

PARISH PERSONNEL:

Administrator

Ed Brands, 360.885.7780, ext. 12
edb@holyredeemervanc.org

Business Manager

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keving@holyredeemervanc.org

Pastoral Assistant for Music and Liturgy

Angela Lee, 360.885.7780, ext. 14
angelay@holyredeemervanc.org

Faith Formation Director

Mark MacKenzie, 360.885.7780, ext. 16
markm@holyredeemervanc.org

Faith Formation Leaders

Jamie Kohler
jamiiek@holyredeemervanc.org

Annie Cooper, 360.885.7780, ext. 15
anniec@holyredeemervanc.org

FF Administrative Assistant

Melissa Abell, 360.885.7780, ext. 11
melissaa@holyredeemervanc.org

PASTORAL CONCERNS:

Baptisms: Please prepare for infant/child baptism by contacting the office at ext. 15. For adult baptisms, see RCIA.

Weddings: Please call the office at ext. 16. Do not set the date until you have talked to Mark MacKenzie.

Funerals: Contact the office at ext. 11.

RCIA (Becoming Catholic) and Learning About The Catholic Faith:

Everyone is invited to learn more about the faith or seek to become a Catholic. Contact parish office at ext. 15.

Annulments: Confidential help is available. Please call the parish office at ext.16.

Pastoral Care: Please contact the office at ext. 14 for ministry to the sick, homebound, disabled, incarcerated, or indigent.

CATHOLIC CEMETERY:

Mother Joseph 360-693-3052
1401 East 29th Street
Vancouver, WA 98660

WELCOME TO HOLY REDEEMER PARISH

JANUARY 24, 2021

THIRD SUNDAY IN ORDINARY TIME

Pastor: Father Thomas Nathe



GLORIFY GOD AND SANCTIFY SOULS!

Website: www.holyredeemervanc.org

Telephone: (360) 885-7780
Fax Number: (360) 944-7560
Address: 17010 NE 9th Street,
Vancouver, WA 98684

Office Hours: Monday-Friday 7:30am - 1:00pm
Church Open: Daily 7:00am - 5:30pm
Mass Schedule: Saturday Vigil 4:30pm
[\(You Must sign-up for Sunday Mass-see Website to sign up!\)](#) Sunday 7:30am, 9:30am, and 12:00pm (Noon)
Monday-Friday 7:00am
Saturday 8:00am

Rosary: Saturday 7:40am and 4:10pm
Sunday 7:10am, 9:10am and 11:40am
Monday-Friday 7:30am

Confessions (in St. Cecilia): Friday 4:00-5:15pm
Saturday 2:30-4:15pm
Sunday 7-7:15am/8:45-9:15am/11-11:45am

Eucharistic Adoration: Friday 7:30am —Saturday 7:30am

Please remember Holy Redeemer Parish in your will.

WEEK AT A GLANCE:

Sunday: 01/24

Mass 7:30am/9:30am/Noon
Confessions in St. Cecilia room
7am, 8:45am, 11am
3:00pm—7th –12th Gr. Mentor
mtg. (Zoom)
4:00pm—6th Gr. Session (Zoom)
6:00pm—HS RE (Zoom)

Monday: 01/25

7:00am—Daily Mass
10:00am—Marian Movement
(parish ctr.)
Noon—Angelus (parish Facebook page)
5:00pm—Eve. Prayer
(parish Facebook page)
6:30pm—Endow PM (Zoom)

Tuesday: 01/26

7:00am—Daily Mass
Noon—Angelus (parish Facebook page)
5:00pm—Eve. Prayer
(parish Facebook page)
7:00pm—Endow HS (Zoom)

Wednesday : 01/27

7:00am—Daily Mass
Noon—Angelus (parish Facebook page)
5:00pm—Eve. Prayer
(parish Facebook page)

Thursday: 01/28

7:00am—Daily Mass
9:00am—Endow AM (parish ctr. &
Zoom)
Noon—Angelus (parish Facebook page)
5:00pm—Eve. Prayer
(parish Facebook page)

Friday: 01/29

7:00am—Daily Mass
7:30am—24 hour Adoration
Noon—Angelus (parish Facebook page)
3:00pm—Divine Mercy in Church
4:00-5:15pm—Confessions in
St. Cecilia room

Saturday: 01/30

7:30am—Benediction
8:00am—Daily Mass
2:30-4:15pm—Confessions in St.
Cecilia room
4:30pm—Vigil Mass

Sunday: 01/31

Mass 7:30am/9:30am/Noon
Confessions in St. Cecilia room
7am, 8:45am, 11am
4:00pm—6th Gr. Session (Zoom)
6:00pm—HS RE (Zoom)

Mass Intentions

Monday, January 25

Brenda Bailey +

Tuesday, January 26

Alan Thayer +

Wednesday, January 27

Geraldine Holmdohl +

Thursday, January 28

Gail Pinzone (health)

Friday, January 29

Mary Ann AdLao +

Saturday, January 30

Virginia Wyberanec +

Readings for Sunday 01/31

Deut 18:15-20
Ps 95 (94):1-2, 6-7, 8-9
1 Cor 7:32-35
Mk 1:21-28

Important Links

Sunday Mass:

<https://vimeo.com/user109632820>

Daily Mass, Angelus, & Evening Prayer:

[parish Facebook page](#)

Sign up to attend Sunday Mass: Click on the button on the homepage of our website!

Celebrant for Masses

January 30:
4:30pm Fr. Nathe

January 31:
7:30am Fr. Martin
9:30am & Noon Fr. Nathe

Please remember in your prayers:

Carole Brown, Bonnie Craig, David Craig, Ralph Dehler +, Ed Gillis, Errol Graves, Gail Green-Pinzone, Alex Gustavson, Geraldine Holmdohl +, Frank Lee +, Eloy San Nicolas +, Fran Plourd, Stella Reynolds, Jody Valencia, Betty Wassick, and George Wetzel

Names stay on the prayer list for four weeks; please contact the parish office to extend the time frame.



Last Week (1/11-1/17)	Income
Sunday:	\$ 21,595.00
Realizing Hope:	\$ 1,324.00
St. Vincent de Paul:	\$ 790.00



Pastor's Column

January 24th, 2021

Victim Souls

Jesus Christ: Yesterday, Today, and Forever!

As of your reading of this, I will be closing in on the end of my third week of Exodus 90, the 90 day program designed to help liberate men from bad habits, vice, and sin. So far (and I have 69 days to go so I could still go off the rails) it has been the best thing I have done for myself in 16½ years as a priest. I'll write a pastor's column on it and my experience in the future. There are three major aspects to E-90: fraternity, prayer, and penance, but it's this last one, the penitential part, that scares so many men off: no sweets, no snacks, fast two days week, only water, milk, tea & coffee (without dairy or sugar), daily exercise, and, the biggest of them all for many, only cold showers. Yikes you say.

We don't like to suffer, yet we have to accept it to achieve any greater cause. Two-year-olds have to suffer potty training to be able to use toilets; children and young adults have to suffer being educated (homework, etc.) in order to do all kinds of good stuff; athletes have to suffer exercise to prepare for competition; inventors suffer countless tedious hours zeroing in on one thing in the hope of achieving an uncertain goal; you and I suffer the sacrifices of practicing the Catholic faith for God's glory and the salvation of souls; Jesus suffered torture and death in the chance that we would accept the responsibilities of salvation. You get the picture – no suffering, no gain.

Well there is another kind of suffering whose merits are more sublime, and that is suffering that one willingly acquiesces to for love of God – without knowing what good is coming from it. At best we “offer it up”, and at worst resent it. A two-year-old doesn't realize how grateful they are going to be when they are potty trained; as far as they are concerned, their diapers are working just fine. A child having to do homework may not see the value in it. It is the same in the spiritual life, we frequently don't see the good our suffering is doing, but we will in the next life; and that suffering may in fact be doing a tremendous amount of good, as long as it is lovingly offered up to God.

Now we turn to the title of this pastor's column – victim souls. Some rare souls are given extraordinary suffering from God for extraordinary graces for others, graces they will not know about until they enter into eternal glory. Usually this suffering takes physical form, yet it can come in other ways too (defamation, destitution, abandonment, long thankless hours of service to others, etc.), but is always willingly accepted by the penitent without knowledge of what God is using it for.

The following article by Ray Sullivan (below) goes into more detail on this rare form of suffering. I hope it helps you understand better the unseen merit of offering up your suffering to God, and helps you to embrace it with greater peace and faith.

May Almighty God Bless You,



Fr. Thomas Nathe

Victim Souls Defeat Satan

<https://catholicstand.com/victim-souls-defeat-satan/>

By Ray Sullivan 18 December AD 2020

So who are “victim souls” who defeat Satan? Victim souls are people specifically chosen by the Blessed Virgin Mary to be united with her Son in his intense and holy suffering, in order to help save other souls around the world from hell. Their extreme pain somehow mystically atones for the punishment that is due for my sins and the sins of others around the planet. This spiritual battle results in defeating many of Satan’s demons, and banishing them from earth into hell, where they belong. Victim souls are totally united with the suffering of Jesus on the cross 24/7/365.

According to the book, [Mary Crushes the Serpent](#), the exorcist author says that the Blessed Virgin Mary chooses victim souls from among the weakest people. After gaining their voluntary permission to suffer pain in body AND soul to save countless other souls from hell, she grants them the graces to withstand it all (these graces do not ease the intense agony; rather, they give the victim soul the gift of final perseverance to suffer mightily until death, which sometimes takes decades). Mary then attaches demons to the victim soul, so that they will engage the victim in a spiritual battle of horrifying visions, excruciating pain, and the feeling of total abandonment by God. The demons cannot stand the willing suffering of the victim souls, because these souls undertake this battle out of their love for God. For the demons, it is like a human existing in hell. Once the love of the victim soul overcomes the attacks of the demons for good, the demons are then banished to their home in hell. During this fight to the finish, countless other souls around the world are thus saved from damnation. It is important to remember that a victim soul imitates our Lord and His Mother in their voluntary suffering for sins of mankind; Jesus, by his crucifixion, and [Mary](#), by having her soul pierced with a sword.

Crucified Souls

The book also states that there are countless unknown “[crucified souls](#)” as well. These crucified souls join with the victim souls to fight Satan. They undergo the following suffering:

“all spiritual disturbances and darknesses of soul; the feeling of abandonment by God; temptations against faith; and temptations against purity leading to discouragement and despair.”

So if you, like me, have experienced any of the above repeatedly, just know that you are part of Mary’s plan to assist the victim souls and St. Michael in their mission to save others from hell.

Victim Souls in the Bible

St. Paul is the prime example of this in Sacred Scripture. He says the following:

“I have been crucified with Christ; and it is no longer I who live, but Christ who lives in me.” ([Galatians 2:20](#))

“Now I rejoice in my sufferings for your sake, and in my flesh I complete what is lacking in Christ’s sufferings for the sake of his body, that is, the church.” ([Colossians 1:24](#))

In the first quote from Galatians, St. Paul says that he has been crucified with Christ. Now Paul was a Roman citizen, and Roman citizens, condemned to death, were beheaded, not crucified. So this statement of his has a spiritual meaning. Some think that Paul may have been a stigmatist, having the wounds of Christ on his body. Others think that it refers to his references of suffering in [2 Corinthians 11:23-27](#):

“Are they servants of Christ? I am a better one – I am talking like a madman – with far greater labors, far more imprisonments, with countless beatings, and often near death. Five times I have received at the hands of the Jews the forty lashes less one. Three times I have been beaten with rods; once I was stoned. Three times I have been shipwrecked; a night and a day I have been adrift at sea; on frequent journeys, in danger from rivers, danger from robbers, danger from my own people, danger from Gentiles, danger in the city, danger in the wilderness, danger at sea, danger from false brethren; in toil and hardship, through many a sleepless night, in hunger and thirst, often without food, in cold and exposure.”

St. Paul shows us the right way to become united with Christ. He offers up his own suffering to the Lord while doing His work on earth. He becomes another christ (lower case), not only in his priesthood, but also in his agony. In so doing, he helps to defeat the plan of Satan, not only in his life, but also in the life of the world.

In the second quote above, from Colossians 1:24, St. Paul seems to indicate that the sufferings of Christ were not sufficient for our salvation. But St. John Paul II once said that what St. Paul really means is not that; rather, it means that what is missing from Christ’s suffering is our own suffering united with his. In other words, the committed followers of Christ must suffer with him, if we are to truly be his followers. St. Peter agrees with him in [1 Peter 4:13](#):

“But rejoice in so far as you share Christ’s sufferings, that you may also rejoice and be glad when his glory is revealed.”

So while not all of us are chosen for the great suffering of St. Paul and other victim souls, we can and should EVERY DAY offer up our pain and misery to God so as to unite ourselves with Him on the cross. Bishop Sheen lamented the fact that so much [suffering was wasted](#), and not offered up to God. And for sure, not a day should go by without our meditating on His holy passion. Why? Because meditation on the Passion means that the [devil does not have access to our imagination for that time](#), and it also is [healing for our souls](#).

Other biblical victim souls would include the [Blessed Virgin Mary](#) (her soul was pierced with a sword), and the 12 apostles, who all suffered mightily for preaching the word of God. All were martyred, except for St. John, possibly because he was the only apostle brave enough to be with Jesus during His crucifixion.

Other Victim Souls

So who are some other victim souls?

One of my favorites is [St. Gemma Galgani](#), a saint who died in 1903 at the age of 25. She received the stigmata (the wounds of Christ) in her own body on June 8, 1899. She had a great devotion to the passion of Jesus, and in one of her visions with Jesus, He told her that it is through suffering that one learns to love. She had many visions of Jesus and the Blessed Virgin Mary to help her through her agony with the stigmata. But that wasn’t her only suffering. She was also physically attacked by the devil. Satan dislocated

her bones, pulled some of her hair out, stole a book that she wrote on her life, and even threw her down the stairs. He tempted her with sensual thoughts so much that she dunked herself into ice cold water in a well outside in the garden! He told her not to pray for the conversion of sinners; this seemed to make him the angriest. It was only through prayer and her total abandonment to Jesus that she survived his unholy attacks.

St. Gemma once said:

“It is not enough to look at the Cross or wear it, we must carry it in the depths of our hearts.”

In other words, we shouldn't just be admirers of Jesus on the cross; instead, we should join him in his suffering, so as to help Him to atone for the sins of the world. And this she did, for four years, until her death. To learn more about this great saint, a free book about her is available [here](#).

Another victim soul, relatively unknown, is [St. Serafina of San Gimignano](#), Italy. She lived during the 13th century, the time of St. Dominic, St. Anthony, and St. Francis. She had a great devotion to St. Gregory the Great, and to the Blessed Virgin Mary as well. When she was ten, her body underwent paralysis, and she chose to lie on a wooden pallet, instead of on a bed. For five years she endured this pain, with worms from the pallet infecting her back. However, many townspeople began to undergo miraculous recoveries as a result of her intercession. St. Gregory appeared to her in a vision and told her that she would die on his feast day of March 12. When she died on that date, the church bells in town somehow rang by themselves. Violets mysteriously grew from the wooden pallet once her body was removed. The town of San Gimignano still celebrates her feast day on March 12. And in a testimony to her holiness, violets grow from the walls of San Gimignano to this day.

The most famous modern day victim soul is [St. Padre Pio](#), who died in 1968. He was the first priest to experience the stigmata, or the wounds of Christ in his body. He endured them for fifty years. He was regularly beaten up by the devil. Satan sometimes took the form of a naked woman to entice him to sin. He performed exorcisms, healed the blind, heard hundreds of confessions daily, had the gift of bilocation, and he knew if you were hiding sins in the confessional from him. He undertook the task of building a free hospital for the care of the sick. This great Franciscan priest and imitator of Christ continues to save many souls from hell today, if we ask him to adopt us, and our families, as [his spiritual children](#).

In the movie, [The Exorcism of Emily Rose](#), the true story of modern day victim soul Anneliese Michel was told. She was a young German woman who was possessed by Satan, and who was also visited by the Blessed Virgin Mary. Mary gave her the choice to either continue suffering for the salvation of others, or to quit. She chose to continue the suffering, and she eventually died. The priest who exorcised her was accused of denying her medicine for depression, and he was tried in court for murder. The exorcisms were recorded on tape, and are indeed horrifying.

What It All Means for Us

The bottom line is that suffering is how we all learn to love, IF we unite our misery with that of Christ's Passion. After all, when things are easygoing and wonderful in our lives, for most of us, the tendency is to forget about God and to enjoy the pleasures of earthly life. But that isn't for what we are here. Our purpose now is to know God, to love God, and to serve God on earth, so as to be happy with Him in heaven forever. Suffering with Christ is the catalyst for those things to happen. Most of us will never be

asked to be victim souls. However, if we are true to our Catholic faith, we can become a [crucified soul](#). As such, we join in the spiritual battle with the victim souls, as well as St. Michael and his legion of saints and angels to defeat Satan, and thus save souls who otherwise would have been lost in hell forever.

Bible Quotes on Suffering

[Acts 9:15-16](#): But the Lord said to him, “Go, for he is a chosen instrument of mine to carry my name before the Gentiles and kings and the sons of Israel; or I will show him how much he must suffer for the sake of my name.”

[Romans 5:3](#): More than that, we rejoice in our sufferings, knowing that suffering produces endurance.

[Philippians 1:29](#): For it has been granted to you that for the sake of Christ you should not only believe in him but also suffer for his sake.

[2 Timothy 2:3](#): Take your share of suffering as a good soldier of Christ Jesus.



THE SEARCH

Holy Redeemer Parish Lenten Small Groups

What is the Search?

The Search is an innovative video series that tackles the key questions of every human heart. In seven beautifully filmed episodes, Chris Stefanick and experts from multiple fields of science, medicine, psychology, art, and religion examine our place in the larger story of existence.

How Much Does it Cost?

Nothing, it's FREE!

How Do I Access the Videos?

Through Formed.org. Sign up as a parishioner of Holy Redeemer and get your account for FREE!

How do I sign up for a small group?

Go to www.holyredeemervan.org

You Are Invited To Our Open House

Sunday, January 31, 2021 12-2:30PM

We look forward to your visit.

**OPEN
HOUSE**

LOURDES LANCERS



**SAVE THE DATE
SUNDAY JAN. 31ST
12-2:30PM**

Pre-registration is required.
We have limited space due to
COVID-19 precautions.

Welcome to Our Lady of Lourdes Catholic School!

- Meet the teaching team and administration
- Explore classrooms and over 3 acres of play area
- Preschool - 8th grade enjoy Spanish, music, PE specialists
- Applications can be made for tuition aid
- Contact admissions@lourdesvan.org

*Our Lady of Lourdes Catholic School, 4701 NW Franklin Street, Vancouver
lourdesvan.org | 360.696.2301*

GROWING IN HOLINESS

FAITH FORMATION PROGRAM AND CONTACT INFORMATION

- ◆ Contact Melissa Abell at melissaa@holyredeemervanc.org
- ◆ To make an appointment: See Parish Personnel on the front page of the bulletin.

NEW TO HOLY REDEEMER?

Contact the Faith Formation Office to meet and discuss how we can work together to build God's Kingdom in East Vancouver! Sacramental needs? Education? Let us know how we can help. Contact Mark: 885.7780 ext. 16, markm@holyredeemervanc.org

RCIA (Becoming Catholic) and Learning About the Catholic Faith: Contact Mark MacKenzie to make an appointment at 885.7780 ext. 16, markm@holyredeemervanc.org



Pilgrimage to Medjugorje:

There will be a pilgrimage to Medjugorje

through the Visit Queen of Peace group in June 2021. For more information, at <http://www.visitqueenofpeace.com/>

ADULTS

Lenten Small Groups: This year, we will be doing a video series called The Search presented by Real Life Catholic and the Augustine Institute. The videos will be free to access with a Formed.org account. To sign up for a group, visit www.holyredeemervan.org. To sign up to access the videos, go to Formed.org and register for a free account: formed.org/signup and enter 98687 to select our parish

Anne, a lay apostle—Monthly Prayer Group : Anne, the author of *The Volumes*, received the message to have a prayer group meeting once a month. The Lay Apostle prayer group will be holding their meetings on the second Tuesday of the month at 10:00am via Zoom. If you are interested, contact Jean Marie Amos at 360.260.7352, or Jean_Amos@q.com

New Apostolate: St. Joseph Cenacle Apostolate is coming to Holy Redeemer! We are living in perilous times where the powerful forces of darkness seek to undermine the Church and priesthood, creating confusion,



discouragement, and despair. Members offer a weekly Holy Hour of prayers for our priests and will meet on the third Wednesday of the month as a group. We apologize for the typo in last week's bulletin. Our next meeting will be February 17, Ash Wednesday. If you would like to be a part of this new and exciting apostolate, email Sandra Koceja at ITEADIOSEPH2020@gmail.com

Men of Faith: All men in the parish are invited to attend our monthly gatherings. For more information or if you would like to be in the loop, contact Mark: markm@holyredeemervanc.org

Women's Spiritual Studies:

Through their small groups, women are learning how to be the best version of themselves—made in the image and likeness of God—and reaching out to those around them.

Endow **Thursday Endow will now meet in person in the parish center & on Zoom**, and Monday Endow will continue to meet online. We are

continuing our spiritual book studies. For Monday Night Endow: ***Discovering Your Dignity***. For more information: contact Jamie at jamiiek@holyredeemervanc.org

YOUNG ADULTS

SEEK21 is a one-of-a-kind event where thousands gather as small groups to ask the big questions about joy, peace, hope, and salvation. And this year we're bringing SEEK to you! We will be gathering together in person (maintaining distance) in small groups to pray, watch talks by dynamic Catholic speakers, and reflect on our experience together from every day from February 4-7. Spots are limited. To learn more and sign up by visiting www.holyredeemervan.org

Holy Redeemer Young Adults is currently doing a closed small group, but sign-ups for more Young Adult activities will be available in January.

HIGH SCHOOLERS

SEEK21 is a one-of-a-kind event where thousands gather as small groups to ask the big questions about joy, peace, hope, and salvation. And this year we're bringing SEEK to you! We will be gathering together in person (maintaining distance) in small groups to pray, watch talks by dynamic Catholic speakers, and reflect on our experience together from every day from February 4-7. Spots are limited. To learn more and sign up by visiting www.holyredeemervan.org

MIDDLE SCHOOLERS

GROWING IN HOLINESS

American Heritage Girls &
Trail Life USA (K-12th):

Meetings are on hold.

Contact Julie for AHG:

nicholmarine@icloud.com

Contact Linda for TLUSA:

don.linda.anderson@comcast.net



FORMED

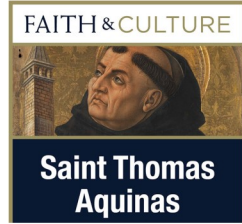
PICK OF THE WEEK

January 24, 2021

LISTEN

SAINT THOMAS AQUINAS
WITH RANDALL SMITH

The Angelic Doctor is often associated with his Summa Theologica among his other great works. Join Drs Christopher Blum and Randall B. Smith as they explore some of the lesser known works of St. Thomas Aquinas.



Free account: formed.org/signup and enter 98687 to select our parish

Please go to our website <https://holyredeemervan.squarespace.com/>
and go to the Faith Formation Page for updates and resources.

NEXT WEEK AT A GLANCE

Sunday 01/24	Monday 01/25	Tuesday 01/26	Wednesday 01/27	Thursday 01/28	Friday 01/29	Saturday 01/30
7th –12th Gr. Mentor mtg. (Zoom) 3:00pm 6th gr. Session Zoom (4:00pm) HS RE Zoom (6:00pm)	Endow Zoom (6:30pm)	HS Endow Zoom (7:00pm)		Endow Parish Ctr. & Zoom (9:00am)		

SAVE THE DATES

SEEK21 Retreat Feb. 4-7

Lent Small Groups (The Search) starts the week of Ash Wednesday

Confirmation May 20

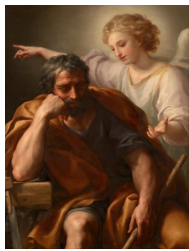
PARISH HAPPENINGS

Year-End Contribution

statements for 2020 were E-mailed or mailed to you. If we have your e-mail on file then you should have received an e-mail with your contribution statement on Friday January 15th. Please print it out and save it for when you are doing your taxes. If we don't have your E-mail address then your statement was mailed on January 19th.

IMPORTANT NOTE: For 2020 you can deduct up to \$300 of charitable donations even if you do not itemize your deductions due to a special provision in the CARES Act. Please check with your tax professional for more details.

New Apostolate: St. Joseph Cenacle



Apostolate has come to Holy Redeemer! We are living in perilous times where the powerful forces of darkness seek to

undermine the Church and priesthood, creating confusion, discouragement, and despair. Members offer a weekly Holy Hour of prayers for our priests and will meet on the third Wednesday of the month as a group. We apologize for the typo with meeting date in last week's bulletin. Our next meeting will be February 17, Ash Wednesday. If you would like to be a part of this new and exciting apostolate, email Sandra Kocaja at ITEADIOSEPH2020@gmail.com

Office Hours: Our offices are open Monday-Friday from 7:30am-1:00pm. Be advised that we will have limited staff and we strongly encourage you to use the internet, e-mail, and phone as much as possible but when you need to come in, we will be here for you. You have to wear a mask and maintain 6' of distance and obey all other signs while in any of the buildings. Please keep your visits as short as possible so that we can help everyone and keep everyone healthy.

Staying Close to Jesus

Angelus: We live stream the Angelus and prayer to Our Lady of Seattle for the end of the coronavirus Monday through Friday at noon and we invite you to join. The prayers are streamed through Facebook Live on our [parish Facebook page](#). You do not need a Facebook account to view the stream. Facebook may prompt you to create an account, but you can simply say "Not Now" and watch the video.

Evening Prayer: To help those at home stay close to Jesus, we have taken this ministry online and are making it more frequent. Join us Monday through Thursday at 5:00pm for Evening Prayer. The prayers are streamed through Facebook Live on our [parish Facebook page](#). [Download This Week's Evening Prayers Here](#)

Public Masses Have Resumed: We are back to our regular Mass schedule (see the front of the bulletin), and you have to sign up in advance to attend Sunday Mass. You can sign up by going to our home page and clicking on the button for Sunday Mass. **Be sure to read all of the requirements on the signup and its attachments before signing up!** We will continue to record the Masses so that those who cannot attend may participate at home.

OTHER HAPPENINGS

Rachel's Corner

Hope and Healing After Abortion

"He reveals deep and hidden things and knows what is in the darkness, for the light dwells with him." - Daniel 2:22

Have you been hiding your shame and regret in a deep and dark place within, hoping no one would ever know? God knows. He wants to help you be free

**WEEKLY
BULLETIN
SPONSOR**

Carolyn A. Simms

▲Attorney at Law, PLLC

Estate Planning: Wills, Trusts and Probate
Corporate/Business Formation, Sales and Dissolutions
Real Estate Matters and Transactions
Please call 360.833.2174

of that burden and discover merciful forgiveness. Call for a



project rachel

Peace starts here

compassionate,

confidential conversation and learn about our virtual healing opportunities.

Email projectrachel@ccsww.org. Visit

us at www.ccsww.org/projectrachel

or

www.facebook.com/projectrachelww

Project Rachel is a program of Catholic Community Services.



Marriage in Crisis: No matter how much you're hurting, no marriage is beyond hope! Are you struggling in your marriage, or do you know someone who is? Are you disillusioned? Frustrated? Do you struggle with trust or forgiveness? Are you considering separation or divorce? Have you lost hope?? Let Retrouvaille Help!

For confidential information, or to register for our upcoming VIRTUAL weekend Feb. 25-28, 2021, call Mark and Ronnie at 206-706-2608 or go to www.helpourmarriage.org

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St. Vincent DePaul is **NOT** accepting clothing, blankets, and coats. **PLEASE** do not place these items in the SVDP bin in the Narthex. The bin is for food **ONLY**. If you have clothing in good and clean condition bring them to Goodwill. Thank you.

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