#### **PARISH PERSONNEL:**

Administrator

Ed Brands, 360.885.7780, ext. 12 edb@holyredeemervanc.org

**Business Manager** 

Kevin Greenlee, \$60.885.7780, ext. 21 keving@holyredeemervanc.org

Pastoral Assistant for Music and Liturgy

Liturgy Angela Lee, 360.885. 7780, ext. 14 angelay@holyredeemervanc.org

Faith Formation Director

Mark MacKenzie, 360.885.7780, ext. 16 markm@holyredeemervanc.org

**Faith Formation Leaders** 

Jamie Kohler

jamiek@holyredeemervanc.org

Annie Cooper, 360.885.7780, ext. 15 anniec@holyredeemervanc.org

FF Administrative Assistant

Melissa Abell, 360.885.7780, ext. 11 melissaa@holyredeemervanc.org

#### **PASTORAL CONCERNS:**

**Baptisms:** Please prepare for infant/child baptism by contacting the office at ext. 15. For adult baptisms, see RCIA. Telephone:

Weddings: Please call the office at ext. 16. Do not set the date until you have talked to Mark MacKenzie.

**Funerals:** Contact the office at ext. 11.

RCIA (Becoming Catholic) and Learning About The Catholic Faith:

Everyone is invited to learn more about the faith or seek to become a Catholic.

Contact parish office at ext. 16.

**Annulments:** Confidential help is available. Please call the parish office at

ext.16.

**Pastoral Care:** Please contact the office at ext. 14 for ministry to the sick, homebound, disabled, incarcerated, or indigent.

#### **CATHOLIC CEMETERY:**

Mother Joseph 360-693-3052 1401 East 29th Street Vancouver, WA 98660

#### WELCOME TO HOLY REDEEMER PARISH FEBRUARY 14, 2021 SIXTH SUNDAY IN ORDINARY TIME

Pastor: Father Thomas Nathe



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Address: 17010 NE 9th Street, Vancouver, WA 98684

Office Hours: Monday-Friday 7:30am - 1:00pm

Church Open: Daily 7:00am - 5:30pm

Mass Schedule: Saturday Vigil 4:30pm

(You Must sign-up Sunday 7:30am, 9:30am, and 12:00pm (Noon)

for Sunday Mass-see Monday-Friday 7:00am

Website to sign up!) Saturday 8:00am

**Rosary:** Saturday 7:40am and 4:10pm

Sunday 7:10am, 9:10am and 11:40am

Monday-Friday 7:30am

Confessions (in St. Cecilia): Friday 4:00-5:15pm

Saturday 2:30-4:15pm

Sunday 7–7:15am/8:45–9:15am/11-11:45am

**Eucharistic Adoration:** Friday 7:30am — Saturday 7:30am

Please remember Holy Redeemer Parish in your will.

#### **WEEK AT A GLANCE:**

Sunday: 02/14

Mass 7:30am/9:30am/Noon Confessions in St. Cecilia room 7am, 8:45am, 11am

Monday: 02/15

President's Day Office Closed

7:00am—Daily Mass

10:00am—Marian Movement (parish ctr.)

Noon—Angelus (parish FB page)

5:00pm—Eve. Prayer (parish FB page)

**Tuesday: 02/16** 

7:00am—Daily Mass

Noon—Angelus (parish FB page)

5:00pm—Eve. Prayer (parish FB page)

6:00pm—YA grp. (parish ctr.)

7:00pm—Endow HS (Zoom)

Wednesday: 02/17

Ash Wednesday

Day of Fast & Abstinence

7:00am—Mass & Distribute >>> Ashes

11:00am—Mass & Distribute Ashes

Noon—Angelus (parish FB page)

5:00pm—Eve. Prayer (parish FB page)

7:00pm—Mass & Distribute Ashes

Thursday: 02/18

7:00am—Daily Mass

9:00am—Endow AM (parish ctr. & Zoom)

Noon—Angelus (parish FB page)

5:00pm—Eve. Prayer (parish FB page)

<u>Friday: 02/19</u> ≻

7:00am—Daily Mass

7:30am—24 hour Adoration

Noon—Angelus (parish FB page)

3:00pm—Divine Mercy (Church)

4:00-5:00pm—Confessions

(St. Cecilia rm.)

5:00pm—Stations of the Cross

<u>Saturday: 02/20</u>

7:30am—Benediction

8:00am—Daily Mass

8:30am—Landscaping wk prty.

2:30-4:15pm—Confessions

(St. Cecilia rm.)

4:30pm—Vigil Mass

5:30pm—Pilgrimage mtg

Sunday: 02/21

Mass 7:30am/9:30am/Noon

Confessions in St. Cecilia room

7am, 8:45am, 11am

4:00pm—6th gr. RE

6:00pm—HS RE

#### **Mass Intentions**

Monday, February 15

Michele Maitland

Tuesday, February 16

Robert Gerdes

Wednesday, February 17

Donald VanWart

Thursday, February 18

Robyn Goelze

Friday, February 19

Lucille Chaney

Saturday, February 20

Baby Hope Hansen +

#### Readings for Sunday 02/21

Gen 9:8-15 Ps 25 (24):4bc-5ab, 6-7bc, 8-9 1 Pt 3:18-22 Mk 1:12-15

#### **Important Links**

Sunday Mass:

https://vimeo.com/user109632820

Daily Mass, Angelus, & Evening Prayer:

parish Facebook page

Sign up to attend Sunday Mass

#### **Celebrant for Masses**

February 20:

4:30pm Fr. Nathe

February 21:

7:30am & 9:30am Fr. Nathe Noon Fr. Martin

#### Please remember in your prayers:

Christine Bolger, Carole Brown, Gary Carlson +, Bonnie Craig, David Craig, Ralph Dehler +, Ed Gillis, Errol Graves, Gail Green-Pinzone +, Alex Gustavson, Geraldine Holmdohl +, Bethany Howell, Frank Lee +, Su Moran, Eloy San Nicolas +, Matthew Peterson +, Fran Plourd, Stella Reynolds, Elizabeth Serafino+, Jody Valencia, Betty Wassick, and George Wetzel

Names stay on the prayer list for four weeks; please contact the parish office to extend the time frame.

Last Week (2/1-2/7)	Income		
Sunday:	\$ 28,681.00		
Realizing Hope:	\$ 2,045.00		
St. Vincent de Paul:	\$ 218.00		
Northwest Catholic:	\$ 895.00		



#### Pastor's Column

February 14th, 2021

#### **Prepare for Lent Now**

Jesus Christ: yesterday, today and forever!

Lent is a special penitential season of the year, when disciples of Jesus Christ offer Him some sort of sacrifice for His Glory, our salvation, and to atone for our sins and the sins of the whole world. Some people do big things, and some people just one small thing, but we should all do something for the One who did everything for us. Lent will begin this Wednesday with ashes, please prepare now for the season if you haven't already.

One of the things you could do that is actually enjoyable is to watch *The Search*. If you've been reading these pastor columns for the past two weeks you know what I'm referring to. If you haven't signed up for an online small faith sharing group please do so now by clicking on this link:

<u>Sign Up For A Small Group Here!</u> If you don't already have a FORMED account, click here to get one: <u>Get your FREE Formed Account Here!</u>

Now is the time to start making a Lenten resolution or two. Great things, even little things, don't happen without a commitment and a plan: marriage, parenting, career, good health, etc., all take great commitments and a plan. So does our faith. Martyrs have died for it, and saints have given their whole lives for the Lord. This Lent please join me in making a commitment, with God's grace, to make a plan to better yourself in Christ.

### Here are some things you might consider doing this Lent, in addition to fasting on Ash Wednesday & Good Friday, and abstaining from meat on those days as well:

- Join a small faith sharing group during Lent. See above.
- Faithfully attend Stations of the Cross at 5:30pm on Fridays.
- Go to Confession at least once during Lent (twice or more even better).
- Fast on Ash Wednesday and the Fridays of Lent.
- Tithe 10% of your income during Lent: 5% to the parish and 5% to other Catholic charities.
- In addition to your normal Sunday Mass: attend a weekday Mass once a week.
- Pray the rosary with the parishioners before Mass, with your family, or on your own.
- Pray for five minutes in the morning and five minutes at night.
- Pray a nine day novena (or longer). There are lots to choose from, just internet search "novenas".
- Daily spiritual reading.
- Share your faith with a family member, neighbor, or co-worker once a week.
- Make a weekly Holy Hour in the church (preferably during 24 hour exposition of the Blessed Sacrament from Friday morning to Saturday morning).
- Visit someone who is lonely. Best in person but easy to do on the phone.
- Exercise regularly.
- Think up your own spiritual improvement.
- Put on a smile every day.

#### Here are some ideas for you to consider giving up during Lent.

- Vices of the tongue: complaining, gossip, slander, swearing, using the Lord's name in vain, etc.
- Cut in half or more, screen time: TV screens, internet screens, movie screens, video game screen, smart phone screen [average American teenager looks at their phone 80 times a day are you any better?].
- Cut in half or more: radio time or electronic music (this includes talk radio and news).
- Cut in half or more: nicotine, caffeine, alcohol, sweets.
- Think up your own.

Remember these two things as you work through your Lenten resolutions: 1) with God's grace all good things are possible, and 2) setbacks aren't failures, they are opportunities to grow.

May Jesus Bless You,

In Shown Hatter

Fr. Thomas Nathe



#### LENTEN OBLIGATIONS

#### **CONFESSION**

Two of the precepts of the Church are to go to Confession at least once a year, and to receive Holy Communion in a state of grace during the Easter season. In order to receive Holy Communion, one must be in a state of grace, meaning: not aware of committing a mortal sin since your last Confession. Receiving Holy Communion shortly after confessing your sins makes sense because you are in a state of grace.

Therefore, Lent is a perfect time to go to Confession and receive Holy Communion on Easter, or the weeks shortly thereafter, while still in a state of grace. This has traditionally been known as the Easter obligation.

Please be sure to read through our "How to go to Confession Guide" for an excellent examination of conscience. They can be found in the pews or in the holders outside of the Confessionals.

Remember, all the great saints went to Confession weekly or every other week. There is as much grace in the sacrament of Confession as there is in the sacrament of Holy Communion (Eucharist).

#### **FAST & ABSTINENCE**

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal. Two smaller meals may also be taken, but not to equal a full meal. The norms concerning abstinence from meat include children age 14 and older.

If you are healthy enough, you may fast on bread and water on these days as the Church has done from the time of the Apostles.

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www.usccb.org/home-missions



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# Catholic Advocacy Day

Tuesday March 23, 2021 | 8am-4pm

In this time of COVID and the call for economic and racial equity, join with Catholic parishes and organizations in a day of advocacy for a society in which all people and Earth can thrive.

#### Virtual Events

- Mass with Archbishop Etienne or Bishop Elizondo
- Speaker from State Government (TBD)
- Briefings on Issues
- Legislative Zoom meetings by District
- Social media campaigns

### Register by March 9 at ipjc.org/cad

Questions? Call 206.223.1138 or email catholicadvocacyday@ipjc.org















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#### **GROWING IN HOLINESS**

# FAITH FORMATION PROGRAM AND CONTACT INFORMATION

- Contact Melissa Abell at melissaa@holyredeemervanc.org
- To make an appointment: See Parish Personnel on the front page of the bulletin.

#### **NEW TO HOLY REDEEMER?**

Contact the Faith Formation Office to meet and discuss how we can work together to build God's Kingdom in East Vancouver! Sacramental needs? Education? Let us know how we can help. Contact Mark: 885.7780 ext. 16, markm@holyredeemervanc.org

RCIA (Becoming Catholic) and Learning About the Catholic Faith: Contact Mark MacKenzie to make an appointment at 885.7780 ext. 16, markm@holyredeemervanc.org



Pilgrimage to Medjugorje: There will be a pilgrimage to Medjugorje through the Visit Queen of Peace group in June 2021. For more information, at <a href="http://www.visitqueenofpeace.com/">http://www.visitqueenofpeace.com/</a>

#### **ADULTS**

Lenten Small Groups: This year, we will be doing a video series called The Search presented by Real Life Catholic and the Augustine Institute. The videos will be free to access with a Formed.org account. To sign up for a group, visit <a href="https://www.holyredeemervan.org">www.holyredeemervan.org</a>. To sign up to access the videos, go to

Formed.org and register for a free account: formed.org/signup and enter 98687 to select our parish

Anne, a lay apostle—Monthly
Prayer Group: Anne, the author of
The Volumes, received the message to
have a prayer group meeting once a
month. The Lay Apostle prayer group
will be holding their next meeting the
second Tuesday of the month, at
10:00am via Zoom and in the parish
center. If you are interested, contact
Jean Marie Amos at 360.260.7352, or
Jean\_Amos@q.com

**New Apostolate:** St. Joseph Cenacle Apostolate has come to Holy Redeemer! We are living in perilous times where the powerful forces of darkness seek to undermine the Church and priesthood, creating confusion, discouragement, and despair. Members offer a weekly Holy Hour of prayers for our priests and will meet on the third Wednesday of the month as a group. Our next meeting will be February 17, Ash Wednesday, at 3pm. If you would like to be a part of this new and exciting apostolate, email Sandra Koceja at ITEADIOSEPH2020@gmail.com

Men of Faith: All men in the parish are invited to attend our monthly gatherings. We meet on the first Saturday of the month at 8:45am in the parish center. For more information or if you would like to be in the loop, contact Mark: markm@holyredeemervanc.org

#### Women's Spiritual Studies:

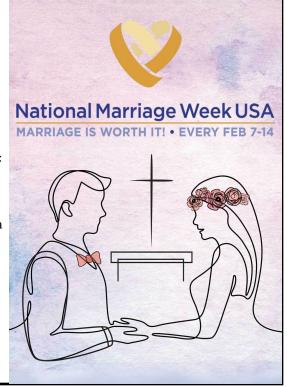
Through their small groups, women are learning how to be the best version of themselves—made in the image and likeness of God—and reaching out to those around them.

Thursday Endow will now meet in person in the parish center & on Zoom, and Monday Endow will

continue to meet online. We are continuing our spiritual book studies. For Monday Night Endow: <u>Discovering Your Dignity</u>. For more information: contact Jamie at jamiek@holyredeemervanc.org

#### **YOUNG ADULTS**

Lenten Study: Our Young Adult group meets regularly on the 1st, 2nd, and 3rd Tuesday of every month at 6:00pm in the Parish Center. We are currently observing all recommended COVID-19 safety procedures, including social distancing and masking. See below for more information on our current program of study. The Holy Redeemer Young Adult Group will be reading the book The Road of Hope: A Gospel from <u>Prison</u> throughout Lent and beyond. All you need to do to participate is pick up a copy of the book and come prepared to read and discuss. We look forward to seeing you there.



#### **GROWING IN HOLINESS**

**American Heritage Girls** 

Trail Life USA (K-12th):

Meetings are on hold.

Contact Julie for AHG: nicholmarine@icloud.com

Contact Linda for TLUSA: don.linda.anderson@comcast.net





#### **FORMED**°

PICK OF THE WEEK

February 14, 2021

#### **BELOVED-SESSION 1: DOES MARRIAGE MATTER?**

Happy Feast of St. Valentine! This Valentine's Day, remind yourself of the beauty of the Sacrament of Marriage with the Beloved series, presented by the Augustine Institute.



To set up your free account visit formed.org/signup and select our parish.

Free account: formed.org/signup and enter 98687 to select our parish

Please go to our website www.holyredeemervan.org and go to the Faith Formation Page for updates and resources.

#### **NEXT WEEK AT A GLANCE**

Sunday 02/14	Monday 02/15 President's Day	Tuesday 02/16	Wednesday 02/17 Ash Wednesday	Thursday 02/18	Friday 02/19	Saturday 02/20
		YA Parish Ctr. (6:00pm)  HS Endow Zoom (7:00pm)		Endow Parish Ctr. & Zoom (9:00am)	Stations of the Cross Church (5:00pm)	

#### SAVE THE DATES

Lent Small Groups (The Search) Confirmation Retreat

Confirmation

starts the week of Ash Wednesday March 12-14 (details coming soon)

May 20

#### **PARISH HAPPENINGS**

Ash Wednesday: WILL BE **DIFFERENT THIS YEAR-WE** WILL SPRINKLE THE ASHES ON THE TOP OF YOUR HEAD-IF YOU HAVE HAIR IT WILL BE IN YOUR HAIR-IF NOT, WELL IT WILL LOOK LIKE BLACK DUST **ON YOUR HEAD!** Please be sure to sign up to attend Mass on Ash Wednesday. The signup is available on our website. If you do not have a computer, please call the office and we will be happy to sign you up! *For your* safety, ashes will be sprinkled on your head this year rather than applied in the shape of the cross.

**Year-End Contribution** 

statements for 2020 were E-mailed or mailed to you. If we have your e-mail on file then you should have received an e-mail with your contribution statement on Friday January 15th. Please print it out and save it for when you are doing your taxes. If we don't have your E-mail address then your statement was mailed on January 19th.

#### **Staying Close to Jesus**

Angelus: We live stream the Angelus and prayer to Our Lady of Seattle for the end of the coronavirus Monday through Friday at noon and we invite you to join. The prayers are streamed through Facebook Live on our <u>parish</u>

Facebook page. You do not need a Facebook account to view the stream. Facebook may prompt you to create an account, but you can simply say "Not Now" and watch the video.

Evening Prayer: To help those at home stay close to Jesus, we have taken this ministry online and are making it more frequent. Join us Monday through Thursday at 5:00pm for Evening Prayer. The prayers are streamed through Facebook Live on our parish Facebook page. Download This Week's Evening Prayers Here

Public Masses: You have to sign up in advance to attend Sunday Mass. You can sign up by going to our home page and clicking on the button for Sunday Mass. Be sure to read all of the requirements on the signup and its attachments before signing up! We will continue to record the Masses so that those who cannot attend may participate at home.

#### OTHER HAPPENINGS

Rachel's Corner

Hope and Healing After Abortion "Light comes naturally to both a door and a window, yet only the window allows the light through." -Daily Companion Has darkness been your closest companion since your abortion decision? If you have been seeking a door to open and feel like the darkness overwhelms you, consider a window

first. Attend a Virtual Healing Series with us and allow that to be the window that leads you to the door to His merciful embrace. Call for a compassionate, confidential conversation and learn about our virtual healing opportunities.

Email projectrachel@ccsww.org. Visit us at www.ccsww.org/projectrachel

Marriage in Crisis: No matter how much you're hurting, no marriage is beyond hope! Are you struggling in your marriage, or do you know someone who is? Are you disillusioned? Frustrated? Do you struggle with trust or forgiveness? Are you considering separation or divorce? Have you lost hope?? Let Retrouvaille Help! For confidential information, or to register for our upcoming VIRTUAL weekend Feb. 25-28, 2021, call Mark and Ronnie at 206-706-2608 or go to www.helpourmarriage.org

**40 Days for Life:** 2021 Spring Campaign begins Feb. 17. More info at <a href="https://www.40daysforlife.com/local-campaigns/vancouver/">https://www.40daysforlife.com/local-campaigns/vancouver/</a>

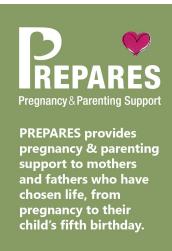
Questions? Contact Local Coordinator Gerry Parmantier Call/text 360-831-7542 or email gerry1968@q.com

#### **REMINDER**

St. Vincent DePaul is **NOT** accepting clothing, blankets, and coats. **PLEASE** do not place these items in the SVDP bin in the Narthex. The bin is for food **ONLY**. If you have clothing in good and <u>clean</u> condition bring them to Goodwill. Thank you.

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