PARISH PERSONNEL:

DEACON: Scott Aikin

scotta@holyredeemervanc.org

Administrator

Don Anderson (360) 885-7780, ext. 12 dona@holyredeemervanc.org

Business Manager

Kevin Greenlee (360) 885-7780, ext. 21 keving@holyredeemervanc.org

Music and Liturgy

Angela Lee angelal@holyredeemervanc.org

Administrative Assistant

Judy McMorine (360) 885-7780, ext. 11 judym@holyredeemervanc.org

Receptionist

Marybeth Yee (360) 885-7780, ext. 10 marybethy@holyredeemervanc.org

Facilities Steward

Ed Brands edb@holyredeemervanc.org

Faith Formation Office:

-Director

Mark MacKenzie (360) 885-7780, ext. 16 markm@holyredeemervanc.org

-Leaders

Annie Cooper (360) 885-7780, ext. 15 anniec@holyredeemervanc.org

Katelyn Greenlee (360) 885-7780, ext. 13 katelyng@holyredeemervanc.org

-Coordinator

Melissa Abell (360) 885-7780, ext. 14 melissaa@holyredeemervanc.org

PASTORAL CONCERNS:

Baptisms: Please prepare for infant/child baptism by contacting the office at ext. 15. For adult baptisms, see OCIA.

Weddings: Please call the office, ext. 16. Coordinate with Mark before setting date.

Funerals: Contact the office at ext. 14.

Welcome to Holy Redeemer Parish

February 11, 2024 The Sixth Sunday of Ordinary Time

Pastor Father Thomas Nathe



GLORIFY GOD AND SANCTIFY SOULS!

Website: www.holyredeemervan.org

Telephone: (360) 885-7780 **Fax Number:** (360) 944-7560 **Address:** 17010 NE 9th Street

Vancouver, WA 98684

Office Hours: Monday-Friday 9:00am - 4:00pm

Church Open: 7:30am - 4:00pm daily

Mass Schedule: Saturday Vigil 4:30pm

Sunday 8:30am and 11:00am Monday-Saturday 8:30am

Rosary: Saturday 4:10pm

Sunday 8:10am and 10:40am Monday - Saturday 8:10am

Confessions: Friday 4:00 - 5:15pm

Saturday 2:30 - 4:15pm

Sunday 7:45 - 8:15am and 10:00 - 10:45am

Eucharistic Adoration: Friday 9:00am - Saturday 8:00am

Please remember Holy Redeemer Parish in your will.

WEEK OF 2/11/2024 LITURGICAL SCHEDULE

Please join us 20 minutes prior to Mass to pray the Rosary.

Sunday: 2/1
6th Sunday of Ordinary Time
Mass: 8:30am & 11:00am (Church)
Confession: 7:45-8:15am, 10:00-10:45am
Monday: 2/12
8:30am~Daily Mass Richard Nathe+
ĺ
Tuesday: 2/13
8:30am~Daily Mass Mary Lou Holdreith+
, , , ,
Wednesday: ASH WEDNESDAY 2/14
8:30am~Ash Wednesday Mass
Andrew Garibaldi+
11:00am~Ash Wednesday Mass
7:00pm~ Ash Wednesday Mass
Thursday: 2/1
8:30am~Daily Mass Gina Gorrell
Friday: 2/1
8:30am~Daily Mass Bill Lairmar
All Day Eucharistic Adoration
3:00pm~Chaplet of Divine Mercy (Church)
Confessions ~ 4:00pm-5:15pm (Church)
5:30pm~ Stations of the Cross (Church)
, ,
Saturday: 2/1
8:30am~Daily Mass Anna Lorenz
4:30pm ~ Saturday Vigil Mass (Church)
Confessions ~ 2:30pm-4:15pm
Sunday: 2/18
1st Sunday of Lent
Sunday Mass: 8:30 am & 11:00am (Church)
Confessions ~ 7:45-8:15am, 10:00am-10:45am
Confessions 7:75-6:15am, 10:00am-10:75am



I turn
to you,
Lord,
in time of
trouble,
and you
fill me
with the
joy of
salvation.

Psalm 32:7



WEEK OF 2/11/2024 MINISTRIES & MEETINGS

Sunday: 2/11 6th Sunday of Ordinary Time 9:45am∼ K-5 Religious Ed Classes

Monday: 2/12 9:00am ~ Monday Marian Movement (Choir Prac-

tice Room)
4:30pm~ AHG (Parish Center)

5:30pm~ Women's Pinochle (Sacristy Mtg Room)

6:30pm~ Spanish Endow (Annex)

6:30pm~ Trail Life USA (Parish Center)

Tuesday: 2/13

10:00am~ Women's Bible Study with Littles (St. Clare Room)

6:00pm~ OCIA (Parish Center)

Wednesday: Ash Wednesday 2/14

Thursday: 2/15

9:00am \sim Endow (St. Clare Room)

9:15am~ Marian Movement (Choir Room)

6:30pm∼ Adult Bible Study (Parish Center)

<u>Friday: 2/16</u>

9:30am~ Pre-K RE Class (St. Frances) 10:30am~ Homeschool Co-Op (Parish Center)

6:00pm~ Lenten Soup Supper (Parish Center)

Saturday: 2/17

9:00am∼ Saintly Women of Modern Times (St. Clare)

9:15am~ Sat. Marian Movement (Annex) Knights Meal after 4:30pm Mass

<u>Sunday: 2/18</u>

1st Sunday of Lent

Knights Meals after Masses

9:45am~ K-5 Religious Ed Classes (Parish Center/Annex)

12:30pm~ Catholic Basics for Children and Families (St. Cecelia)

2:00pm~ Empty Nesters Dining Group Meeting (Parish Center)

Please Remember in your prayers:



Tina Marie Alice+, Ed Barbier+, Michelle Bell+, Tim Brewer, Sherry Callaghan, Anthony Cota, John Cothran, Dan Coughlin, Bonnie Craig, Roger Cubacub, Evelyn Ferma, Ramute Cumming, Kevin Greene+, Trevor Grenz, Danny Harden, Gabriel Kantola, Ellen Mack+, Jerome Mies+, John Palles+, Fran Plourd, Diane Poissant, Ivan Quinata+, Michele & John Romano, Matthew

Reynolds+ and Family, Patricia Samec, Adrienne Sessions+, Jordan Smith+, Helen Temple, Barbara Wallace+, Rolyne Weinmuller+

Thank You for Your Generosity!

Income	01/29-02/04	
Sunday:	\$	39,856
NW Catholic	\$	743
St. Vincent de Paul:	\$	760

Pastor's Column

February 11, 2024

Do Something Special for Lent

Jesus Christ: Yesterday, Today and Forever ∼

Lent is a special penitential season when Catholic Christians try to become better Catholic Christians. Specifically, we try to make some sort of special sacrifice for God's glory, the salvation of souls, and atone for our sins and the sins of the whole world. Some people do big things and some people just one small thing, but we should all do something for Jesus who did everything for us.

Lent will begin this Wednesday with ashes, so now is the time to start making a resolution. Great things, even little things, don't happen without a commitment and a plan: marriage, parenting, career, good health, etc., all take great commitments and a plan. So does our faith. Martyrs have died for the Lord, and saints have given their whole lives for Him. This Lent please join me in making a plan, with God's grace, to better yourself in Christ.

I have a list below of things to consider for Lent, yet joining a small faith sharing group would be at the top of that list. For five weeks, multiple small groups will gather to share their insights from Matthew Leonard's book, *Prayer Works*. Of the thousands of books that have been written on prayer, this one is special. Matthew does a great job both of explaining how to pray and what prayer is accomplishing. It is easy to understand and ponder, great for sharing with others. For those of you who have not signed up for a Lenten small faith sharing group, please do so if you can. You can sign up by visiting our website and clicking on the Lenten Small Faith Sharing Group tab https://holyredeemervan.org/parish-events/lenten-small-faith-sharing-groups. If you don't have the internet, please stop by or call the office during office hours. Once signed-up, we'll get a book to you.

In addition to fasting on Ash Wednesday & Good Friday, and abstaining from meat on those days as well, here are some other things you might consider doing this Lent:

- 1. Faithfully attend Stations of the Cross at 5:30pm on Fridays.
- 2. Fast on Fridays.
- 3. Go to Confession at least once during Lent.
- 4. Join a Small Faith Sharing Group during Lent. See above.
- 5. Tithe 10% of your income during Lent: 5% to the parish and 5% to other Catholic charities.
- 6. In addition to Sunday Mass: attend a weekday Mass once a week.
- 7. Pray the Rosary with the parishioners before Mass, with your family, or on your own.
- 8. Pray for five minutes in the morning and five minutes at night.
- 9. Pray a nine-day novena (or longer). There are lots to choose from, just internet search "novenas."
- 10. Daily spiritual reading.
- 11. Watch *The Search* from our free on-line service *Formed* (for registered parishioners). You can find *Formed* by going to our website and clicking on the Resources tab at the top of the homepage and scroll down to the *Formed* tab. Once on *Formed*, look for *The Search*.
- 12. Share your faith with a family member, neighbor, or co-worker once a week.
- 13. Make a weekly Holy Hour in the church, preferably during 24-hour exposition of the Blessed Sacrament from Friday morning to Saturday morning.
- 14. Visit someone who is lonely; best done in person but easy to do on the phone.
- 15. Exercise regularly.

- 16. Cold showers.
- 17. Put on a smile every day.
- 18. Think up your own Lenten resolution.

Here are some ideas for you to consider giving up during Lent.

- 1. Vices of the tongue: complaining, gossip, slander, swearing, using the Lord's name in vain, etc.
- 2. Cut in half or more: screen time, including TV screens, internet screens, movie screens, video game screen, smart phone screen [the average American teenager looks at their phone 80 times a day are you any better?].
- 3. Cut in half or more: radio time or electronic music (this includes talk radio and news).
- 4. Cut in half or more: nicotine, caffeine, alcohol, sweets.
- 5. Think up your own.

Remember these two things as you work through your Lenten resolutions: 1) with God's grace all good things are possible, and 2) setbacks aren't failures, they are opportunities to grow.

Finally, Mass times for Ash Wednesday are 8:30am, 11am, 7pm. See you there!

May Jesus Bless You,

In Khomes Hather

Fr. Thomas Nathe

PREPARES Open Your Heart Campaign 2024





Pregnancy & Parenting Support

A Life-Affirming, Life-Changing Promise of Support

PREPARES is a parish-based partnership with your local Catholic Charities providing families in need, free of charge, the following:

- · Food
- · Diapers and Wipes
- Clothing

- Housing Referral
- Support Groups
- Parenting Classes

Open Your Heart... **b** To Infants & Children in Need

Ways to Help



DONATE

Support PREPARES by donating to the OPEN YOUR HEART APPEAL by mail or online at PREPARESforlife.org.



VOLUNTEER

Become a trained PREPARES volunteer at a local Catholic parish as a FAMILY COMPANION or SUPPORT GROUP member for Moms and Dads. Both opportunities provide practical, emotional presence and support to families in need.



ASSIST

Sponsor a parish based **NEEDS DRIVE** to collect and distribute food and household needs or a **CLOTHING CLOSET** accessible to PREPARES families. Establish a parish **TRAVELING CRIB** for the collection of baby essentials. Provide age-appropriate **PREPARES BAGS** filled with infant and child items such as diapers, wipes, blankets, toys, and books.

PREPARES STATEWIDE 2023

— 14,120 — Families Served

Parishes Engaged

Trained Volunteers
& Companions

FTE Ministry Team Members

Washington Counties Served

For more information about PREPARES, visit preparesforlife.org





Gifts made through the Seton Catholic Parish Appeal support the Annual Fund and strengthen our mission to keep Seton Catholic affordable and accessible to all families who desire a Catholic education for their children. Over half of our students rely on tuition assistance in order to attend Seton Catholic. This year alone, over \$800,000 was awarded to our families in the form of financial aid. With your support, we can continue to provide a transformative, Catholic education to all of our families, regardless of their ability to pay. This year, thanks to some very generous donors, all gifts made through the parish appeal will be matched up to \$40,000! This will double the impact of your gift!

The SC experience is only possible because of our supportive and generous community!

6 Areas of Impact for the Seton Catholic Annual Fund:

- Greatest Need
- Scholarships & Financial Aid
- Athletics
- Performing & Fine Arts
- Building Fund
- Academics/Student Life (Faith, Service, Clubs & Activities)





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Feb. 14- March 24, 2024



24, 224 lives saved world-wide (and these are just the ones we know about) since 2007.

First Vancouver campaign in 2009 saw a couple change their plan to abort their baby when they saw our volunteers praying on the sidewalk. "My girl friend and I have decided to give our baby up for adoption."

Hearts broken by abortion begin to hope and heal. In 2017 a lady told us about her abortion over 20 years ago. Our response: "We grieve for your loss." She said: "No one has ever said that to me before." We told her about a man who shared that he was supporting his unmarried sister and her two year old after their parents told her to have an abortion. And we prayed with her asking our heavenly Father to forgive us the evil things we have done in our life... when God made us to love Him and our neighbor. Then she thanked us for praying for her baby and took our packet of literature with post-abortion healing information inside.

We pray, fast and offer life-affirming alternatives to abortion from the public right of way on NE 116th Ave. a block north of Mill Plain across from PP abortion center. Everyone can commit to pray, fast and offer a sacrifice daily during the 40 day campaign.

In person signups/info will be available after the Saturday Vigil/Sunday Masses the weekend of February 17-18.

Online signup and more information is available at www40daysforlife.com/Vancouver

Local Campaign Coordinator Gerry Parmantier 360-831-7542 email gerry1968@q.com

GROWING IN HOLINESS

NEW TO HOLY REDEEMER?

Office Hours: Monday-Friday 9:00am-4:00pm

Contact the Faith Formation
Office to meet and discuss how
we can work together to build
God's Kingdom in East
Vancouver! Sacramental needs?
Education? Let us know how we
can help. Contact Mark:
360.885.7780 ext. 16, or
markm@holyredeemervanc.org

OCIA (Becoming Catholic) and Learning About the Catholic Faith: Contact Mark MacKenzie

PRAYER GROUPS

Marian Movement Groups: The Marian Movement has three groups that meet on different days of the week. The first group (Monday), the second group (Thursday) meets in the Sacristy meeting room, and the third group meets on Saturday in the choir practice room. All groups meet at 9:00am. Contact Ruth Iversen at 360.281.0096, or

ruth_iversen@icloud.com

Anne, a lay apostle: Anne, the author of *The Volumes*, received a message to have a prayer group meeting once a month. The Lay Apostle prayer group holds their meetings on the second Tuesday of the month at 9:00am in the parish center. Contact Marilynne Belden at 503-701-2493.

ADULTS

Bible Study: The morning Bible study sessions are at 10:30am studying Acts and evening session at 6:30pm studying Mark, both are on Thursdays in the parish center.

Men of Faith: All men in the parish are invited to attend our monthly gatherings. We meet on the first

Saturday of the month at 9:15am in the parish center. For more information contact Mark by email at catechist, and master of pairing alcohol with theological topics!

Women Growing in Faith: All women in the parish are invited to attend our monthly talks. Our gatherings are on the second Saturdays of the month. For more information contact Judy at

judym@holyredeemervanc.org

YOUNG ADULTS

The Portland Chapter of Young Catholic Professionals invites all young adults in their 20s and 30s in your parish to a free Executive Speaker Series Tuesday, February 13, from 7 -8:30 p.m. at Our Lady of the Lake in Lake Oswego, with Mass offered at 6 farmer, timber manager, traveler, catechist, and master of pairing alcohol with theological topics!

Join us to socialize and meet other young adults, enjoy complimentary appetizers and beverages, spend time in prayer together, and learn from Emily's experience about living your



SUMMER 2024 SAVE THE DATES

Middle School Intensive: July 8-12

Ignite Your Torch Conference (High School): July 24-28

Vacation Bible School (PreK-5).

August 5-9

Fidelis Camp (women 6th grade -adult).

August 12-15

Fraternus camp (men 6th-adult).
Dates TBD

MORE INFO COMING SOON!

GROWING IN HOLINESS



9TH THROUGH 12TH GRADE

Amazing Grace High School Retreat

A weekend at Father Bernard Youth Center just for you!

MARCH 8-10, 2024 HOSTED BY HOLY REDEEMER

SCAN THE QR CODE OR VISIT OUR WEBSITE TO SIGN UP



PARISH HAPPENINGS

Ash Wednesday February 14th



Lent begins this year on **Ash Wednesday**, **February 14th.** Masses that day will be at 8:30am, 11:00am and 7:00pm. The distribution of ashes will take place during each Mass.

Statíons of the Cross Fríday's at 5:30pm

Each Friday during Lent from **February 16th to March 22nd** Fr. Nathe will be



leading us in praying the Stations of the Cross at 5:30pm in the Church. This is a powerful way for families to participate in the Passion of Christ.

Please join Fr. Nathe and fellow parishioners for the

Stations of the Cross this year.

Lenten Soup Suppers Return Frídays at 6pm

Lenten Soup Suppers will resume this year on Fridays at 6pm.



on Fridays at 6pm, immediately following the Stations of the Cross. Meals are prepared and served each week by different Holy Redeemer ministries, and there is

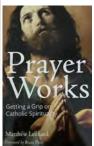
no charge. However, goodwill donations from Soup Suppers support our Holy Redeemer sister parish in Thailand.

Empty Nesters Dining Group ~ February 18th

The Empty Nester Dining Club is an opportunity to meet and get to know fellow parishioners in an informal setting over a meal. The groups reshuffle each February and August. The February Reshuffle with be on Sunday **February 18th** 2:30PM in the Parish Hall. If you would like to be included in our next dining cycle, please call Gary Harland BEFORE 02/18/24 at 360.818.1280.

IN & BEYOND OUR PARISH

Small Faith Sharing Groups Books Available



If you have signed up for one of this year's Small Faith Sharing Groups this Lent, the book is now available in the Parish Office Monday-Fridays 9am-4pm. Sign up for a study group on the Holy Redeemer website

www.holyredeemervan.org

Knights Meals After Masses February 17-18

Just a reminder that next weekend our



Knights of
Columbus will
be serving up
meals after the
weekend
Masses. Bring
the whole

family! Proceeds this month benefit Knights Community Charities.

Medjugorje Potluck Social Saturday February 24th

ALL ARE WELCOME!

Please join us for a potluck social to get to know each other, share memories, and enjoy each other's company.

Saturday, February 24th in the Annex after the 4:30pm Vigil Mass
Food may be dropped off at the Annex before Mass For information:
info@centerforpeacewest.com
or call Angela Maria Weinmuller
(564) 888-3300

World Wide Marriage Encounter~ February 16-18

Deepen your communication, rekindle your romance and renew your sacrament by attending a Worldwide Marriage Encounter Experience on **February 16-18** in Beaverton, Oregon. To apply go to rediscoverthespark.org. For information about WWME call 503-704-0836 or at reservations@rediscoverthespark.org

BEYOND OUR PARISH

40 Days for Lífe Begíns February 14th

40 Days for Life begins on Wednesday, Feb. 14. Pray, fast and offer life-affirming alternatives to abortion at Vancouver's local PP abortion center (NE 116th Ave



one block north of Mill Plain.) See the website for info and to signup https://www.40daysforlife.com/vancouver/
Our parish contact is Gerry Parmantier. Call/text 360-831-7542 or email gerry1968@q.com Signup in person after the Vigil/Sunday Masses Feb. 17/18.

Faith Moments Upcoming Lenten Retreats

Regroup and recollect with a Lenten Retreat by Faith Moments with Dina Marie Hale. Details for the following events are available online at www.dinamarie.org:

Saturday March 2nd 9:30-11am, St. Jude Catholic Church, Eugene, OR.

Wednesday March 6th, 7-9pm, Our Lady of Peace Retreat House, Beaverton, OR (SW 170th Ave., Beaverton)

Friday, March 15th 9:30am-1:30pm, Lenten Day Retreat at The Grotto /National Shrine of Our Lady of Sorrows (SE 85th & Sandy, Portland)

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