PARISH PERSONNEL:

Administrator

Ed Brands, 360.885.7780, ext. 12 edb@holyredeemervanc.org

Business Manager

Kevin Greenlee, 360.885.7780, ext. 21 keving@holyredeemervanc.org

Pastoral Assistant for Music and Liturgy

Angela Lee, 360.885. 7780, ext. 14 angelay@holyredeemervanc.org

Faith Formation Director

Mark MacKenzie, 360.885.7780, ext. 16 markm@holyredeemervanc.org

Faith Formation Leaders

Jamie Kohler

jamiek@holyredeemervanc.org

Annie Cooper, 360.885.7780, ext. 15 anniec@holyredeemervanc.org

Katelyn Greenlee, 360.885.7780, ext. 13 katelyng@holyredeemervanc.org

FF Administrative Assistant

Melissa Abell, 360.885.7780, ext. 11 melissaa@holyredeemervanc.org

PASTORAL CONCERNS:

Baptisms: Please prepare for infant/child **Telephone:** baptism by contacting the office at ext. 15. **Fax Number:** For adult baptisms, see RCIA. **Address:**

Weddings: Please call the office at ext. 16. Do not set the date until you have talked to Mark MacKenzie.

Funerals: Contact the office at ext. 11.

RCIA (Becoming Catholic) and Learning About The Catholic Faith:

Everyone is invited to learn more about the faith or seek to become a Catholic.

Contact parish office at ext. 16. **Annulments:** Confidential help is available. Please call the parish office at ext. 16.

Pastoral Car

Pastoral Care: Please contact the office at ext. 14 for ministry to the sick, homebound, disabled, incarcerated, or indigent.

CATHOLIC CEMETERY:

Mother Joseph 360-693-3052 1401 East 29th Street Vancouver, WA 98660

WELCOME TO HOLY REDEEMER PARISH JULY 4, 2021 FOURTEENTH SUNDAY IN ORDINARY TIME

Pastor: Father Thomas Nathe



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Telephone: (360) 885-7780 **Fax Number:** (360) 944-7560

Address: 17010 NE 9th Street,

Vancouver, WA 98684

Office Hours: Monday-Friday 7:30am - 1:00pm

Church Open: Daily 7:00am - 5:30pm

Mass Schedule: Saturday Vigil 4:30pm

Sunday 7:30am, 9:30am, and 12:00pm (Noon)

Monday-Friday 7:00am

Saturday 8:00am

Rosary: Saturday 7:40am and 4:10pm

Sunday 7:10am, 9:10am and 11:40am

Monday-Friday 7:30am

Confessions: Friday 4:00-5:15pm

Saturday 2:30-4:15pm

Sunday 7–7:15am/8:45–9:15am/11-11:45am

Eucharistic Adoration: Friday 7:30am — Saturday 7:30am

Please remember Holy Redeemer Parish in your will.

WEEK AT A GLANCE:

Sunday: 07/04

14th Sunday in Ordinary Time

Mass: 7:30am/9:30am/Noon

Confessions in church: 7am, 8:45am, 11am

Monday: 07/05

Office Closed for 4th Holiday

7:00am—Daily Mass

Noon—Angelus (parish FB page)

5:00pm—Eve. Prayer (parish FB page)

Tuesday: 07/05

7:00am—Daily Mass

Noon—Angelus (parish FB page)

5:00pm—Eve. Prayer (parish FB page)

6:00pm—YA (parish ctr.)

Wednesday: 07/06

7:00am—Daily Mass

Noon—Angelus (parish FB page)

5:00pm—Eve. Prayer (parish FB page)

Thursday: 07/07

7:00am—Daily Mass

8:00am—Marian Movt. (Annex.)

Noon—Angelus (parish FB page)

5:00pm—Eve. Prayer (parish FB page)

Friday: 07/08

7:00am—Daily Mass

7:30am—24 Hour Adoration

Noon—Angelus (parish FB page)

3:00pm—Divine Mercy (church)

4:00-5:15pm—Confessions (church)

Saturday: 07/09

7:30am—Benediction

8:00am—Daily Mass

2:30-4:15pm—Confessions (Church)

4:30pm—Vigil Mass

Sunday: 07/10

15th Sunday in Ordinary Time

Mass: 7:30am/9:30am/Noon

Confessions in church:

7am, 8:45am,11am



Important Links

Sunday Mass:

https://vimeo.com/user109632820

Daily Mass, Angelus, & Evening Prayer:

parish Facebook page

Mass Intentions

Monday, July 5

AnaMaria Weinmuller

Tuesday, July 6

Laura & Bruce Siggins

Wednesday, July 7

Mary Jo and Tom Matthews

Thursday, July 8

Clare Parnel

Friday, July 9

Barry Parnel

Saturday, July 10

DeEtta Sturtevant +

Readings for Sunday 07/11

Am 7:12-15 Ps 85 (84):9ab-10, 11-12, 13-14 Eph 1:3-14 Mk 6:7-13

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Celebrant for Masses

July 10: 4:30pm Fr. Martin

July 11:

7:30am Fr. Woodman 9:30am & Noon Fr. Martin

Please remember in your prayers:

Max Beene, Christine Bolger, Carole Brown, Bonnie Craig, David Craig, Cece Evoniuk, Niko Falksted, Jaime Guerrero +, Ed Gillis, Errol Graves, Alex Gustavson, Kathy Mosier, Sharon Pahl, Fran Plourd, Thomas Rohan, Elizabeth Serafino+, Arthur Smith +, Jody Valencia, Betty Wassick, and George Wetzel

Names stay on the prayer list for four weeks; please contact the parish office to extend the time frame.



Last Week (6/21-6/27)	Income		
Sunday:	\$ 16,753.50		
Realizing Hope:	\$ 2,154.00		
St. Vincent de Paul:	\$ 125.00		



Pastor's Column

July 4th, 2021

The Precepts of the Catholic Faith Second of Seven Part Series

You can read the first part on our website www.holyredeemervan.org under 'pastor columns'

Jesus Christ: yesterday, today, and forever.

This week we continue our series on the Precepts of the Catholic Church: "pre" meaning "before", and "cept" meaning "life" – before there can be full life in God, these seven laws must be observed. Failure to live them out would constitute a mortal sin: when one has knowledge of them, and acts without undue coercion to disregard them. "The obligatory character of these positive laws decreed by pastoral authorities is meant to guarantee to the faithful the very necessary minimum in the spirit of prayer and moral effort, in the growth in love of God and neighbor". Catechism #2041. This week we continue working our way through them by exploring the second precept. They are listed here again as a reminder.

The Precepts of the Catholic Church

- 1. To attend Mass on Sundays and Holy Days of Obligation and resting from servile works.
- 2. To observe the days of abstinence and fasting.
- 3. To confess our sins to a priest, at least once a year.
- 4. To receive Our Lord Jesus Christ in the Holy Eucharist at least once a year during Easter Season.
- 5. To contribute to the support of the Church (tithing & volunteering).
- 6. To obey the laws of the Church concerning Matrimony.

To participate in the Church's mission of Evangelization of Souls.

For the Catholic Church in the U.S. at this time, abstinence means refraining from all different kinds of meats, minus fish; while fasting means reducing our portion of food to one normal meal and two smaller than normal (snacks). Historically it has meant much more than that; fasting on plain bread with water.

Why does the Church ask us to observe days (and times) of abstinence and fasting? Penance, spiritual focus, imitation of Christ, and self-mastery. We all owe God penance for our sins, and out of charity, penance for the sins of others – the criminal owes the one he has committed a crime against some form of restitution for the offense; spiritual focus because abstinence and fasting is a way for us to concentrate our focus upon him, especially in preparation for receiving Holy Communion; in imitation of Christ to become more like him and to prepare the way for important events; and finally because we have a need to overcome all our passions, and abstinence and fasting when honestly applied, aid us greatly in achieving self-mastery.

In the United States at this time, the U.S. Conference of Catholic Bishops has declared that the age of fasting is from the completion of the 18^{th} year to the beginning of the 60^{th} . The USCCB also allows the substitution of some other form of penance for abstinence on all of the Fridays of the year, except for those Fridays in Lent. Thus, the rules for fasting and abstinence in the U.S. are:

Every person 14 years of age or older must abstain from meat (and items made from meat) on Ash Wednesday, Good Friday, and all the Fridays of Lent.

Every person between the age of 18 and 59 must fast on Ash Wednesday and Good Friday.

Every person 14 years of age or older must abstain from meat on all other Fridays of the year, unless he or she substitutes some other form of penance for abstinence.

Every person is to fast from all food at least one hour before reception of Holy Communion.

Exceptions to these rules on abstinence and fasting would be illness, pregnancy, nursing, a medical condition (diabetes, etc.), and when it would seriously interfere with our responsibilities. When any of these are the case, in the spirit of the precept, it is expected that we give up something else (texting, internet, music, TV, etc.).

Next week: precept #3.

In Shown Author

May Our Lord and His Blessed Mother Keep You,

Fr. Thomas Nathe

GROWING IN HOLINESS

FAITH FORMATION PROGRAM AND CONTACT INFORMATION

- Contact Melissa Abell at melissaa@holyredeemervanc.org
- To make an appointment: See Parish Personnel on the front page of the bulletin.

NEW TO HOLY REDEEMER?

Contact the Faith Formation Office to meet and discuss how we can work together to build God's Kingdom in East Vancouver! Sacramental needs? Education? Let us know how we can help. Contact Mark: 885.7780 ext. 16, markm@holyredeemervanc.org

RCIA (Becoming Catholic) and Learning About the Catholic

Faith: Contact Mark MacKenzie to make an appointment at 885.7780 ext. 16, markm@holyredeemervanc.org

ADULTS

Anne, a lay apostle—Monthly Prayer Group: Anne, the author of *The Volumes*, received the message to have a prayer group meeting once a month. The Lay Apostle prayer group will be holding their next meeting on the second Tuesday of the month, at 10:00am in the parish center. If you are interested, contact Jean Marie Amos at 360.260.7352, or

<u>jmamos1@juno.com</u>

St. Joseph Cenacle Apostolate:



Members offer a weekly Holy Hour of prayers for our priests and will meet at 3pm on the third Wednesday of the month in the parish center, as a

group. If you would like to be a part of this new and exciting apostolate, email Sandra Koceja at

ITEADIOSEPH2020@gmail.com

Men of Faith: All men in the parish are invited to attend our monthly gatherings. We meet on the first Saturday of the month at 8:45am in the parish center. For more information or if you would like to be in the loop, contact Mark: markm@holyredeemervanc.org

Women's Spiritual Studies:

Through their small groups, women are learning how to be the best version of themselves—made in the image and likeness of God—and reaching out to those around them. For more information: contact Jamie at jamiek@holyredeemervanc.org

YOUNG ADULTS

Young Adult Study: Are you a young adult? Join us on the 1st, 2nd, and 3rd Tuesday of every month in the Parish Center. Be sure to wear a mask, as we observe our COVID-19 safety procedures. Questions? Contact Katelyn Greenlee at katelyn@holyredeemervanc.org. Looking forward to seeing you there!

ELEMENTARY SCHOOLERS

Vacation Bible School: August 2-6, PreK-5th Grade Join us for Immersed - a voyage to discover the truth of the Sacrament of Baptism! On the journey, we will discover God's great love for us as His Children as we explore the stories of Moses and Jesus. We will be using the story of Moana for examples and will be our fun backdrop for the week! See <a href="https://holped.com/holped-

Fall Faith Formation Enrollment:

Enrollment for Elementary Faith Formation is now open! We plan to have all our classes in person this year. Register before August 15th to receive a discount. You can register here: holyredeemervan.org/parish-events/faith-formation-enrollment

MIDDLE SCHOOLERS HIGH SCHOOLERS

Join us this summer for our Summer Mission Project. We will be participating in VBS in the Morning, and during the afternoons we will spend time as a community learning about mission as well as preparing for our own mission project. Sign up using the Summer Volunteer form on our website.

HOME SCHOOLS



Aquinas Learning is a
Catholic homeschooling
curriculum and community
for students PreK-12th
grade. Our Vancouver

center is a Catholic classical education mentoring program.

AquinasLearning.com

Regina Caeli Academy

www.rcahybrid.org provides a classical, hybrid education in the Catholic tradition for Pre K3- 12th grade students. Lesson plans for home days are included and optimized for inhome education.



Saint Maria Goretti July 6th

GROWING IN HOLINESS

American Heritage Girls &

Trail Life USA (K-12th):

Meetings are on hold.

Contact Julie for AHG: nicholmarine@icloud.com

Contact Linda for TLUSA: don.linda.anderson@comcast.net





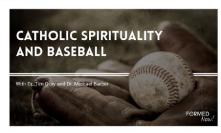
FORMED°

PICK OF THE WEEK

July 4, 2021

FORMED NOW! CATHOLIC SPIRITUALITY AND BASEBALL

What better time to discuss America's favorite pastime than the week of July 4? Believe it or not, baseball can shed much light on our spiritual lives through its familiar images. In this video, Dr. Tim Gray and Dr. Michael Barber discuss how these seemingly opposite topics relate to one another. After watching this, you'll be reminded of your mission: to be safe at home!



Free account: formed.org/signup and enter 98687 to select our parish

Please go to our website <u>www.holyredeemervan.org</u> and go to the Faith Formation Page for updates and resources.

NEXT WEEK AT A GLANCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
07/04	07/05	07/06	07/07	07/08	07/09	07/10
	Office Closed	6:00pm YA grp. (parish ctr.)				

SAVE THE DATES

HS Ignite Your Torch NW VBS HS Mission

July 16-17 August 2-6 August 2-6

PARISH HAPPENINGS

Thank You: A big THANKS to everyone that has made a pledge to the Annual Catholic Appeal so far, we have exceeded our goal which means the we will receive over \$75,000 in rebates from the Archdiocese which will be used to pay down the loan on our new Adoration Chapel. If you have not made a pledge yet it's not too late and every dollar you donate to the ACA will be used to pay down our debt. Father Nathe was so happy to hear we were over our goal-please keep him in your prayers.

Church Completion Update: We will be working on the floor in the Adoration Chapel this coming weekwe are getting very close to being ready to use it-we will keep you posted.

Heat Wave: All of our plants survived and most thrived in spite of record breaking temperatures but we sure had to keep watering them up to 4 times a day.

Calling all ushers, greeters, lectors, and extraordinary ministers of communion (EMs):

We need you-please signup to serve through the end of June using this link: https://www.signupgenius.com/go/8050444afa82aa46-sign9

Holy Water: Holy Water is back in our Baptistery and at the church doors now. We are continually getting back to how things used to be. Please come back to Mass now if at all possible-we miss you!

We will continue to record the Masses so that those who cannot attend may participate at home.

Staying Close to Jesus

Angelus: We live stream the Angelus and prayer to Our Lady of Seattle for the end of the coronavirus Monday through Friday at noon and we invite you to join. The prayers are streamed through Facebook Live on our <u>parish</u>

Facebook page. You do not need a Facebook account to view the stream. Facebook may prompt you to create an account, but you can simply say "Not Now" and watch the video.

Evening Prayer: To help those at home stay close to Jesus, we have taken this ministry online and are making it more frequent. Join us Monday through Thursday at 5:00pm for Evening Prayer. The prayers are streamed through Facebook Live on our parish Facebook page. Download This Week's Evening Prayers Here

OTHER HAPPENINGS

Rachel's Corner

Hope and Healing After Abortion

"As a man this is something we don't talk about, even with our closest friends. For years I privately carried the guilt, shame and regret over the loss of my child. Attending the retreat allowed me to finally open up and share with others that have been down the same road. Through this I was able to open my heart to receiving God's forgiveness." - Testimonial

Once we find a safe place in which to release that burden we carry, we make room for the healing to begin.

Call for a compassionate, confidential conversation.

Email <u>projectrachel@ccsww.org</u>. Visit us at <u>www.ccsww.org/projectrachel</u>

Marriage in Crisis: No matter how much you're hurting, no marriage is beyond hope! Are you struggling in your marriage, or do you know someone who is? Are you disillusioned? Frustrated? Do you struggle with trust or forgiveness? Are you considering separation or divorce? Have you lost hope??

Let Retrouvaille Help! www.helpourmarriage.org

St. Vincent de Paul in Vancouver has been successful in reopening our doors to our families in mid-April! After many



months of pre-filling our food boxes and distributing food outside during the pandemic, we are delighted to share that we have switched to a full shopping style food pantry. Our families and individuals feel empowered to choose and select foods based on preference and there is less food waste. This has provided overall joy and satisfaction for our clients and their dignity. We are also excited to share that we were awarded a grant to purchase a much larger capacity walk in cooker and freezer; and we are scheduled to put into place a new, larger walk-in freezer and a walk-in cooler, replacing our aging units.

Job Opportunity: St. John the Evangelist, Vancouver, Washington, is seeking applications for a bookkeeper. For a full job description and application, please check the parish website at www.stjohnvancouver.org then click on the Employment at the left.



Independence Day Prayer

God, source of all freedom, this day is bright with the memory of those who declared that life and liberty are your gift to every human being.

Help us to continue a good work begun long ago. Make our vision clear and our will strong: that only in human solidarity will we find liberty, and justice only in the honor that belongs to every life on earth.

Turn our hearts toward the family of nations: to understand the ways of others, to offer friendship, and to find safety only in the common good of all.

We ask this through Christ our Lord. R. Amen

-Catholic Household Blessings



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