

PARISH PERSONNEL:

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FF Administrative Assistant

Melissa Abell, 360.885.7780, ext. 11
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PASTORAL CONCERNS:

Baptisms: Please prepare for infant/child baptism by contacting the office at ext. 15. For adult baptisms, see RCIA.

Weddings: Please call the office at ext. 16. Do not set the date until you have talked to Mark MacKenzie.

Funerals: Contact the office at ext. 11.

RCIA (Becoming Catholic) and Learning About The Catholic Faith:

Everyone is invited to learn more about the faith or seek to become a Catholic. Contact parish office at ext. 16.

Annulments: Confidential help is available. Please call the parish office at ext.16.

Pastoral Care: Please contact the office at ext. 14 for ministry to the sick, homebound, disabled, incarcerated, or indigent.

CATHOLIC CEMETERY:

Mother Joseph 360-693-3052
1401 East 29th Street
Vancouver, WA 98660

WELCOME TO HOLY REDEEMER PARISH

FEBRUARY 21, 2021

FIRST SUNDAY IN LENT

Pastor: Father Thomas Nathe



GLORIFY GOD AND SANCTIFY SOULS!

Website: www.holyredeemervanc.org

Telephone:	(360) 885-7780
Fax Number:	(360) 944-7560
Address:	17010 NE 9th Street, Vancouver, WA 98684
Office Hours:	Monday-Friday 7:30am - 1:00pm
Church Open:	Daily 7:00am - 5:30pm
Mass Schedule:	Saturday Vigil 4:30pm
(You Must sign-up	Sunday 7:30am, 9:30am, and 12:00pm (Noon)
for Sunday Mass-see	Monday-Friday 7:00am
Website to sign up!)	Saturday 8:00am
Rosary:	Saturday 7:40am and 4:10pm
	Sunday 7:10am, 9:10am and 11:40am
	Monday-Friday 7:30am
Confessions (in St. Cecilia):	Friday 4:00-5:15pm
	Saturday 2:30-4:15pm
	Sunday 7-7:15am/8:45-9:15am/11-11:45am
Eucharistic Adoration:	Friday 7:30am —Saturday 7:30am

Please remember Holy Redeemer Parish in your will.

WEEK AT A GLANCE:

Sunday: 02/21

Mass 7:30am/9:30am/Noon
Confessions in St. Cecilia room
7am, 8:45am, 11am
4:00pm—6th gr. RE (Zoom)
6:00pm—HS RE (Zoom)
6:00pm—7&8th gr. Confirmation (Zoom)
6:00pm—8th gr. Mystagogy (Zoom)

Monday: 02/22

7:00am—Daily Mass
10:00am—Marian Movement (parish ctr.)
Noon—Angelus (parish FB page)
5:00pm—Eve. Prayer (parish FB page)
6:30pm—Endow PM (Zoom)

Tuesday: 02/23

7:00am—Daily Mass
Noon—Angelus (parish FB page)
5:00pm—Eve. Prayer (parish FB page)
7:00pm—Endow HS (Zoom)

Wednesday : 02/24

7:00am—Daily Mass
Noon—Angelus (parish FB page)
5:00pm—Eve. Prayer (parish FB page)
6:30pm—RCIA (Zoom)

Thursday: 02/25

7:00am—Daily Mass
9:00am—Endow AM (parish ctr. & Zoom)
Noon—Angelus (parish FB page)
5:00pm—Eve. Prayer (parish FB page)

Friday: 02/26

7:00am—Daily Mass
7:30am—24 hour Adoration
Noon—Angelus (parish FB page)
3:00pm—Divine Mercy (Church)
4:00-5:00pm—Confessions (St. Cecilia rm.)
5:30pm—Stations of the Cross

Saturday: 02/27

7:30am—Benediction
8:00am—Daily Mass
2:30-4:15pm—Confessions (St. Cecilia rm.)
4:30pm—Vigil Mass

Sunday: 02/28

Mass 7:30am/9:30am/Noon
Confessions in St. Cecilia room
7am, 8:45am, 11am
3:00pm—7th-12th grd Mentor mtg (Zoom)
4:00pm—6th gr. RE (Zoom)
6:00pm—HS RE (Zoom)

Mass Intentions

Monday, February 22

Yang Hyun Kee +

Tuesday, February 23

Gary Carlson +

Wednesday, February 24

Greg Coughlin

Thursday, February 25

Robert & Lorraine Kilian

Friday, February 26

Gary Carlson +

Saturday, February 27

Elizabeth Serafino +

Readings for Sunday 02/28

Gen 22:1-2
Ps 116 (115):10and 15, 16-17, 18-19
Rom 8:31b-34
Mk 9:2-10

Important Links

Sunday Mass:
<https://vimeo.com/user109632820>
Daily Mass, Angelus, & Evening Prayer:
[parish Facebook page](#)
[Sign up to attend Sunday Mass](#)

Celebrant for Masses

February 27:
4:30pm Fr. Nathe

February 28:
7:30am Fr. Martin
9:30am & Noon Fr. Nathe

Please remember in your prayers:

Christine Bolger, Carole Brown, Gary Carlson +, Bonnie Craig, David Craig, Ralph Dehler +, Ed Gillis, Errol Graves, Gail Green-Pinzone +, Alex Gustavson, Geraldine Holmdohl +, Bethany Howell, Frank Lee +, Su Moran, Eloy San Nicolas +, Matthew Peterson +, Fran Plourd, Stella Reynolds, Elizabeth Serafino+, Jody Valencia, Betty Wassick, and George Wetzel

Names stay on the prayer list for four weeks; please contact the parish office to extend the time frame.



Last Week (2/8-2/14)	Income
Sunday:	\$ 23,768.48
Realizing Hope:	\$ 1,734.00
St. Vincent de Paul:	\$ 162.00



Pastor's Column

February 21st, 2021

The Eucharist

Part 10 of 20

Jesus Christ: Yesterday, Today, and Forever ~

Today we continue our twenty part series on the Eucharist, using Trent Horn's book: *20 Answers – The Eucharist*. In case you missed any of the first nine, you can find them here <https://www.holyredeemervan.org/documents/collection/pastor-s-column>. This is in keeping with Archbishop Etienne's pastoral letter on the Eucharist that you can find here (in case you missed it) <http://www.seattlearchdiocese.org/Assets/ARCH/NWC-Feature-ABE-Pastoral-Letter-snglpg.pdf>. Enjoy.

May God Bless You,



Fr. Thomas Nathe

Trent Horn, *20 Answers – The Eucharist*. Catholic Answers Press. 2015. Used with permission. You can purchase the book here <https://shop.catholic.com/20-answers-the-eucharist/> and find other great Catholic resources here <https://catholic.com>.

Question #10:

Why do Catholics sacrifice Christ in the form of the Eucharist when Scripture plainly teaches that Christ has been sacrificed “once and for all”?

There is no contradiction in Masses being called a holy sacrifice and Scripture's testimony that Christ was offered as a sacrifice *once* on Calvary to atone for sins. The resolution of this apparent contradiction is found in the fact that Christ is not sacrificed anew at every Mass, but *re-presented* to the Father for the atonement of sin. According to Pope St. John Paul II, “The Eucharist is indelibly marked by the event of the Lord's Passion and death, of which it is not only a reminder but the sacramental re-presentation. It is the sacrifice of the Cross perpetuated down the ages.”

The letter to the Hebrews is clear that, unlike the animal sacrifices of the Old Testament, Christ's sacrifice was perfect and does not need to be repeated on a continual basis. In other words, Christ does not have to be crucified again and again in order to atone for our sins. Hebrews 9:27-28 says that “just as it is appointed for men to die once, and after that comes judgment, so Christ, having been offered once to bear the sins of many.”

Romans 8:34 says, “Christ Jesus who died – more than that, who was raised to life – is at the right hand of God and is *also interceding for us* [emphasis added].” But if Christ's one sacrifice was accomplished at the Crucifixion and was completely sufficient to take away sin, then why would Christ be interceding for Christians thirty years after his Crucifixion, when Paul wrote his letter to the Romans?

The answer lies in the distinction between “bloody” and “unbloody” sacrifice. Christ offered only one “bloody” sacrifice, when he, the sacrificial victim, was painfully slain. This one perfect sacrifice is continually re-presented to the Father in an unbloody way through the miracle of the Eucharist. Hebrews

13:10 even reveals that Christians “have an altar from which those who serve the tent have no right to eat.” If Christ were only “sacrificed once,” then Christians would not have any sacrificial altars since there would be no need for other sacrifices. Instead, this means that Jewish priests who serve in the temple may not partake in the unbloody Eucharistic sacrifice that is offered on Christian altars.

The early Church Fathers taught that the Eucharist was a sacrifice offered by priests for the forgiveness of sins. The first-century author of the *Didache* advised Christians to “break bread and offer the Eucharist; but first make confession of your faults, so that your sacrifice may be a pure one.” The Church Fathers understood that Christ’s role as our high priest (Heb. 4:14-16) did not take away from the new ministerial priesthood in Christ. In the third century, St. Cyprian of Carthage said, “If Christ Jesus, our Lord and God, is himself the high priest of God the Father; and if he commanded that this be done in commemoration of the himself, then certainly the priest, who imitates that which Christ did, truly functions in place of Christ.”

St. Augustine gives us a clear example of how our belief in Christ’s unique sacrifice on the cross can be represented in the liturgy of the Mass. He said, “Was not Christ once for all offered up in his own person as a sacrifice? And yet, is he not likewise offered up in the sacrament as a sacrifice, not only in the special solemnities of Easter, but also daily among our congregations; so that the man who, being questioned, answers that he is offered as a sacrifice in that ordinance, declares what is strictly true? For if sacraments had not some points of real resemblance to the things of which they are the sacraments, they would not be sacraments at all.”



*Keeping
a Holy Lent*

LENTEN OBLIGATIONS

CONFESSION

Two of the precepts of the Church are to go to Confession at least once a year, and to receive Holy Communion in a state of grace during the Easter season. In order to receive Holy Communion, one must be in a state of grace, meaning: not aware of committing a mortal sin since your last Confession. Receiving Holy Communion shortly after confessing your sins makes sense because you are in a state of grace.

Therefore, Lent is a perfect time to go to Confession and receive Holy Communion on Easter, or the weeks shortly thereafter, while still in a state of grace. This has traditionally been known as the Easter obligation.

Please be sure to read through our “How to go to Confession Guide” for an excellent examination of conscience. They can be found in the pews or in the holders outside of the Confessionals.

Remember, all the great saints went to Confession weekly or every other week. There is as much grace in the sacrament of Confession as there is in the sacrament of Holy Communion (Eucharist).

FAST & ABSTINENCE

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal. Two smaller meals may also be taken, but not to equal a full meal. The norms concerning abstinence from meat include children age 14 and older.

If you are healthy enough, you may fast on bread and water on these days as the Church has done from the time of the Apostles.

GROWING IN HOLINESS

FAITH FORMATION PROGRAM AND CONTACT INFORMATION

- ◆ Contact Melissa Abell at melissaa@holyredeemervanc.org
- ◆ To make an appointment: See Parish Personnel on the front page of the bulletin.

NEW TO HOLY REDEEMER?

Contact the Faith Formation Office to meet and discuss how we can work together to build God's Kingdom in East Vancouver! Sacramental needs? Education? Let us know how we can help. Contact Mark: 885.7780 ext. 16, markm@holyredeemervanc.org

RCIA (Becoming Catholic) and Learning About the Catholic Faith: Contact Mark MacKenzie to make an appointment at 885.7780 ext. 16, markm@holyredeemervanc.org
Pilgrimage to Medjugorje: There will be a pilgrimage to Medjugorje through the Visit Queen of Peace group in June 2021. For more information, at <http://www.visitqueenofpeace.com/>

ADULTS

Lenten Small Groups: This year, we will be doing a video series called The Search presented by Real Life Catholic and the Augustine Institute. The videos will be free to access with a Formed.org account. To sign up for a group, visit www.holyredeemervanc.org. To sign up to access the videos, go to Formed.org and register for a free account: formed.org/signup and enter 98687 to select our parish

Anne, a lay apostle—Monthly Prayer Group : Anne, the author of *The Volumes*, received the message to

have a prayer group meeting once a month. The Lay Apostle prayer group will be holding their next meeting the second Tuesday of the month, at 10:00am via Zoom and in the parish center. If you are interested, contact Jean Marie Amos at 360.260.7352, or Jean_Amos@q.com

New Apostolate: St. Joseph Cenacle Apostolate has come to Holy Redeemer! We are living in perilous times where the powerful forces of darkness seek to undermine the Church and priesthood, creating confusion, discouragement, and despair. Members offer a weekly Holy Hour of prayers for our priests and will meet at 3pm on the third Wednesday of the month as a group. If you would like to be a part of this new and exciting apostolate, email Sandra Koceja at ITEADIOSEPH2020@gmail.com

Men of Faith: All men in the parish are invited to attend our monthly gatherings. We meet on the first Saturday of the month at 8:45am in the parish center. For more information or if you would like to be in the loop, contact Mark: markm@holyredeemervanc.org

Women's Spiritual Studies: Through their small groups, women are learning how to be the best version of themselves—made in the image and likeness of God—and reaching out to those around them.

Thursday Endow will now meet in person in the parish center & on Zoom, and Monday Endow will continue to meet online. We are continuing our spiritual book studies. For Monday Night Endow: Discovering Your Dignity. For more information: contact Jamie at jamiiek@holyredeemervanc.org

YOUNG ADULTS

Lenten Study: Our Young Adult group meets regularly on the 1st, 2nd, and 3rd Tuesday of every month at 6:00pm in the Parish Center. We are currently observing all recommended COVID-19 safety procedures, including social distancing and masking. See below for more information on our current program of study. The Holy Redeemer Young Adult Group will be reading the book [The Road of Hope: A Gospel from Prison](#) throughout Lent and beyond. All you need to do to participate is pick up a copy of the book and come prepared to read and discuss. We look forward to seeing you there.



YA Retreat: With a Father's Heart: A Retreat on St. Joseph Young adults in their 20's and 30's are invited to join

the Portland Chapter of Young Catholic Professionals for our Lenten retreat focused on St. Joseph on Saturday, February 27 at St. Edward's Catholic Church in Keizer, beginning at 8:30 a.m. and ending by 1 p.m. The day includes Adoration, Confession, Mass, small group discussion, and reflections on St. Joseph given by Rolando Moreno from the Archdiocese of Portland. **Please register by February 22 at YCPPortland.org.** The retreat is free, but donations are encouraged. If you are interested in supporting this retreat through a sponsorship, or if you have any questions, please contact info@ycppportland.org.

GROWING IN HOLINESS

American Heritage Girls
&
Trail Life USA (K-12th):

Meetings are on hold.

Contact Julie for AHG:
nicholmarine@icloud.com

Contact Linda for TLUSA:
don.linda.anderson@comcast.net



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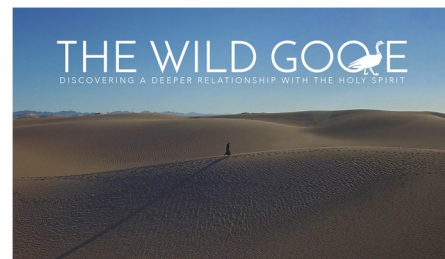
PICK OF THE WEEK

February 21, 2021

WATCH

THE WILD GOOSE: EPISODE 10
THE SPIRIT AND THE DESERT

Sometimes we might feel like we're stuck in spiritual deserts. In this episode of The Wild Goose, Fr. Dave Pivonka shares how the Holy Spirit is present even in these times of desolation.



Free account: formed.org/signup and enter 98687 to select our parish

Please go to our website www.holyredeemervan.org
and go to the Faith Formation Page for updates and resources.

NEXT WEEK AT A GLANCE

Sunday 02/21	Monday 02/22	Tuesday 02/23	Wednesday 02/24	Thursday 02/25	Friday 02/26	Saturday 02/27
<p>6th gr. RE (Zoom) 4:00pm</p> <p>HS RE (Zoom) 6:00pm</p> <p>7&8th gr. Confirmation (Zoom) 6:00pm</p> <p>8th gr Mystagogy (Zoom) 7:00pm</p>	<p>Endow PM (Zoom) 6:30pm</p> <p>Confirmation Retreat Confirmation</p>	<p>HS Endow (Zoom) 7:00pm</p>	<p>RCIA (Zoom) 6:30pm</p> <p>March 12-14 (details coming soon) May 20</p>	<p>Endow (Parish Ctr. & Zoom) 9:00am</p>	<p>Stations of the Cross (Church) 5:30pm</p>	

SAVE THE DATES

PARISH HAPPENINGS

Office Hours: Our offices are open Monday-Friday from 7:30am-1:00pm. Be advised that we will have limited staff and we strongly encourage you to use the internet, e-mail, and phone as much as possible but when you need to come in, we will be here for you. You have to wear a mask and maintain 6' of distance and obey all other signs while in any of the buildings. Please keep your visits as short as possible so that we can help everyone and keep everyone healthy.

Stations of the Cross: You *do not* need to sign up! We will be continuing our tradition of praying the **Stations of the Cross on the Fridays of Lent at 5:30pm** in the church. Masks and physical distancing will be in effect. We hope to see you there! There is no sign up!

There will be no soup supper.

Staying Close to Jesus

Angelus: We live stream the Angelus and prayer to Our Lady of Seattle for the end of the coronavirus Monday through Friday at noon and we invite you to join. The prayers are streamed through Facebook Live on our [parish Facebook page](#). You do not need a Facebook account to view the stream. Facebook may prompt you to create an account, but you can simply say "Not Now" and watch the video.

Evening Prayer: To help those at home stay close to Jesus, we have taken this ministry online and are making it more frequent. Join us Monday through Thursday at 5:00pm for Evening Prayer. The prayers are streamed through Facebook Live on our [parish Facebook page](#). [Download This Week's Evening Prayers Here](#)

Public Masses: You have to sign up in advance to attend Sunday Mass. You can sign up by going to our home page and clicking on the button for Sunday Mass. [Be sure to read all of the](#)

[requirements on the signup and its attachments before signing up!](#) We will continue to record the Masses so that those who cannot attend may participate at home.

LENT

Pray + Fast + Give

OTHER HAPPENINGS

Rachel's Corner

Hope and Healing After Abortion

"Only he will receive, will find, and will enter who perseveres in asking, seeking and knocking." - St. Louis de Montfort

After having been through the pain of an abortion decision, it can be hard to persevere in asking for help. Feeling very alone, and the shame can feel like a locked door and no courage to knock. Call and discover how the door is already open and we are waiting for you. Call for a compassionate, confidential conversation and learn about our virtual healing opportunities. Email projectrachel@ccsw.org. Visit us at www.ccsw.org/projectrachel

Marriage in Crisis: No matter how much you're hurting, no marriage is beyond hope! Are you struggling in your marriage, or do you know someone who is? Are you disillusioned? Frustrated? Do you struggle with trust or forgiveness? Are you considering separation or divorce? Have you lost hope?? Let Retrouvaille Help!

For confidential information, or to register for our upcoming VIRTUAL weekend Feb. 25-28, 2021, call Mark and Ronnie at 206-706-2608 or go to www.helpourmarriage.org

40 Days for Life: 2021 Spring Campaign began Feb. 17. Pray, fast and offer alternatives to save lives, hearts and souls from the violence of abortion and help broken hearts heal after

abortion. Those unable to attend the prayer vigil should pray at their usual day/hour at home and offer sacrifices. The Good Lord will hear and see and answer.

More info at

<https://www.40daysforlife.com/local-campaigns/vancouver/>

Questions? Contact Local Coordinator Gerry Parmantier
Call/text 360-831-7542 or email gerry1968@q.com

REMINDER

St. Vincent DePaul is **NOT** accepting clothing, blankets, and coats. **PLEASE** do not place these items in the SVDP bin in the Narthex. The bin is for food **ONLY**. If you have clothing in good and clean condition bring them to Goodwill. Thank you.



**Monday February 22
is the Feast of the Chair of
Saint Peter the Apostle**

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