

PARISH PERSONNEL:

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PASTORAL CONCERNS:

Baptisms: Please prepare for infant/child baptism by contacting the office at ext. 15. For adult baptisms, see RCIA.

Weddings: Please call the office at ext. 16. Do not set the date until you have talked to Mark MacKenzie.

Funerals: Contact the office at ext. 11.

RCIA (Becoming Catholic) and Learning About The Catholic Faith:

Everyone is invited to learn more about the faith or seek to become a Catholic. Contact parish office at ext. 16.

Annulments: Confidential help is available. Please call the parish office at ext.16.

Pastoral Care: Please contact the office at ext. 14 for ministry to the sick, homebound, disabled, incarcerated, or indigent.

CATHOLIC CEMETERY:

Mother Joseph 360-693-3052
1401 East 29th Street
Vancouver, WA 98660

WELCOME TO HOLY REDEEMER PARISH

AUGUST 22, 2021

TWENTY FIRST SUNDAY IN ORDINARY TIME

Pastor: Father Thomas Nathe



GLORIFY GOD AND SANCTIFY SOULS!

Website: www.holyredeemervanc.org

Telephone:

(360) 885-7780

Fax Number:

(360) 944-7560

Address:

17010 NE 9th Street,
Vancouver, WA 98684

Office Hours:

Monday-Friday 7:30am - 1:00pm

Church Open:

Daily 7:00am - 5:30pm

Mass Schedule:

Saturday Vigil 4:30pm

Sunday 7:30am, 9:30am, and 12:00pm (Noon)

Monday-Friday 7:00am

Saturday 8:00am

Rosary:

Saturday 7:40am and 4:10pm

Sunday 7:10am, 9:10am and 11:40am

Monday-Friday 7:30am

Confessions:

Friday 4:00-5:15pm

Saturday 2:30-4:15pm

Sunday 7-7:15am/8:45- 9:15am/11-11:45am

Eucharistic Adoration: Friday 7:30am —Saturday 7:30am

Please remember Holy Redeemer Parish in your will.

WEEK AT A GLANCE:

Sunday: 08/22

21st Sunday in Ordinary Time

Mass: 7:30am/9:30am/Noon

Confessions: 7am, 8:45am, 11am

6:00pm—Life is Christ ([Annex.](#))

6:00pm—Verso L'Alto ([parish ctr.](#))

Monday: 08/23

7:00am—Daily Mass

10:00am—Marian Movt. ([parish ctr.](#))

Noon—Angelus ([parish FB page](#))

5:00pm—Eve. Prayer ([parish FB page](#))

6:30pm—Endow PM ([Zoom](#))

Tuesday: 08/24

7:00am—Daily Mass

Noon—Angelus ([parish FB page](#))

5:00pm—Eve. Prayer ([parish FB page](#))

6:00pm—YA ([parish ctr.](#))

7:00pm—HS Endow ([Zoom](#))

Wednesday : 08/25

7:00am—Daily Mass

Noon—Angelus ([parish FB page](#))

5:00pm—Eve. Prayer ([parish FB page](#))

6:30pm—RCIA ([parish ctr.](#))

Thursday: 08/26

7:00am—Daily Mass

8:00am—Marian Movt. ([parish ctr.](#))

Noon—Angelus ([parish FB page](#))

5:00pm—Eve. Prayer ([parish FB page](#))

7:00pm—Landscaping cmt. mtg.
([church](#))

Friday: 08/27

7:00am—Daily Mass

7:30am—24 Hour Adoration

9:30am—Legion of Mary ([Annex.](#))

Noon—Angelus ([parish FB page](#))

3:00pm—Divine Mercy ([church](#))

3:00-5:15pm—Confessions ([church](#))

Saturday: 08/28

7:30am—Benediction

8:00am—Daily Mass

9:00am—Safe Environment trg.
([parish ctr.](#))

2:30-4:15pm—Confessions ([church](#))

4:30pm—Vigil Mass

5:15pm—AHG parent mtg.
([parish ctr.](#))

Sunday: 08/29

22nd Sunday in Ordinary Time

Mass: 7:30am/9:30am/Noon

Confessions: 7am, 8:45am, 11am

AHG parent mtg. after all the Masses

Readings for Sunday 08/29

Dt 4:1-2, 6-8

Ps 15:2-3, 3-4, 4-5

Jas 1:17-18, 21b-22, 27

Mk 7:1-8, 14-15, 21-23

Mass Intentions

Monday, August 23

Marleen Relativo-Tracy (health & healing)

Tuesday, August 24

Dorothy Russel

Wednesday, August 25

Frank Sobolewski +

Thursday, August 26

Peter Samwell +

Friday, August 27

Michael Russel +

Saturday, August 28

Veronica Kim +

Please remember in your prayers:

Max Beene, Christine Bolger, Carole Brown, Bonnie Craig, David Craig, Cece Evoniuk, Niko Falksted, Ed Gillis, Errol Graves, Alex Gustavson, Kathy Mosier, Sharon Pahl, Fran Plourd, Thomas Rohan, Frank Sobolewski +, Jody Valencia, Betty Wassick, and George Wetzel

Names stay on the prayer list for four weeks; please contact the parish office to extend the time frame.



Last Week (8/09-8/15)	Income
Assumption Sunday:	\$ 21,328.48
Realizing Hope:	\$ 1,539.00
St. Vincent de Paul:	\$ 290.00

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Celebrant for Masses

August 28:
4:30pm Fr. Nathe

August 29:
7:30 & 9:30am Fr. Nathe
Noon Fr. Martin

Important Links

Sunday Mass:

<https://vimeo.com/user109632820>

Daily Mass, Angelus, & Evening

Prayer: [parish Facebook page](#)

Pastor's Column

August 22nd, 2021

Stages of the Spiritual Life

Jesus Christ: yesterday, today, and forever,

After having been a priest for about five years I came across the stages of the spiritual life. That's right; I got none of this in my seminary formation! Having the knowledge that there is a path or way in the spiritual life, common to all saints, is super helpful – if you know what it is. One of my sabbatical goals was to explore the stages of the spiritual life; specifically to answer the question: how does one go from living in habitual mortal sin, to the highest state of holiness? I'm not the first to explore this topic; as one day on my sabbatical a monk simply handed me the information you're about to see.

There are three basic stages of the spiritual life (holiness), called the Purgative, Illuminative, and Unitive Ways. One passes from the lowest (purgative) to the highest (unitive) along a spectrum.

You'll notice as you read the first stage, purgative, that the person is already a practicing Catholic, with all that entails. So I've added a "pre-way" stage along the same lines as the others, to define what the moral and spiritual life of those who aren't even on the journey looks like. Please find where you are currently at and strive to improve. I hope this enlightens you as much as it has me.

I Love You in Christ,



Fr. Thomas Nathe

Pre-Way

Mortal Sin: Little to no resistance; may not be aware of them. Sometimes or frequently justifies the mortal sins they commit as not being serious or impossible to overcome. Does not avoid near occasions of sin. If they ever go to Confession, they are almost always incomplete (forgetting or ignoring many sins).

Venial Sin: Perpetually engages in them, frequently without being conscious of them.

Prayer: Sporadic or rare, or not at all. Only to ask God give them something (petition prayers).

Sacraments: Attends Mass on Sundays hit and miss, or rarely, or not at all. Confession is rare if at all.

Purgative Way

Underdeveloped

Mortal Sin: Weak resistance. Rarely avoids near occasions of sin, but seriously regrets having sinned, and makes adequate confessions.

Venial Sin: Considered insignificant and even at times embraced or desired. Hence the lukewarm state of the will. Does nothing whatever to prevent venial sin, or to pay attention enough to avoid it, or to uncover and uproot it when it is less conspicuous.

Prayer: From time to time, prayer will be still in an ad-hoc fashion. Spiritual fervency is inconsistent and fleeting. Prayer is far from habitual but is valued, even if minimally so. Prayer is usually either intermittently attentive vocal prayer or a petition-based focused on temporal needs and desires.

Sacraments: Attends Mass regularly and pursues confession more frequently.

Developing

Mortal Sin: Loyal resistance. Habitually avoids the near occasion of sin. Deeply regrets mortal sin when recognized. Does penance to make reparation.

Venial Sin: Sometimes deliberate. Puts up a weak fight. Sorrow is only superficial. Makes an examination of conscience, but without any method, preparation, or coherence.

Prayer: Practices vocal prayer regularly. Not yet firmly resolved to remain faithful to structured meditation (time, place, topic, and material). Gives up as soon as dryness is felt, or as soon as there is business to attend to.

Sacraments: Attends Mass daily and pursues confession at least quarterly.

More Developed

Mortal Sin: Never. At most very rare and only when taken suddenly by surprise and then, often it is to be doubted if the sin is mortal. It is followed by ardent feelings of guilt and a desire for penance.

Venial Sin: Vigilant in avoiding and fighting it and rarely deliberate. Intense sorrow, but does little by way of reparation. Consistent particular examen, but aiming only at avoidance of venial sin.

Imperfections: The soul either avoids uncovering them so as not to have to fight them, or else easily excuses them. Approves the thought of renouncing them, and would like to do so, but makes little effort in that direction.

Prayer: Consistently faithful to specific time and approach to prayer, no matter what happens. This prayer includes vocal prayer and meditation that is often affective. Alternating consolations and dryness, the latter endured with considerable hardship.

Sacraments: Always attends daily Mass if able. Pursues confession on a regular basis.

Illuminative Way

Underdeveloped

Venial Sin: Never deliberate. By surprise, sometimes, or with imperfect advertence. Keenly regretted and serious reparation made.

Imperfections: Wants nothing to do with them. Watches over them, fights them with courage and diligence in order to be more pleasing to God. Still, imperfections are sometimes accepted, though regretted at once. Frequent acts of renunciation. Particular examen aims at perfecting in a specific virtue.

Prayer: Vocal and mental prayer is constantly practiced and gladly prolonged. Prayer is often affective and the prayer of simplicity begins to emerge. Alternation between powerful consolations and fierce trials.

Sacraments: Fervently participates in daily Mass. Pursues confession on a semi-monthly basis. Imperfections are offered in confession for the purpose of obtaining the grace necessary to overcome them (i.e., devotional confession).

Developing

Imperfections: Guards against them energetically and with care and love. They only happen with half-advertence.

Prayer: Habitual life of prayer, even when occupied in external works. Thirst for self-renunciation, annihilation, detachment, and divine love. Hunger for the Eucharist and for Heaven. Graces of infused prayer, of different degrees. Often passive purification.

Sacraments: Fervently and joyfully participates in daily Mass. Fervently pursues confession on a semi-monthly basis. Imperfections are offered in confession for the purpose of obtaining the grace necessary to overcome them (i.e., devotional confession).

Unitive Way

Developing

Imperfections: Nothing but the first impulse.

Prayer: Supernatural graces of contemplation sometimes accompanied by extraordinary phenomena. Pronounced passive purifications. Contempt of self to the point of complete self-forgetfulness. Prefers suffering to joys.

Developed

Imperfections: Hardly apparent and rare.

Prayer: Frequently experience the transforming union.

*Adapted from: Burke, Daniel. Navigating the Interior Life.
Steubenville: Emmaus, 2012*

GROWING IN HOLINESS

FAITH FORMATION PROGRAM AND CONTACT INFORMATION

- ◆ Contact Melissa Abell at melissaa@holyredeemervanc.org
- ◆ To make an appointment: See Parish Personnel on the front page of the bulletin.

NEW TO HOLY REDEEMER?

Contact the Faith Formation Office to meet and discuss how we can work together to build God's Kingdom in East Vancouver! Sacramental needs? Education? Let us know how we can help. Contact Mark: 885.7780 ext. 16, markm@holyredeemervanc.org

RCIA (Becoming Catholic) and Learning About the Catholic Faith: Contact Mark MacKenzie to make an appointment at 885.7780 ext. 16, markm@holyredeemervanc.org

ADULTS

Anne, a lay apostle—Monthly Prayer Group : Anne, the author of *The Volumes*, received the message to have a prayer group meeting once a month. The Lay Apostle prayer group will be holding their next meeting on the second Tuesday of the month, at 10:00am in the parish center. If you are interested, contact Jean Marie Amos at 360.260.7352, or jmamos1@juno.com

St. Joseph Cenacle Apostolate: Members offer a weekly Holy Hour of prayers for our priests and will meet at 3pm on the third Wednesday of the month, in the parish center, as a group. If you would like to be a part of this exciting apostolate, email Sandra Koceja at ITEADIOSEPH2020@gmail.com

Men of Faith: All men in the parish are invited to attend our monthly gatherings. We meet on the first

Saturday of the month at 8:45am in the parish center. For more information or if you would like to be in the loop, contact Mark: markm@holyredeemervanc.org

Women's Spiritual Studies: Through their small groups, women are learning how to be the best version of themselves—made in the image and likeness of God—and reaching out to those around them. For more information: contact Jamie at jamiek@holyredeemervanc.org

Adult & Single: Vancouver Area Catholic Singles: Are you Single, Catholic and 27+ years young? Would you like to be part of a community of single Catholics in the Vancouver area? Join us on the 3rd Saturday of each month following the 4:30 Liturgy to share in a potluck, conversation and activities. Contact Mark: mas.itsagoodlife@gmail.com for more information.

HOME SCHOOLS

Aquinas Learning is a Catholic homeschooling curriculum and community for students PreK-12th grade. Our Vancouver center is a Catholic classical education mentoring program. AquinasLearning.com



Regina Caeli Academy is a private, independent, *University-Style Hybrid*® operating in the Catholic tradition. Preschool - 12th grade students attend classes two days a week, and homeschool the remaining days following the plans provided by RCA. To learn more, contact us at admissions@rcahybrid.org or 470.239.0259



Enrollment for Faith Formation is still open! We have all our classes in person this year. We are shaking some things up this year, ***so make sure to read the class descriptions carefully at the link below!*** <https://holyredeemervanc.org/parish-events/faith-formation-enrollment>

Don't miss out on this fun, vacation Bible school style component of our elementary faith formation program for enrolled children PreK-5th grade! Once a month, on Wednesday Nights from 5:00pm-6:30pm, children sing songs, play games, do crafts, eat snacks, and have their faith reinforced, build fellowship and grow in virtue. Planning and presenting is done by our amazing MS and HS Drovers. Save the Dates for Corral Today! 9/8, 10/6, 11/3, 12/15, 1/26, 2/23, 4/20, 5/18

Are you 6th through 12th grade and want to be a Drover? Drovers meet during the school year on Wednesdays three times a month from 5:00pm-6:00pm to plan the Corral nights. Students 6th grade and above are welcome to be a part of the Corral Leadership Team. From 6:00pm-6:30pm Drovers are welcome to join a potluck for dinner, and then 7th-8th grade youth have their faith formation from 6:30pm-8:00pm.

Contact Jamie or Katelyn with any questions:

jamiek@holyredeemervanc.org

katelyng@holyredeemervanc.org

GROWING IN HOLINESS

American Heritage Girls & Trail Life USA (K-12th):

Meetings will resume, stay tuned!

Contact Julie for AHG:

nicholmarine@icloud.com

Contact Linda for TLUSA:

don.linda.anderson@comcast.net



FORMED®

PICK OF THE WEEK

August 22, 2021

FORMED NOW: THE FEAST OF SAINT MONICA

Throughout her life, St. Monica constantly prayed for the conversion of Augustine, her beloved son. In a moment of desperation, she even asked for the bishop's help. In response, he said, "the son of those tears surely will not perish." Truly, as this bishop remarked, Monica's tearful prayers helped build her son into the Doctor of Grace. In this video, join Dr. Gray and Dr. Sehorn as they discuss more about this great Saint.



Free account: formed.org/signup and enter 98687 to select our parish

Please go to our website www.holyredeemervan.org and go to the Faith Formation Page for updates and resources.

NEXT WEEK AT A GLANCE

Sunday 08/22	Monday 08/23	Tuesday 08/24	Wednesday 08/25	Thursday 08/26	Friday 08/27	Saturday 08/28
	<p>6:30pm Endow PM (Zoom)</p>	<p>6:00pm YA grp. (parish ctr.)</p> <p>7:00pm HS Endow (Zoom)</p>	<p>6:30pm RCIA (parish ctr.)</p>			<p>9:00am Safe Environment training (parish ctr.)</p> <p>5:15pm AHG parent mtg. (parish ctr.)</p>

SAVE THE DATES

Fall Faith Formation Starts

September 12 & 15

PARISH HAPPENINGS

Parish Annual Report: This is available on our website.

Knights Meals: Due to rapidly rising COVID rate and new rules from our Governor's office the Knights Meals have been put on hold-Sorry!

Masking Policy Update: In accordance with our Governor's proclamation wearing a mask is strongly encouraged during Mass. You will not be turned away if you don't wear one!

Adoration Chapel is Open: For now the Adoration Chapel is open from 7am-5:30pm daily except Fridays since we have adoration in the Church on Fridays. Please remember that this is still very much a work in progress as we do not even have a plan for the final decoration of the Chapel yet.

American Heritage Girls (AHG): Calling all girls ages 5-18. AHG is back in session. AHG is a character development organization for girls at Holy Redeemer Catholic Parish. Girls learn how to be virtuous women of Christ while developing leadership skills and exploring the outdoors. We are having a parent orientation meeting in the parish hall after all the Saturday and Sunday Masses on the weekend of Aug 28th and 29th. The presentation will be about 30 minutes long, starting 10 minutes after Mass ends. If you are able, please RSVP to nicholmarine@icloud.com or text 520-349-2854.

Empty Nester Hiking: The Creaky Knees Club will be hiking the Ridgefield National Refuge Monday August 23. The group will meet at Holy Redeemer's west parking lot and car pool leaving promptly at 8:15AM. Bring a sack lunch, we will eat on the trail. We will be walking rain or shine, umbrellas are okay. For more information please call Bill Daudistel at 360-882-8371.

Safe Environment Training: All volunteers with youth and vulnerable adults can benefit from Safe Environment Training. Many volunteers are required to be Safe Environment trained. With Faith Formation classes starting up next month now is a great time to sign up for a class (if you haven't already attended one in the past). To see all of the dates and times classes are offered please go to www.virtus.org and click on the first time registrant button and then you can see a list of the classes offered. The initial training is in person and then every three years you can do an online refresher training that covers different areas of safe environment. For more information please contact Ed Brands at edb@holyredeemervanc.org

Calling all ushers, greeters, lectors, and extraordinary ministers of communion (EMs): We need you-please signup to serve through the end of September using this link: <https://www.signupgenius.com/go/8050444afa82aa46-sign9>

OTHER HAPPENINGS

Rachel's Corner

Hope and Healing After Abortion

"I can see clearly now how I have been trying to condemn myself and to punish myself, and now I understand that God and

my daughter forgive me, and I am finally beginning to forgive myself." - Testimonial

Do you feel and treat yourself differently since being involved in an abortion? Come and find out you don't have to live that way anymore. Come and be free of all of that and begin anew.

Call for a compassionate, confidential conversation.

Email projectrachel@ccsw.org. Visit us at www.ccsww.org/projectrachel

Considering Separation or Divorce? Wait! There is an alternative. Retrouvaille (pronounced retro-vi) has brought healing to tens of thousands of troubled marriages worldwide. Your situation may seem hopeless, but there is always hope, and you are not alone in your struggle. For confidential information about Retrouvaille, or to register for our upcoming VIRTUAL program on Sept. 16-19, 2021, call Mark and Ronnie at 206-706-2608 or go to www.helpourmarriage.org.

Prayer for rain: As the West continues to experience severe drought in many parts of the region, which is leading to depleted water supplies, water restrictions, forest fires and more hardships, the Metropolitan Archbishops from Los Angeles to Anchorage are asking everyone to prayerfully implore the Lord to send us rain.

Prayer for rain

O God, in whom we live and move and have our being, grant us sufficient rain, so that, being supplied with what sustains us in this present life, we may seek more confidently what sustains us for eternity.

Heavenly Father, we beg your protection, save us from the perils of drought and fire, so that we may continue to serve you in good health, safety, and peace. Through our Lord Jesus Christ, your son, who lives and reigns with you and the Holy Spirit, God, forever and ever. Amen.

Adapted Collect from the Roman Missal

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