mas.itsagoodlife@gmail.com](mailto:mas.itsagoodlife@gmail.com)

## YOUNG ADULT

**YA Lenten Retreat:** Young Catholic Professionals is hosting a Lenten retreat in Mt. Angel on Saturday, March 19th. It will be a day retreat with talks, time for reflection and small groups. The retreat will start at 8:30am and end at 2 pm. Below is the link to a website with information and how to sign up: <https://www.ycportland.org/events/lenten-retreat-1>

## Mini Retreat Nights

Do you want to cultivate a deeper relationship with God but don't know how to even start? Join us for our Mini Retreat Night series, in the Church, on Wednesday evenings 7-8:30pm. Each session will provide practical tips and tricks and inspiration for developing the spiritual life.

**Night 2:** Strengths, Charisms, and My Life May 18

**Night 3:** Sharing the Story TBD



## CATHOLIC SCHOOLS

### **Prek-8th Grade**

St. Joseph

<https://www.stjoevanschool.org/>

Our Lady of Lourdes

<https://lourdesvan.org/>

*Holy Redeemer Parish provides per-pupil assistance for active parishioners who enroll their children in grades K-8 at local Catholic Schools. This allows families to receive discounted tuition rates.*

### **High School**

St. Elizabeth Ann Seton

<https://www.setonhigh.org/>

## Save The Date

**Confirmation Retreat:** March 25

**NET Retreat:** March 30

**Mini Retreat Night Strengths, Charisms, and My Life: May 18**

## SUMMER

**Ignite Your Torch:** July 14-17

**MSI:** July 18-22

**Steubenville:** July 29-31

**VBS:** August 1-5

# GROWING IN HOLINESS

## American Heritage Girls & Trail Life USA (K-12th)



AHG meets Monday afternoons @4:30pm in the parish center.

Contact Julie for AHG:  
[nicholmarine@icloud.com](mailto:nicholmarine@icloud.com)

TLUSA meets Monday evenings @6:30pm in the parish center.



Contact Linda for TLUSA:  
[don.linda.anderson@comcast.net](mailto:don.linda.anderson@comcast.net)

FORMED®

PICK OF THE WEEK

March 6, 2022

LISTEN

### 12 STORIES ABOUT AQUINAS WITH PETER KREEFT

St. Thomas Aquinas wrote the equivalent of 500 books, all with a quill pen! Join Dr. Peter Kreeft, an influential teacher of Catholic thought, as he shares some entertaining anecdotes from the life of this genius saint!



To set up your free account visit [formed.org/signup](https://formed.org/signup) and select our parish.

Free account: [formed.org/signup](https://formed.org/signup) and enter 98687 to select our parish

**REMINDER:** When attending any function at the Annex (our house across the street), everyone must park in the Holy Redeemer parking lot across the street - not in the driveway or on the street! This is a promise we made to our neighbors and we want to honor it.

Please go to our website [www.holyredeemervan.org](http://www.holyredeemervan.org) and go to the Faith Formation Page for updates and resources.

## Lenten Small Faith Sharing Groups:

# THE ART OF LIVING

THE CARDINAL VIRTUES AND THE FREEDOM TO LOVE

by Dr. Edward Sri

Books will be provided for FREE by Holy Redeemer.

Sign up today at [holyredeemervan.org](http://holyredeemervan.org)

Invite a friend!

AUGUSTINE INSTITUTE | IGNATIUS PRESS

## LENTEN FASTING & ABSTINENCE



### Fasting

Ash Wednesday  
Good Friday

Ages 18-59

### Abstinence

Every Friday during Lent

Ages 14+

### How do we fast?

When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.

### Am I excused from fasting and abstinence?

Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women.

For more information on fasting and abstinence, visit [usccb.org](http://usccb.org).



Copyright © 2021, United States Conference of Catholic Bishops, Washington, DC. All rights reserved.

## PARISH HAPPENINGS

### **Hospitality and Knights Meals are Back!!!**

Finally we are allowed to return to having Hospitality after Mass, we will have Hospitality after the 8:30 and 11 AM Masses starting this Sunday. The Knights will return to serving meals after Mass on the third weekend of each month too! The first 2 weeks of



Hospitality (March 6th and 13th) will be doughnut Sundays so we will not need home baked goods but of course they are always welcome. The Knights of

Columbus will be serving a delicious meal after all of the Masses on March 19th and 20th. Starting on March 27th we will return to home baked goods, fruit, veggies...so if you like bringing food please call or e-mail the office so we can rebuild our list.

**Stations of the Cross:** We will have stations of the cross each Friday during Lent. This is a powerful devotion, please come and pray with your parish family if you can! Stations of the Cross starts at 5:30PM in the Church and lasts 30 minutes.

**Soup Supper:** There will be no soup suppers this Lent!

**Family Promise:** Be a Saint-help the homeless right here in our community! Family Promise® of Clark County is a nonprofit organization committed to helping children and their families affected by homelessness in Clark County. Holy Redeemer is hosting a week of shelter for families from March 20-27th. If you can help, please signup now on the home page of our website if you can help!

**Medjugorje Pilgrimage:** A pilgrimage is a life-changing experience that will rekindle your faith, while building lasting friendships with parishioners. Meet in the Parish Center

on Sat, Mar 12th at 6pm (after Saturday's Vigil Mass) to learn about Medjugorje pilgrimage opportunities. Questions: Ken Paulsen (360-852-1088) or <https://VisitQueenOfPeace.com>

**40 Days for Life** began on Wednesday, March 2<sup>nd</sup>. Pray, fast and offer life-affirming alternatives to abortion at Vancouver's local PP abortion center (NE 116<sup>th</sup> Ave one block north of Mill Plain.) Peaceful, prayerful and legal presence in public right of way. Local contact Gerry at 360-831-7542 or email [gerry1968@q.com](mailto:gerry1968@q.com). More info and online sign up at <https://www.40daysforlife.com/vancouver/>

**Adoration Chapel :** Now you can come and adore HIM anytime from 7:30 Saturday morning to 7:30 Friday morning; the code to get in is the same as the code used overnight for adoration on Friday night/Saturday morning. If you need this code, please call the parish office or e-mail Ed Brands at [edb@holyredeemervanc.org](mailto:edb@holyredeemervanc.org).

**Empty Nester Hiking:** The Creaky Knees Club will be walking the WSU Cougar Trail on Monday March 7. The group will meet at Holy Redeemer's north parking lot and car pool leaving promptly at 8:15am. Bring lunch money. We will be walking rain or shine, umbrellas are okay.

## OTHER HAPPENINGS

Rachel's Corner

### **Hope and Healing After Abortion**



*"Brothers and sisters: Put on, as God's chosen ones, holy and beloved, heartfelt compassion, kindness, humility, gentleness, and patience, bearing with one another and forgiving one another, if one has a grievance against another; as the Lord has forgiven you, so must you also do."*

*Colossians 3:12-13*

### **Call for a compassionate, confidential conversation**

**English: (206) 920-6413 / Español: (206)-450-7814**

[www.ccsww.org/projectrachel](http://www.ccsww.org/projectrachel)



### **Worldwide Marriage Encounter**

"Give, and gifts

will be given to you; a good measure, packed together, shaken down, and overflowing, will be poured into your lap." Give the gift of your love to your spouse by attending our upcoming Worldwide Marriage Encounter experience on May 27-29 at Our Lady of Peace Retreat House in Beaverton, Oregon. To apply for your WWME Experience or search other dates go to [rediscoverthespark.org](http://rediscoverthespark.org). For information about WWME call 503-704-0836 or by email at [reservations@rediscoverthespark.org](mailto:reservations@rediscoverthespark.org)

# LENT

Pray + Fast + Give

The Following Sponsors Make Our Bulletin Possible With Their Generous Donations:



**Surprisingly  
great rates  
right around  
the corner.**

## ROCKET Pro

NMLS ID #843623 Loan Originator Powered by Rocket

**Kris Greene** CLU LUTCF FSS, Agent  
11818SEMI Pln Blvd Ste 101  
Vancouver, WA 98684  
Bus: 360-256-3755 Cell:  
360-334-1664  
kg@krisinsuresme.com

StateFarm  
Bloomington, IL  
2001878

I'm your one-stop shop for the service you deserve at a price you want. Call me for surprisingly great rates and Good Neighbor service right in your neighborhood.

Like a good neighbor,  
State Farm is there.®

Individual premiums will vary by customer. All applicants subject to State Farm underwriting requirements.



**ST. JOSEPH  
CATHOLIC SCHOOL**  
A community of faith  
academics, and service

ENROLLING NOW

Call to schedule a tour!

360.696.2586

www.stjoevanschool.org  
admissions@stjoevanschool.org

## MEDICARE

"I can educate, enroll, and help you."

**Paula J Richard, LUTCF**  
Parishioner  
360-607-4037

**Discover the  
Catholic Difference**



**Todd Lincoln, AAMS, FIC**

360-216-6676

todd.lincoln@kofc.org

Life Insurance • Disability Income Insurance  
Long-Term Care Insurance  
Retirement Annuities



**Full Service Real Estate  
& Property Management**



**ASK ABOUT \$500 CONTRIBUTION  
TO CHARITY OF CHOICE**



**1st Class Performance...Guaranteed!**

1498 SE Tech Center Place, Ste. 170, Vancouver • 360.696.3111 • ZenithPro.com

"Denny Miller is a Consummate gentleman and Real Estate professional. He is always kind and gracious. I have entrusted him with all of Holy Redeemer's Real Estate needs and he has always gone above and beyond."

—ED BRANDS,  
ADMINISTRATOR

"Best Property manager  
I've ever worked with."

—STEVE HENDERSON,  
GRAND KNIGHT



**FREE ORAL-B VITALITY  
TOOTHBRUSH**

with new patient visit!

**COLUMBIA  
SMILES DENTAL**

16415 SE 15th St, #105  
Vancouver, WA 98683

(360) 953-8135 • welovesmiles.com

**Carolyn A. Simms**

▲ Attorney at Law, PLLC

Estate Planning: Wills, Trusts and Probate  
Corporate/Business Formation, Sales and Dissolutions  
Real Estate Matters and Transactions  
Please call 360.833.2174



12503 SE Mill Plain Blvd Ste. 130  
Vancouver WA 98684

**FEATURING:**  
SAFECO, PROGRESSIVE,  
TRAVELERS, ENCOMPASS,  
COMMERCE WEST, KEMPER,  
FOREMOST AND MORE!

Licensed in  
WA, OR and AZ

CALL FOR PERSONAL SERVICE

**360-254-7166**

**Jesse, Marie & Patrick Villafranca**

Holy Redeemer Parishioners

www.evergreen-insurance.com // info@evergreen-insurance.com

