#### **PARISH PERSONNEL:**

Administrator

Ed Brands, 360.885.7780, ext. 12 edb(a)holyredeemervanc.org

**Business Manager** 

Kevin Greenlee, 360.885.7780, ext. 21 keving@holyredeemervanc.org

Music and Liturgy Angela Lee, 360.885.7780, ext. 14 angelal@holyredeemervanc.org

Receptionist

Marybeth Yee, 360.885.7780, ext. 10 marybethy@holyredeemervanc.org

#### **Faith Formation Office:** -Director

Mark MacKenzie, 360.885.7780, ext. 16 markm@holyredeemervanc.org

-Leaders

Jamie Kohler jamiek(a)holyredeemervanc.org

Annie Cooper, 360.885.7780, ext. 15 anniec@holyredeemervanc.org

Katelyn Greenlee, 360.885.7780, ext. 13 katelyng(a)holyredeemervanc.org

-Administrative Assistant

Melissa Abell, 360.885.7780, ext. 11 melissaa(a)holyredeemervanc.org

#### **PASTORAL CONCERNS:**

**Baptisms:** Please prepare for infant/child baptism by contacting the office at ext. 15. For adult baptisms, see RCIA.

**Weddings:** Please call the office at ext. 16. Do not set the date until you have talked to Mark MacKenzie.

Funerals: Contact the office at ext. 11.

RCIA (Becoming Catholic) and **Learning About The Catholic Faith:** 

Everyone is invited to learn more about the faith or seek to become a Catholic. Contact parish office at ext. 16.

**Annulments:** Confidential help is available. Please call the parish office at

ext.16.

**Pastoral Care:** Please contact the office at ext. 14 for ministry to the sick, homebound, disabled, incarcerated, or indigent.

#### **CATHOLIC CEMETERY:**

Mother Joseph 360-693-3052 1401 East 29th Street Vancouver, WA 98660

### WELCOME TO HOLY REDEEMER PARISH FEBRUARY 27, 2022 EIGHTH SUNDAY IN ORDINARY TIME

Pastor: Father Thomas Nathe



#### GLORIFY GOD AND SANCTIFY SOULS!

Website: www.holyredeemervan.org

Telephone: (360) 885-7780 Fax Number: (360) 944-7560

**Address:** 17010 NE 9th Street,

Vancouver, WA 98684

**Office Hours:** Monday-Friday 7:30am - 3:00pm

**Church Open:** Daily 7:00am - 5:30pm **Mass Schedule:** Saturday Vigil 4:30pm

Sunday 8:30am and 11:00am

Monday-Friday 7:00am

Saturday 8:00am

Rosary: Saturday 7:40am and 4:10pm

Sunday 8:10am and 10:40am

Monday-Friday 7:30am

**Confessions:** Friday 4:00-5:15pm

Saturday 2:30-4:15pm

Sunday 7:45-8:15am and 10-10:45am

**Eucharistic Adoration:** Friday 7:30am — Saturday 7:30am

Please remember Holy Redeemer Parish in your will.

**WEEK AT A GLANCE:** 

Sunday: 02/27

8th Sunday in Ordinary Time

Mass: 8:30am & 11am

Confessions: 7:45am & 10am

9:45am—RE 1st-6th (parish center & annex)

Monday: 02/28

7:00am—Daily Mass

Noon—Angelus (parish FB page)

4:30pm—AHG (parish center)

5:00pm—Eve. Prayer (parish FB page)

**Tuesday: 03/01** 

7:00am—Daily Mass

9:00am—WINGS (annex)

Noon— Tue. Exodus grp. (Zoom)

Noon—Angelus (parish FB page)

5:00pm—Eve. Prayer (parish FB page)

6:00pm—Mentor mtg. (Zoom)

6:30pm—Sisterhood Night (annex)

7:00pm—HS Endow (Zoom)

Ash Wednesday: 03/02

Day of Fast & Abstinence

7:00am—Mass & Distribute Ashes

11:00am—Mass & Distribute Ashes

Noon—Angelus (parish FB page)

Noon—Wed. Magnify grp. (Zoom)

5:00pm—Eve. Prayer (parish FB page)

7:00pm—Mass & Distribute Ashes

**Thursday: 03/03** 

7:00am—Daily Mass

8:00am—Marian Movement (parish center)

9:15am—Endow AM (St. Cecilia)

10:30am—Bible Study AM (parish center)

Noon—Thur. Magnify grp. (Zoom)

Noon—Angelus (parish FB page)

5:00pm—Eve. Prayer (parish FB page)

6:30pm—Bible Study PM (parish center)

Friday: 03/04

Day of Abstinence

7:00am—Daily Mass

7:30am—24 hr. Adoration (church)

10:00am—Homeschool co-op

(parish center)

3:00-3:15pm—Divine Mercy (church)

4:00-5:15pm—Confessions (church)

5:30-6:00pm—Stations of the Cross

6:30pm—YA HH & Gathering (church)

Saturday: 03/05

7:30am—Benediction

8:00am—Daily Mass

8:30am—Sat. Exodus grp. (parish center)

8:45am— Men of Faith (parish center)

11:00am— Lenten SFSG Facilitator

Training Trng (parish center)

12:30pm— MS Eucharist Retreat (annex)

2:30-4:15pm—Confessions (church)

4:30pm—Vigil Mass

<u>Sunday: 03/09</u>

<u>1st Sunday in Lent</u>

Mass: 8:30am & 11am

Confessions: 7:45am & 10am

9:45am—RE 1st-6th (parish center & annex)

WEEKLY BULLETIN SPONSOR

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Paula J Richard, LUTCF

Parishioner

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**Mass Intentions** 

Monday, February 28

Maria "Lay" Le

Tuesday, March 1

Eugene Haddox +

Wednesday, March 2

Katie Brothers +

Thursday, March 3

MaryAnn Wybernec +

Friday, March 4

Maria Le Thi Mung +

Saturday, March 5

Francis Skala +



#### Please remember in your prayers:

Connor Arenz, Mary Benoit, Carole Brown+, Bonnie & David Craig, John Curran+, Alex Custodio+, Mike Farland, Bob Faust, Alex Gustavson, Hayden Karnop, Dottie Lorbeer, Elaine Murray, Fran Plourd, Gage Rutherford, Phillip Samwel, Jody Valencia, Betty Wassick, and George Wetzel

#### **Important Links**

Sunday Mass: <a href="https://vimeo.com/user109632820">https://vimeo.com/user109632820</a>
Daily Mass & Evening Prayer:<a href="parish Facebook page">page</a>

Last Week (2/14-2/20)	Income
Sunday:	\$ 18,689.33
Realizing Hope:	\$ 1,114.00
St. Vincent de Paul:	\$ 230.00



#### Pastor's Column

February 27<sup>th</sup>, 2022

#### Do Something for Lent

Jesus Christ: yesterday, today and forever!

Lent is a special penitential season when Catholic Christians try to become better Catholic Christians. Specifically, we try to make some sort of sacrifice for God's glory, our salvation, and to atone for our sins and the sins of the whole world. Some people do big things and some people just one small thing, but we should all do something for the One who did everything for us.

Now is the time to start making a Lenten resolution, it will begin this Wednesday. Great things, even little things, don't happen without a commitment and a plan: marriage, parenting, career, good health, etc., all take great commitments and a plan. So does our faith. Martyrs have died for the Lord, and saints have given their whole lives for Him. This Lent please join me in making a commitment, with God's grace, to make a plan to better yourself in Christ.

I have a list below of things to consider for Lent, yet joining a small faith sharing group would be at the top of that list. For five weeks, over a dozen small groups will gather to share their insights from Edward Sri's book *The Art of Living*. It's about knowing and living the virtues. For those of you who have not signed up for a Lenten book sharing group, please do so if you can. You can sign up by visiting our website and clicking on the Lenten Small Faith Sharing Group tab. If you don't have the internet, please stop by or call the office during office hours.

## In addition to fasting on Ash Wednesday & Good Friday, and abstaining from meat on those days as well, here are some other things you might consider doing this Lent:

- Faithfully attend Stations of the Cross at 5:30pm on Fridays.
- Go to Confession at least once during Lent.
- Join a small faith sharing group during Lent. See above.
- Tithe 10% of your income during Lent: 5% to the parish and 5% to other Catholic charities.
- In addition to Sunday Mass: attend a weekday Mass once a week.
- Pray the rosary with the parishioners before Mass, with your family, or on your own.
- Pray for five minutes in the morning and five minutes at night.
- Pray a nine day novena (or longer). There are lots to choose from, just internet search "novenas".
- Daily spiritual reading.
- Watch *The Search* from our free on-line service called *Formed* (for registered parishioners). You can find *Formed* by going to our website and clicking on the Resources tab at the top of the homepage and scroll down to the *Formed* tab. Once on *Formed*, look for *The Search*.
- Share your faith with a family member, neighbor, or co-worker once a week.
- Make a weekly Holy Hour in the church (preferably during 24 hour exposition of the Blessed Sacrament from Friday morning to Saturday morning).
- Visit someone who is lonely. Best done in person but easy to do on the phone.
- Exercise regularly.
- Cold showers.
- Think up your own spiritual improvement.
- Put on a smile every day.

#### Here are some ideas for you to consider giving up during Lent.

- Vices of the tongue: complaining, gossip, slander, swearing, using the Lord's name in vain, etc.
- Cut in half or more, screen time: TV screens, internet screens, movie screens, video game screen, smart phone screen [average American teenager looks at their phone 80 times a day are you any better?].
- Cut in half or more: radio time or electronic music (this includes talk radio and news).
- Cut in half or more: nicotine, caffeine, alcohol, sweets.
- Think up your own.

Remember these two things as you work through your Lenten resolutions:

1) with God's grace all good things are possible, and

In Shown Hatter

2) setbacks aren't failures, they are opportunities to grow.

May Jesus Bless You,

Fr. Thomas Nathe

## **Lenten Small Faith Sharing Groups:**

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AND THE FREEDOM TO LOVE
by Dr. Edward Sri

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### LENTEN OBLIGATIONS

#### **CONFESSION**

Two of the precepts of the Church are to go to Confession at least once a year, and to receive Holy Communion in a state of grace during the Easter season. In order to receive Holy Communion, one must be in a state of grace, meaning: not aware of committing a mortal sin since your last Confession. Receiving Holy Communion shortly after confessing your sins makes sense because you are in a state of grace.

Therefore, Lent is a perfect time to go to Confession and receive Holy Communion on Easter, or the weeks shortly thereafter, while still in a state of grace. This has traditionally been known as the Easter obligation.

Please be sure to read through our "How to go to Confession Guide" for an excellent examination of conscience. They can be found in the pews or in the holders outside of the Confessionals.

Remember, all the great saints went to Confession weekly or every other week. There is as much grace in the sacrament of Confession as there is in the sacrament of Holy Communion (Eucharist).

#### **FAST & ABSTINENCE**

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal. Two smaller meals may also be taken, but not to equal a full meal. The norms concerning abstinence from meat include children age 14 and older.

If you are healthy enough, you may fast on bread and water on these days as the Church has done from the time of the Apostles.

## **GROWING IN HOLINESS**

## FAITH FORMATION PROGRAM AND CONTACT INFORMATION

- Contact Melissa Abell at melissaa@holyredeemervanc.org
- To make an appointment: See Parish Personnel on the front page of the bulletin.

#### **NEW TO HOLY REDEEMER?**

Contact the Faith Formation Office to meet and discuss how we can work together to build God's Kingdom in East Vancouver! Sacramental needs? Education? Let us know how we can help. Contact Melissa: 885.7780 ext. 11, melissaa@holyredeemervanc.org

RCIA (Becoming Catholic) and Learning About the Catholic

Faith: Contact Melissa

**ADULTS** 

Bible Study: Bible study sessions have



resumed on
Thursday mornings
Join us! and evenings. The
AM at 10:30am and
will study EPIC.
The PM session at

6:30pm and will study Galatians. Study guides can be purchased for \$30 at the FF Office.

**Legion of Mary** is an international association of the Roman Catholic Church who serve it on a voluntary basis, its main purpose is for the sanctification of its members. The group meets every Friday at 10:00 in the annex. Contact Sally Custodio at <a href="mailto:bhebot50@live.com">bhebot50@live.com</a> or 360-624-7555

Anne, a lay apostle—Monthly Prayer Group: Anne, the author of *The Volumes*, received the message to have a prayer group meeting once a month. The Lay Apostle prayer group holds their meetings on the second Tuesday of the month, at 10:00am in

the parish center. Contact Jean Marie Amos at 360.260.7352, or jmamos1@juno.com

#### St. Joseph Cenacle Apostolate:



Members offer a weekly Holy Hour of prayers for our priests and will meet at 3pm on the third Wednesday of the month, in the parish

center, as a group. Contact Sandra Koceja at

ITEADIOSEPH2020@gmail.com

Men of Faith: All men in the parish are invited to attend our monthly gatherings. We meet on the first Saturday of the month at 8:45am in the parish center. Contact Mark: markm@holyredeemervanc.org

Endow Women's Spiritual
Studies: Through their small groups, women are learning how to be the best version of themselves—
made in the image and likeness of God—and reaching out to those

around them. For more information contact Jamie at

jamiek@holyredeemervanc.org

Adult & Single: Vancouver Area Catholic Singles: Are you Single, Catholic and 27+ years young? Join us on the *3rd Saturday of each month* following the 4:30 Liturgy to share in a Potluck, Conversation and Activities. Contact Mark:

mas.itsagoodlife@gmail.com

#### MIDDLE SCHOOLERS

"Be Fed" Retreat Afternoon:
All 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> graders are invited to join us on Saturday, March 5<sup>th</sup> from 12:30-3:30pm in the Annex for a half-day retreat. Come "Be Fed" on the Eucharist! To RSVP, email Katelyn at

katelyng@holyredeemervanc.org

#### **Mini Retreat Nights**

Do you want to cultivate a deeper relationship with God but don't know how to even start? Join us for our Mini Retreat Night series, in the Church, on Wednesday evenings 7-8:30pm. Each session will provide practical tips and tricks and inspiration for developing the spiritual life.

**Night 2:** Strengths, Charisms, and My Life May 18

**Night 3:** Sharing the Story TBD



#### **CATHOLIC SCHOOLS**

Prek-8th Grade

St. Joseph

https://www.stjoevanschool.org/

Our Lady of Lourdes

https://lourdesvan.org/

Holy Redeemer Parish provides per-pupil assistance for active parishioners who enroll their children in grades K-8 at local Catholic Schools. This allows families to receive discounted tuition rates.

#### **High School**

St. Elizabeth Ann Seton

https://www.setonhigh.org/

#### Save The Date

**MS Eucharist Retreat:** March 5

Confirmation Retreat: March 25

**NET Retreat:** March 30

Mini Retreat Night Strengths, Charisms, and My Life: May 18

#### **SUMMER**

**Ignite Your Torch:** July 14-17

**MSI:** July 18-22

Steubenville: July 29-31

VBS: August 1-5

## **GROWING IN HOLINESS**

American Heritage Girls & Trail Life USA (K-12th)



AHG meets Monday afternoons @4:30pm in the parish center.

Contact Julie for AHG: nicholmarine@icloud.com

TLUSA meets Monday evenings @6:30pm in the parish center.



Contact Linda for TLUSA:
don.linda.anderson@comcast.net

DISCERNING GOD'S WILL
BY FR. LARRY RICHARDS
Discovering the will of God can be an intimidating challenge in the spiritual life.
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To set up your free account visit formed.org/signup and select our parish.

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**REMINDER:** When attending any function at the Annex (our house across the street), everyone must park in the Holy Redeemer parking lot across the street - not in the driveway or on the street! This is a promise we made to our neighbors and we want to honor it.

Please go to our website <u>www.holyredeemervan.org</u> and go to the Faith Formation Page for updates and resources.

#### **NEXT WEEK AT A GLANCE**

Sunday 2/27	Monday 2/28	Tuesday 3/1	Wednesday 3/2 Ash Wednesday	Thursday 3/3	Friday 3/4	Saturday 3/5
	4:30pm AHG (parish center)	Noon Tue. Exodus grp. (Zoom) 6:00pm mentor mtg. (Zoom) 6:30pm Sisterhood Night (annex) 7:00pm HS Endow (Zoom)	Day of Fast & Abstinence 7am, 11am, & 7pm Mass & Distribute Ashes (church)	9:15am Endow AM (parish center)  10:30am Bible Study AM (parish center)  Noon Thur. Magnify grp. (Zoom)  6:30pm Bible Study PM (parish center)	Day of Abstinence  10:00am Home School Co-op (parish center) 6:30pm YA Holy Hour & Gathering (church)	8:30am Sat. Exodus grp. (parish center) 8:45am Men of Faith (parish center) 11:00am Lenten SFSG Facilitator Training Trng (parish center) 12:30pm MS Eucharist Retreat (annex)

#### PARISH HAPPENINGS

#### **Hospitality is Coming Back!!!**



Finally we are allowed to return to having Hospitality after Mass, we coffee will have Hospitality after the 8:30 and 11 AM Masses

starting on March 6th. The Knights will return to serving meals after Mass on the third weekend of each month too! The first 2 weeks of Hospitality (March 6th and 13th) will be doughnut Sundays so we will not need home baked goods but of course they are always welcome. Starting on March 27th we will return to home baked goods, fruit, veggies...so if you like bringing food please call or e-mail the office so we can rebuild our list.

**Ash Wednesday** is March 2nd. Mass times are 7am, 11am, and 7pm. It is also a day of fasting and abstinence, please see the insert in the bulletin for more information on fasting and abstinence.

**Stations of the Cross:** We will have stations of the cross each Friday during Lent. This is a powerful devotion, please come and pray with your parish family if you can! Stations of the Cross starts at 5:30PM in the Church and lasts 30 minutes. March 4th at 5:30PM is the first Stations of the Cross this Lent, see you there!

**Soup Supper:** There will be no soup suppers this Lent!

The Parish Appeal for Seton Catholic is this weekend. The proceeds from this annual appeal support the school's Annual Fund, and keep Seton Catholic accessible to all families who desire a Catholic education for their children. If you have any questions about the school, Seton families will be in the Narthex after every mass. Your

support in any amount would be greatly appreciated! Thank you!

Thank you to the Seton students who spent 24 hours total weeding the north lawn and making the Holy Redeemer campus more beautiful!

**Family Promise:** Be a Saint-help the homeless right here in our community! Family Promise® of Clark County is a nonprofit organization committed to helping children and their families affected by homelessness in Clark County. Holy Redeemer is hosting a week of shelter for families from March 20-27th. If you can help, please signup now on the home page of our website if you can help!

Medjugorie Pilgrimage: A pilgrimage is a life-changing experience that will rekindle your faith, while building lasting friendships with parishioners. Learn about Medjugorje pilgrimage opportunities after Mass today in the narthex. Questions: Ken Paulsen (360-852-1088) or <a href="https://">https://</a>

#### We need the shirt off your back:

 ${
m VisitQueenOfPeace.com}$ 

The WINGS (Women in God's Service) sewing group is in need of Extra Large or larger men's plaid or printed shirts. These will be turned into adult men's meal aprons. Your help with this project is truly appreciated. Please leave them in the parish office. Any questions? Email maureend@q.com Thank you.

**40 Days for Life** begins on Wednesday, March 2<sup>nd</sup>. Pray, fast and offer life-affirming alternatives to abortion at Vancouver's local PP abortion center (NE 116th Ave one block north of Mill Plain.) Peaceful, prayerful and legal presence in public right of way. In person signups after Masses Feb. 26/27. Local contact Gerry at 360-831-7542 or email gerry1968@q.com. More info and online sign up at <a href="https://">https://</a>

www.40daysforlife.com/vancouver/

Adoration Chapel: Now you can come and adore HIM anytime from 7:30 Saturday morning to 7:30 Friday morning; the code to get in is the same as the code used overnight for adoration on Friday night/Saturday morning. If you need this code, please call the parish office or e-mail Ed Brands

at <u>edb@holyredeemervanc.org</u>.

#### <u>OTHER HAPPENINGS</u>

Rachel's Corner

#### Hope and Healing After Abortion

Brothers and sisters: Put on, as God's chosen ones, holy and beloved, heartfelt compassion, kindness, humility, gentleness, and patience, bearing with one another and forgiving one another, if one has a grievance against another; as the Lord has forgiven you, so must you also do." Colossians 3:12-13

Call for a compassionate, confidential conversation English: (206) 920-6413 / Español: (206)-450-7814

<u>www.ccsww.org/projectrachel</u>

#### Worldwide Marriage Encounter

Give, and gifts will be given to you; a good measure, packed together, shaken down, and overflowing, will be poured into your lap." Give the gift of your love to your spouse by attending our upcoming Worldwide Marriage Encounter experience on May 27-29 at Our Lady of Peace Retreat House in Beaverton, Oregon. To apply for your WWME Experience or search other dates go to rediscoverthespark.org. For information about WWME call 503-704-0836 or by email





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